



namôya niya osâm ê-kiskawâwasoyân

minihkwêyani iskotêwâpoy mêkwâc
ê-kiskawâwasoyân kika-mayitotawâw
oscikwânis êkwa
omâmitonêyihcikanis
kicawâsisimis

ayiwâk kakwê-kiskêyihta
tânisi ta-isi-manâcihat/kanawêyimat/
êka mayitotawat ana
kâ-pê-nōkosit kitoskawâsisîm

Illustration by
Julianne Herney

saskatchewan
preventioninstitute
our goal is **healthy** children