



# HIV/AIDS, pregnancy, and tobacco use

For women living with HIV/AIDS,  
smoking tobacco during pregnancy  
can increase the chances that HIV  
will be passed to the baby.



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our goal is healthy children

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- Quitting smoking can lower the chance of passing HIV to your baby.
- Tobacco use during pregnancy is harmful for both a mother and her unborn child.
- For women living with HIV/AIDS, smoking tobacco during pregnancy can increase the chances that HIV will be passed to the baby.
- If you are pregnant or planning a pregnancy, cutting back on tobacco use will help your baby.

Talk to your healthcare provider for help or check out one of the websites listed below.

### **Expecting to Quit**

*([www.expectingtoquit.ca](http://www.expectingtoquit.ca))*

- Information for pregnant women about how to quit smoking.

### **Partnership to Assist with Cessation of Tobacco; PACT**

*([www.makeapact.ca](http://www.makeapact.ca))*

- Support and information for people trying to quit smoking as well as information about Sacred Tobacco and the traditional uses of tobacco.

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*([www.skprevention.ca](http://www.skprevention.ca) )*

- Resources available on tobacco use and pregnancy as well as on HIV and pregnancy.