

saskatchewan
preventioninstitute
our goal is **healthy** children



Learn About
Contraceptives



Learn About
STIs



Frequently
Asked
Questions



Find Free
Contraceptives
& STI Testing



Helpful
Videos



Reminder
Calendar

Help us improve the app!
Take our survey

[Terms and Conditions](#)

KIS-SK

KEEP IT SAFE SASKATCHEWAN



This smart phone app will help you make healthy choices and informed decisions about your sexual health.

Download this app to:

- Find free contraceptives and sexually transmitted infection (STI) testing sites in Saskatchewan
- Set reminders for taking contraceptives or booking health appointments
- Learn about contraceptives and STIs
- View helpful videos on using contraceptives

Learn more about healthy choices to reduce the risk of STIs and unplanned pregnancy.

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