
TTYL

Talking To Youth Live

- Why the title?
- Mission Statement
- A day in the life of TTYL

TALKING TO YOUTH LIVE
PROVIDING A SAFE SPACE
 FOR YOUTH TO EXPRESS THEIR FEELINGS

September 2017



TIME	BLUE	RED	PURPLE	ORANGE
18:00 18:30 19:00	Introduction Lillian	Music Mia	Topic Tina	
18:30 19:00 19:30	Music Lillian	Topic Tina	Music Mia	Reflection Lillian
19:00 19:30 20:00	Music Lillian	Topic Tina	Music Mia	Reflection Lillian
19:30 20:00 20:30	Music Lillian	Topic Tina	Music Mia	Reflection Lillian
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35:00 35:30 36:00	Music Lillian	Topic Tina	Music Mia	Reflection Lillian
35:30 36:00 36:30	Music Lillian	Topic Tina	Music Mia	Reflection Lillian
36:00 36:30 36:30	Music Lillian	Topic Tina	Music Mia	Reflection Lillian

SUN WEST
 WE DON'T JUST
 SAY IT WE DO IT


Saskatchewan
 Health Authority

How TTYL Came To Be

- DAWN
- Rural
- Factual Information and Relationships
- Unity 2010



SUN WEST
HEALTH SERVICES
Services for all



**Saskatchewan
Health Authority**

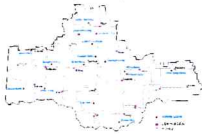
Evolution of TTYL

- Funding opportunity
- Partnership between former Heartland Health Region and Sun West School Division
- Changing of focus to **why** youth make the choices they do
- Mental Wellness



Partnerships

- SK Health Authority (former Heartland Health Region) and Sun West School Division
- Other service organizations
- Living Sky School Division




Benefit of Partnering

Video






Content



- FUN
- Topics
 - Mental Health - *Jenga*
 - Addictions - *Kerplunk*
 - Mental Wellness and Coping Skills – *Practical Tools*
 - Choices and Consequences – *Snakes and Ladders*
 - Impairment – *Obstacle Course*



More Than Facts

- Coping Skills
- Mindfulness
- Peer/Community Support
- Drug Identification
- Accessing Services
 - Relationships/Comfort
 - Knowledge
- Chat Room








Opening Minds



Benefits for Youth & Schools

Video



How We Do It

- Cost
- Host School Support
- Community Support



Benefits for Service Providers

Video



Make TTYL Your Own

- Shareable
- Customizable
- Support

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Benefits of Expanding Video





Questions

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