

Ĕdıı ʔah

kontuĕ hĕda ch'a

bĕts'ĕsni sı.

Hóniché hĕt kónthuĕ nĕda de
sĕkuiaze nĕyehı ha nĕzo hılĕ sı.



Illustration by Julianne Herney

saskatchewan
preventioninstitute
our goal is **healthy** children

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