



# Nobody's Perfect

A Parenting Program for  
Parents of Children Birth  
to Age Five

## What is Nobody's Perfect?

Nobody's Perfect is a  
parenting education and  
support program designed to  
strengthen parenting skills.

1319 Colony Street, Saskatoon, SK S7N 2Z1

Bus. 306.651.4300

Fax. 306.651.4301

[www.skprevention.ca](http://www.skprevention.ca)

saskatchewan  
**preventioninstitute**  
our goal is **healthy** children

## What does Nobody's Perfect offer?

- Opportunities to share knowledge and experience with other parents.
- Information on children's health, safety, and behaviour.
- Group discussions and activities on topics parents want to learn more about.
- Development of relationships with other parents.
- Knowledge about resources in your community.

## Who can attend?

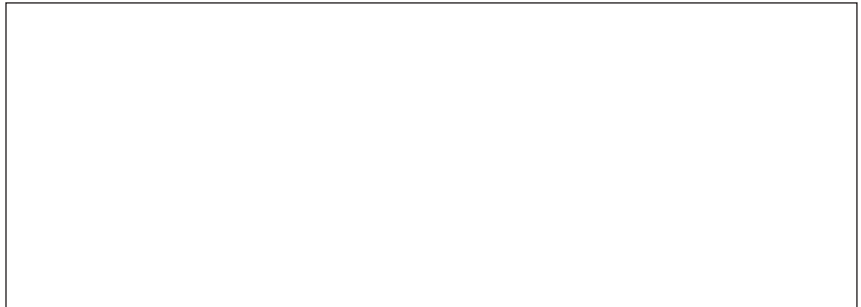
Parents-to-be, parents, or caregivers of children from birth to age five who want to learn more about parenting.

## How does it work?

- The group discussions and activities are guided by a qualified person.
- Transportation, childcare, and snacks are provided when possible.
- The program is free of charge and includes a set of five books relating to parenting.

## Where is it offered?

It is important to have a vision of the kind of parent you want to be. If you are interested in attending a Nobody's Perfect program in your community, in a safe and comfortable setting, call:



The Nobody's Perfect Parenting Program is funded by Saskatchewan Social Services and coordinated by Saskatchewan Prevention Institute.