

CHOKING IS A **MAJOR RISK** OF INJURY,
Hospitalization,
and **DEATH** FOR YOUNG CHILDREN.

August

Young children explore their environments using their five senses. This can include putting objects in their mouths. Almost anything a young child puts in his mouth can be a choking hazard.



These tips can help prevent choking:

1 All toy packaging (e.g., plastic wrap, foam, paper clips, staples) should be removed and thrown away.

3 Food should be cut into small, bite-sized pieces. Young children should not be given hard candies, nuts, and popcorn.

4 Actively supervise your young child. Ensure her environment is free of small objects. Anything that fits into a toilet paper roll is a choking hazard. Beware of choking hazards.

5 Children should sit down while eating. Walking or running while eating is more likely to cause choking.



2 Keep young children away from latex balloons.

6 Ensure batteries are not accessible to children. They are a choking hazard and, if swallowed, can cause internal chemical burns or poisoning.

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