

īyahko ōhci

nikīsītoskawaw īka kita minīhkwīt
iskotīwahpoy mīkwac īkikiskahwawasōt.

minīhkwīci mīkwac īkikiskahwawasōt
kita mathitohtahwīw ka kikiskahwat ōcahwahsismisa.

This is why

I supported her not to drink alcohol
during pregnancy.

Drinking alcohol while pregnant can harm an unborn baby.

www.howtohelp.ca

saskatchewan
preventioninstitute
our goal is **healthy** children

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Illustration by Julianne Herney

