



I Need to be Safe

Domestic violence
affects the
whole family

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Children are aware of domestic violence that happens in their home, whether or not they directly see the abuse occurring.

Witnessing domestic violence traumatizes a child each time it occurs.

Children are impacted when they:

- see and hear violence occurring
- experience the aftermath of abuse such as damage to the home, injuries, or parental depression
- are threatened as part of the abuse
- become confidants or provide care of their parent(s)
- have their family break apart
- are victims of child abuse

Some of the impacts of witnessing domestic abuse depend on the age of the child. Regardless, the impact may be mitigated by supports in the child's life as well as the child's level of resilience.

For more information contact:

Saskatchewan Prevention Institute
1319 Colony Street, Saskatoon, SK S7N 2Z1
Bus. 306.651.4300 Fax. 306.651.4301
info@skprevention.ca
www.skprevention.ca