



# Understanding and Managing Sleep for Children with FASD

with Dr. Ana Hanlon-Dearman

FRIDAY  
**OCTOBER**  
**30th**

11:00 am CST

**FREE Webinar**



Sleep, or lack thereof, can be a problem for many people, but it can be a significant issue for those who have FASD. The aim of this presentation is to understand sleep disruption in FASD and discuss some practical approaches to managing sleep. This workshop will be of interest to parents, caregivers, and service providers.

Presenter: Dr. Ana Hanlon-Dearman

Dr. Ana Hanlon-Dearman is a Developmental Pediatrician at the Manitoba FASD Centre and at the Child Development Clinic with the Child Health Program in Winnipeg, MB. She is an Associate Professor of Pediatrics and Child Health with the University of Manitoba and holds a cross appointment with the Department of Community Health Sciences. She has been awarded the Manitoba FASD Research Scientist Award from Healthy Child Manitoba Office with the University of Manitoba Community Health Sciences, and chairs the Research Group at the Manitoba FASD Centre. Dr. Hanlon-Dearman has been working collaboratively with a number of research teams to understand population health issues of individuals with FASD and to better integrate care for affected individuals and their families. Her clinical and research interests include neurodevelopmental patterns of children with FASD, as well as children with a variety of neurodevelopmental disabilities.

The Saskatchewan Prevention Institute and the Canada FASD Research Network (CanFASD) are pleased to co-sponsor this webinar.

To register, visit:

[https://us02web.zoom.us/webinar/register/WN\\_HTXFojIHTUKGQETI9seWSA](https://us02web.zoom.us/webinar/register/WN_HTXFojIHTUKGQETI9seWSA)

For further information, contact Marlene Dray at [mdray@skprevention.ca](mailto:mdray@skprevention.ca).