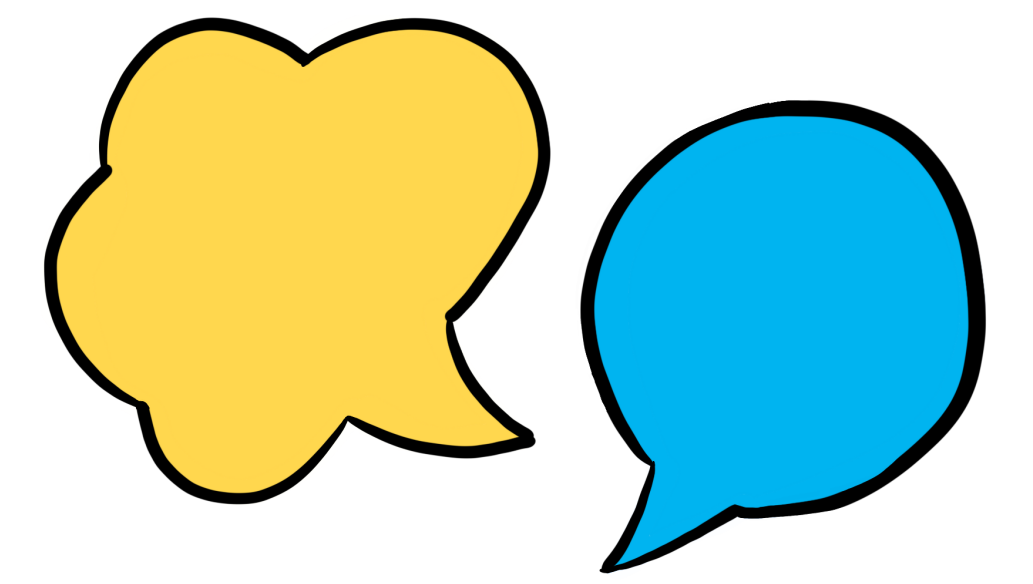


consent, safety & respect



SMART
THINGS
TO SAY

*with Saleema Noon
Sexual Health Educators*

messages for kids ages four to nine

- + **“Consent” means to give permission.** This word is a really good one to learn from a young age. Related it to the importance of respecting personal space, like asking before hugging a friend.
- + **Say No and Stop** whenever you need to.
- + **Always respect others’ Nos and Stops.** This is just as important as others’ respecting yours.
- + **You are the boss of your body.** You define your personal boundaries. You say who goes on you and who does not.
- + **Pay attention to body language.** Learning to interpret and respect non-verbal cues is key.
- + **Trust your emotions.** You have a right to feel and act on what makes you uncomfortable.
- + **Your mouth, breasts and genitals are private.** No one, no matter who they are, can go on your private parts without permission. Games like kissing tag are not ok because consent may not be given.
- + **We will keep you safe.** Report uncomfortable touching to a trusted adult, and keep reporting until you get the help that you need.
- + **We will believe you.** You will never be in trouble for reporting uncomfortable touching. It would never be your fault. The other person would get in trouble because what they’re doing is against the law.