

Early Childhood Mental Health Referral Services per Health Region in Saskatchewan

Cypress Hills Health Region		
Centralized Intake (Swift Current) 306-778-5280	Services For Children Aged 0-4	<ul style="list-style-type: none"> As a first step, all children under the age of 5 are referred to an early childhood development team. Assessment will take place to rule out presence of a developmental disability. If mental health is an issue, an early childhood psychologist will continue therapy. If it is decided to involve the family in care (counselling), Child and Youth Mental Health Services are involved.
	Services for Children Aged 5-8	<ul style="list-style-type: none"> Mental health assessments are available to both the child and the family. Services are provided through Child and Youth Mental Health.
Five Hills Health Region		
Centralized Intake (Moose Jaw) 306-691-6464	Services for Children Aged 0-8	<ul style="list-style-type: none"> Developmental, behavioural, and family assessments are available. Individual, group, family, and parenting therapy and assistance are available.
Heartland Health Region		
Centralized Intake (Rosetown) 1-866-268-9139	Services for Children Aged 0-4	<ul style="list-style-type: none"> All referrals for this age group are sent to an early childhood therapist. Developmental and behavioural evaluations are available.
	Services for Children Aged 5-8	<ul style="list-style-type: none"> Children need to be referred to the Child and Youth Program by their parents and BOTH parents have to sign a consent form for the child to participate in services. Both family and individual therapy are available.
Keewatin Yatthé Health Region		
Beauval 1-866-848-8022 306-288-4809	Services for Children Aged 0-4	<ul style="list-style-type: none"> Most children of this age group are referred to Kids First North, Early Childhood Intervention Services (ECIP), or Child and Youth Mental Health Services in Prince Albert.
Ile-a-la-Crosse 1-866-848-8299 306-833-5500	Services for Children Aged 5-8	<ul style="list-style-type: none"> For children living in La Loche, an assessment with both the family and child will take place. After this, if needed, counselling will be provided through the child's school. In Beauval, Ile-a-la-Crosse, and Buffalo Narrows, assessment will take place with the child and family. If needed, referral will be made to Child and Youth Mental Health Services in Prince Albert.
Buffalo Narrows 1-866-848-8011 306-235-5800		
La Loche 1-888-688-7087 306-822-3217		

Kelsey Trail Health Region

Centralized Intake 306-752-8767	Services for Children Aged 0-6	<ul style="list-style-type: none"> An early child psychologist is available through public health for children who are under the age of 7.
	Services for Children Aged 7-8	<ul style="list-style-type: none"> Children over the age of 7 are referred to Child and Youth Counsellors. Counsellors travel to Melfort, Tisdale, Nipawin, Hudson Bay and Porcupine Plain.

Mamawetan Churchill River Health Region

Centralized Intake (La Ronge) 306-425-4840	Services for Children Aged 0-4	<ul style="list-style-type: none"> Services are not available for children of this age group.
	Services for Children Aged 5-8	<ul style="list-style-type: none"> Family or referring agencies must complete a form which then is screened by a referral agent. An appointment will then be set up.

Parkland Health Region

Prince Albert 306-765-6055 General intake number for: Shellbrook, Spiritwood, and Big River	Services for Children Aged 6 & up	<ul style="list-style-type: none"> Referrals are accepted from family physicians or school counselors. Outpatient services for children, youth, or adults. Services include psychiatry, psychology, and social work. Monthly clinics are also offered in Melfort, Nipawin, and Tisdale.
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Prairie North Health Region

Lloydminster 306-820-6250	Services for Children Aged 0-4	<ul style="list-style-type: none"> Referrals are accepted from parents and/or guardians. Play therapy is available.
	Services for Children Aged 5-8	<ul style="list-style-type: none"> Referrals are accepted from parents and/or guardians. Counselling services are available.
Maidstone, Cut Knife, Neilburg, Turtleford, Paradise Hill, St. Walburg, North Battleford 306-446-6555	Services for Children Aged 0-4	<ul style="list-style-type: none"> Referrals are accepted from parents and/or guardians. Both play therapy and parent counselling are available.
	Services for Children Aged 5-8	<ul style="list-style-type: none"> Referrals are accepted from parents and/or guardians. Provide individual and parent counselling.
Meadow Lake 306-236-1580	Services for Children Aged 0-4	<ul style="list-style-type: none"> Referrals are accepted from doctors, parents and/or guardians. Counselling services are available.
	Services for Children Aged 5-8	<ul style="list-style-type: none"> Referrals are accepted from doctors, parents and/or guardians. Counselling services are available.

Regina Qu'Appelle Health Region

Regina 306-766-6700	Services for Children Aged 0-8	<ul style="list-style-type: none"> Referrals are accepted from doctors, parents and/or guardians. If the child needs to see a counsellor, referral should be made by family physician.
Moosomin 306-435-6277	Services for Children Aged 0-8	<ul style="list-style-type: none"> Will see children under the age of 8 if needed but this is not the norm. Child and Youth Worker comes to office twice a week.
Fort Qu'Appelle and Grenfell 1-866-367-8743	Services for Children Aged 0-4	<ul style="list-style-type: none"> Services are not available for this age group.
	Services for Children Aged 5-8	<ul style="list-style-type: none"> Referrals are accepted from parents and/or guardians. Provide both individual and family counselling.

Saskatoon Health Region

Saskatoon 306-655-7777	Services for Children Aged 0-8	<ul style="list-style-type: none"> Referrals are accepted from parents and/or guardians as well as service providers and medical professionals. Children can refer themselves if they have the consent of their parent and/or guardian. Individual, group and family therapy are available. Parenting classes are also available. For children under the age of 5, services include a coordinated case management approach.
Rosthern 306-232-6001		
Humboldt 306-682-5333		
Wadena 306-338-9950		

Sunrise Health Region

Centralized Intake 306-786-0558	Services for Children Aged 0-8	<ul style="list-style-type: none"> Individual and family counselling and assessments are available.
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Sun Country Health Region

Weyburn 306-842-8665	Services for Children Aged 0-4	<ul style="list-style-type: none"> Referrals for this age group go through the Weyburn office. A psychologist is available for assessments.
Centralized Intake for 5-8 1-800-216-7689	Services for Children Aged 5-8	<ul style="list-style-type: none"> Intake coordinator will determine which service location is closest to the child and family. Intake worker will interview the referral source and determine what services are best for the child. Individual and family counselling are available.