Bike Safety Quiz



Image accessed March 2020 from liv-cycling.com

- 1. When should a bike helmet be worn?
 - a) Only when riding on the road.
 - b) Only when it's raining.
 - c) Every time I ride my bike.
- 2. A stop sign tells car drivers to *Stop*.

 Look left, look right, and look left again
 before going when it is safe. What does
 a stop sign tell bike riders?
 - Keep going, but slow down. Bike riders have different rules than cars.
 - b) The same thing. Stop. Look left, look right, and look left again before going when it is safe.
 - c) Keep going fast.
- 3. You should ride your bicycle:
 - a) on the left side of the road against the flow of traffic
 - b) in the middle of the road
 - c) on the right side of the road in the same direction as traffic
- 4. The side straps of your bike helmet should:
 - a) form a "V" around the ear
 - b) be behind the ears
 - c) be hanging down along your neck
- preventioninstitute
 our goal is healthy children

- 5. When you get to the end of your driveway, what should you do?
 - a) Stop and look both ways for cars before riding on to the road.
 - b) Speed up and pull into the middle of the road.
 - c) Stop, get off your bike, and walk alongside it.
- 6. To signal the direction you are turning, use your:
 - a) left arm
 - b) right arm
 - c) left leg
- 7. You know that your bike is the right size for you when you straddle the bike, and you can:
 - a) touch the ground with your toes
 - b) sit on the seat and bend your knees
 - stand with both of your feet flat on the ground with at least one inch of space above the bike frame
- 8. A bell is an important safety feature because:
 - a) it makes a fun sound
 - b) it alerts pedestrians and other cyclists that you are coming up or around them
 - c) it is the law to have one

©2020

Bike Safety Quiz

Answer Key

- 1. When should a bike helmet be worn?
 - a) Only when riding on the road.
 - b) Only when it's raining.
 - c) Every time I ride my bike.
- 2. A stop sign tells car drivers to *Stop*. Look left, look right, and look left again before going when it is safe. What does a stop sign tell bike riders?
 - Keep going, but slow down. Bike riders have different rules than cars.
 - b) The same thing. Stop. Look left, look right, and look left again before going when it is safe.
 - c) Keep going fast.
- 3. You should ride your bicycle:
 - a) on the left side of the road against the flow of traffic
 - b) in the middle of the road
 - c) on the right side of the road in the same direction as traffic
- 4. The side straps of your bike helmet should:
 - a) form a "V" around the ear
 - b) be behind the ears
 - c) be hanging down along your neck

- 5. When you get to the end of the driveway, what should you do?
 - a) Stop and look both ways for cars before riding on to the road.
 - b) Speed up and pull into the middle of the road.
 - c) Stop, get off your bike, and walk alongside it.
- 6. To signal the direction you are turning, use your:
 - a) left arm
 - b) right arm
 - c) left leg
- 7. You know that your bike is the right size for you when you straddle your bike, and you can:
 - a) touch the ground with your toes
 - b) sit on the seat and bend your knees
 - stand with both of your feet flat on the ground with at least one inch of space above the bike frame
- 8. A bell is an important safety feature because:
 - a) it makes a fun sound
 - b) it alerts pedestrians and other cyclists that you are coming up or around them
 - c) it is the law to have one

