

# Child Injury Prevention Programming and Action Guide

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saskatchewan  
**preventioninstitute**  
our goal is **healthy** children



- Leading causes of injury-related hospitalization
- Key concepts in injury prevention
- Why are children more at risk for injury?
- Taking action



# Child Injury in Saskatchewan

Between 2004 and 2013,  
there was an average of:

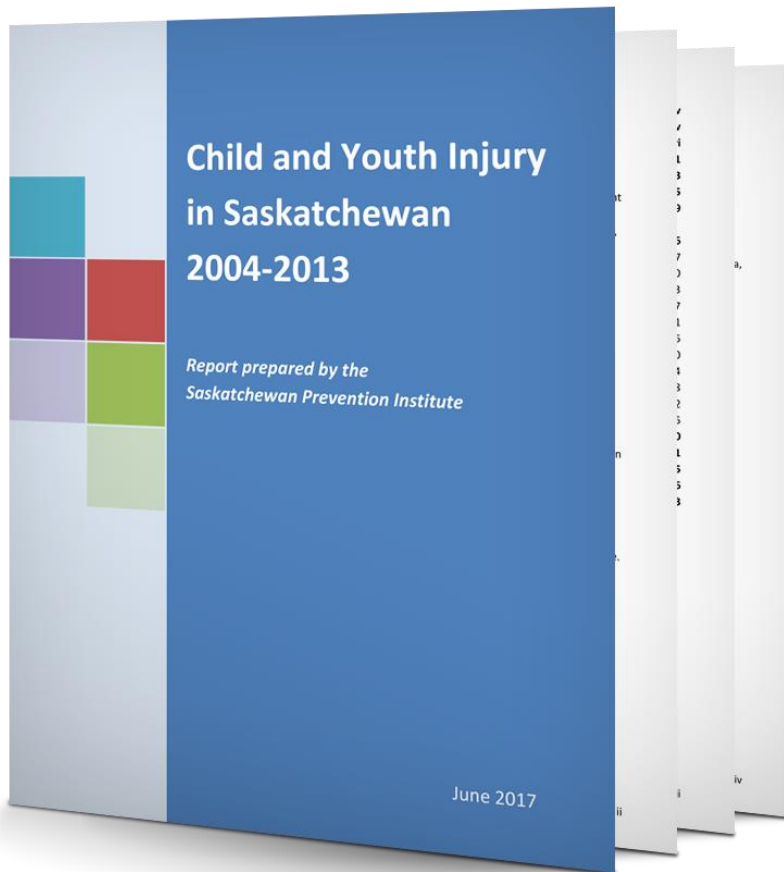
1,657 | 69

injury-related  
hospitalizations  
each year

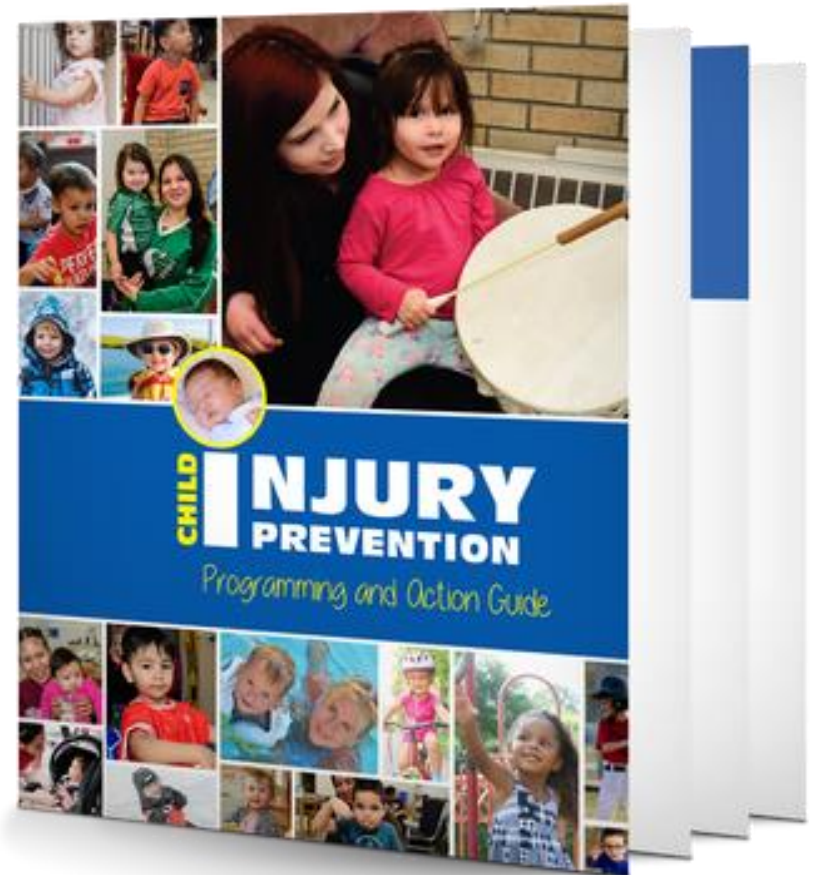
injury-  
related  
deaths



[www.skprevention.ca](http://www.skprevention.ca)



4-007



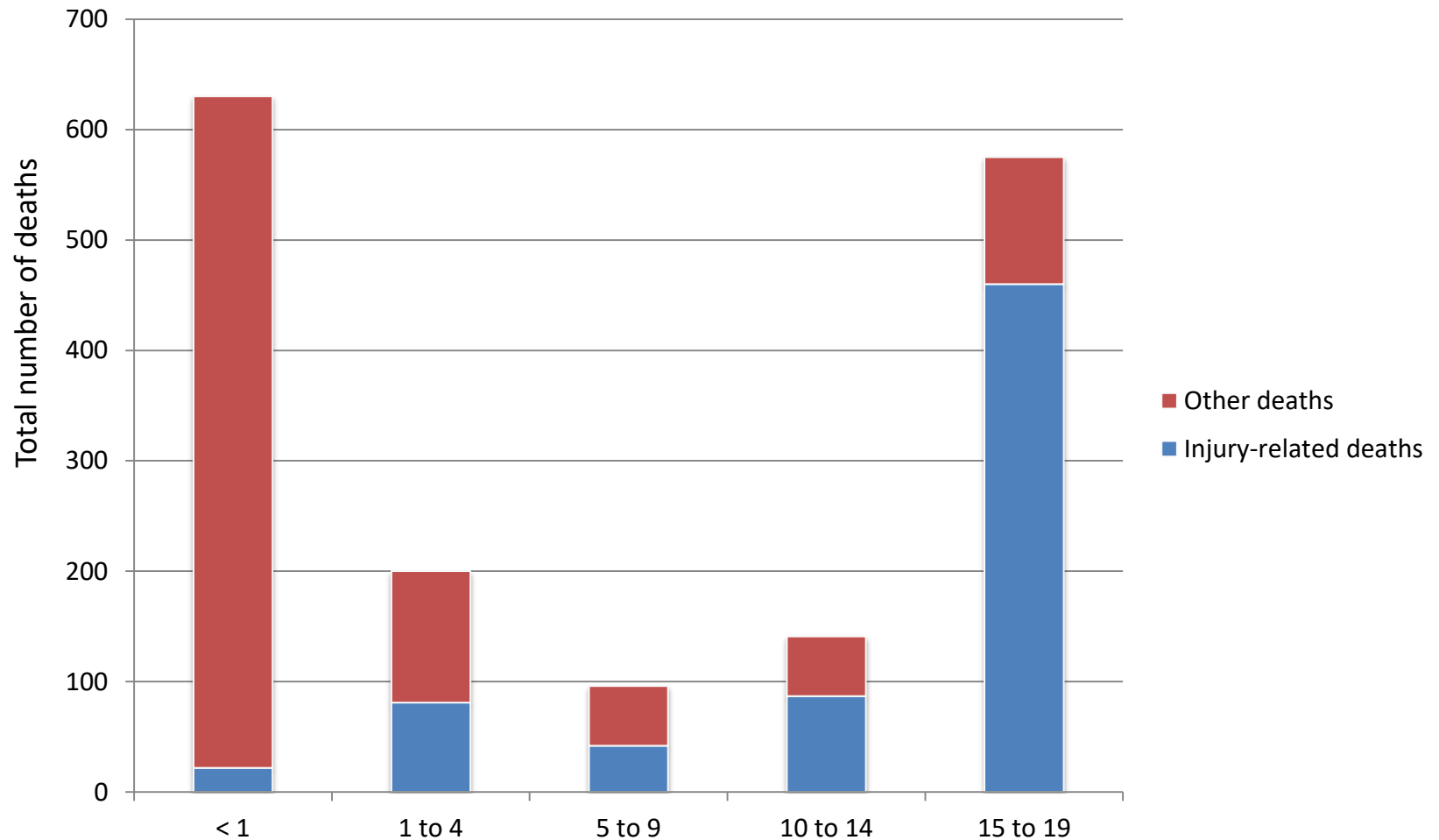
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# Injury-Related Hospitalizations

Main Cause	Female	Male	Total	Percentage
Falls (excluding sport)	1312	2023	3335	20.1
Sport-related	308	1344	1652	10.0
Intentional self-harm	1030	334	1364	8.2
Assault	286	896	1182	7.1
Unintentional poisoning	557	556	1113	6.7
Playground falls	493	578	1071	6.5
Motor vehicle occupant	464	527	991	6.0
Cycling traffic and non-traffic	137	402	539	3.3
ATV non-traffic	121	366	487	3.0
Fire and burns	110	194	304	1.8
Pedestrian traffic and non-traffic	102	191	293	1.7
All other injury	1509	2732	4241	25.6
Total	6429	10143	16572	100

# Injury-Related Deaths

The percentage of **deaths due to injury** increased with age



# What is an injury?



<https://www.preventable.ca/>

**preventable**



<https://skprevention.ca/safety/injury-prevention/>



# INJURY PREVENTION

*... begins with you.*

Click here for more information.



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## 5 E's

1. Education
2. Environment
3. Engineering
4. Enforcement
5. Economics



# Hazard and Risk

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# Active Play

<https://outsideplay.ca>



A young boy with short blonde hair is sitting on a large, weathered log in a grassy field. He is wearing a light grey t-shirt and blue and white floral shorts. He is resting his chin on his right hand and looking towards the camera with a slight smile. The background is a blurred forest with green foliage.

# Why are Children More at Risk for Injury?

- Curiosity
- Developmental milestones
- Physical development
- Problem-solving skills

Effective supervision means the right combination of physical closeness to the child and attention to what the child is doing.



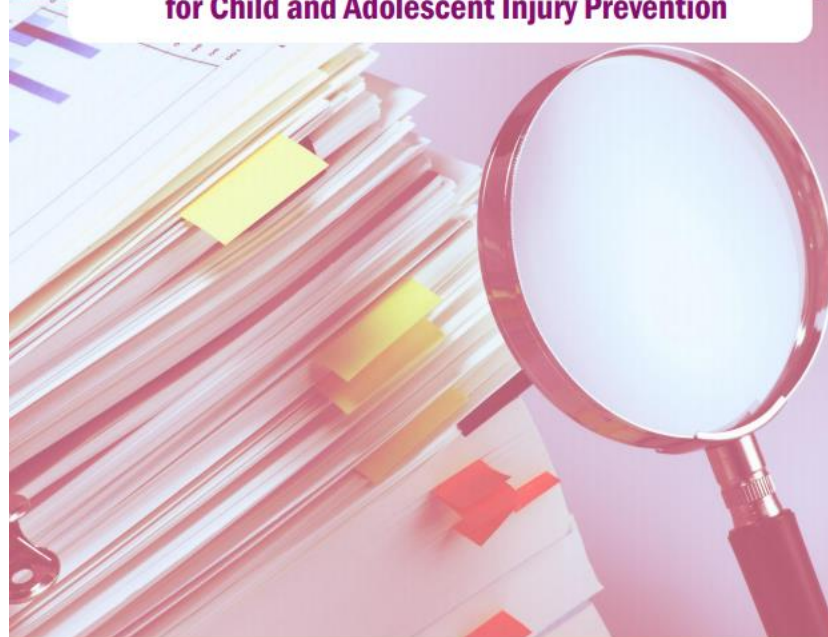


# Taking action

1. Identify the issue
2. Define the problem
3. Target audience
4. Behaviour/Action
5. Risk and protective factors
6. Consider 5E's to develop prevention messages & strategies



## Evidence-based and Evidence-informed Strategies for Child and Adolescent Injury Prevention



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<https://www.childrenssafetynetwork.org>

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