



6 to 12 Months

Make Your Home and Vehicle Safe for Your Baby

How to Prevent Burns and Scalds In the Bath

- Lower the temperature on your hot water heater to 49C (120F). A baby's skin is very sensitive and burns more quickly than an adult's.
- Before you place your baby in the bath always test the bath water with your elbow. The water should feel warm, not hot.

Food

- Never eat, drink or carry anything hot while carrying your baby. Hot liquids can scald for up to thirty minutes after boiling.
- Do not heat baby bottles in the microwave. Microwaves can cause hot spots in food and burn your baby.

Sun

- Do not apply sunscreen to your baby if he is less than 6 months old.
- Cover your baby with light weight, long sleeved pants and shirt and a brimmed hat.
- Always keep your baby in the shade.

Electric Appliances

- Keep electrical cords for toasters, kettles, slow cookers, straightening/curling irons and other heated appliances out of reach of children.
- Cover all electrical outlets with outlet covers.

How to Prevent Falls

Once your child begins to crawl and walk, make sure the stairs and furniture are safe. Stairs should:

- Have safety gates at the top and bottom. Only use a wall mounted safety gate at the top of stairs. Make sure safety gates meet current safety regulations.
- Have a secure hand rail.
- Be kept free of clutter.



When using a change table, keep your hand on your baby when you turn to reach for something. Never leave your baby unattended at a height above the floor.

Move the crib mattress to the lowest position when your baby is able to sit up on her own (around 6 months).

Make sure there is no furniture near windows or balcony railings.

Put window guards or child-resistant latches on all windows and screens.

Always use safety straps on high chairs and strollers.

Never buy, sell or use a baby walker.

How to Prevent Poisoning

Store poisons, including insecticides and fertilizers, cleaning products, cosmetics, medicines, vitamins, alcohol and tobacco in a locked cupboard out of sight and out of reach of your child. Be aware of any poisonous plants in the house and yard.

Keep the number of the Saskatchewan Poison Centre (1-866-454-1212) by all phones and call if you see your child swallow anything poisonous or you think your child has swallowed anything poisonous.

Car Seat Safety

Your baby must be in a rear-facing car seat from birth until he or she is a minimum of one year old and 10 kg (22 lbs.) and can walk. Check car seat instructions for the weight and height limits of the rear-facing seat. A rear-facing car seat positioned in the middle of the back seat is the safest place for your child.

Always install a seat following the manufacturer's instructions and the vehicle manual.