

Ĕdııı ?ah

kontuĕ hĕdaı ch'a bĕts'ĕsni sı.

Hóniché hĕt kóntuĕ nĕda de
sĕkuıaze nĕyehı ha nĕzo hılĕ sı.

This is why

**I supported her not to drink alcohol
during pregnancy.**

Drinking alcohol while pregnant can harm an unborn baby.

www.howtohelp.ca

saskatchewan
preventioninstitute
our goal is **healthy** children

RESOURCE 3-063 REVISED 03/2019
Illustration by Julianne Herney

