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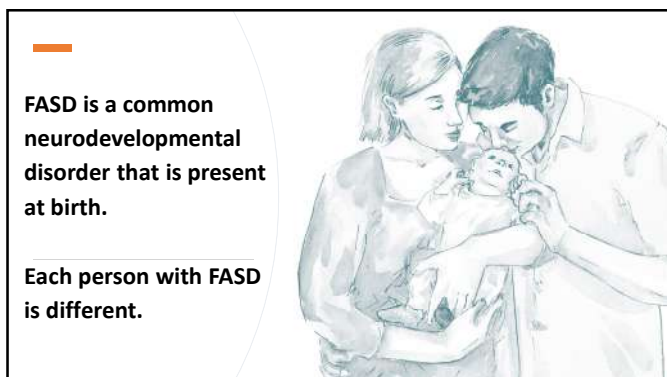
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**A pregnancy typically lasts 280 days.**



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**FASD is a medical diagnosis.**



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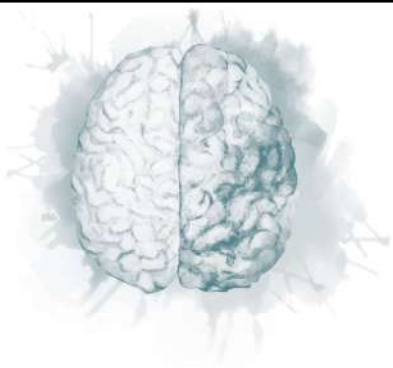
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**FASD is brain-based.**



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Ten Brain Domains* Associated with FASD Diagnosis	
Domain	Example
1. <b>Motor skills</b> How the muscles move and act	Fine motor skills (small muscles), gross motor skills (large muscles), muscle tone, reflexes, balance, coordination
2. <b>Neuroanatomy/ Neurophysiology</b> How the brain and nervous system are built and work	Brain structure, head size, seizure activity
3. <b>Cognition</b> How one learns, understands, and gains knowledge	Thinking, perception, and reasoning
4. <b>Language</b> How one uses and understands language	Ability to hear and interpret language and communicate to others (verbal or nonverbal)
5. <b>Academic achievement</b> How one progresses in school subjects	Includes measures of math, reading, and writing
6. <b>Memory</b> How one stores information and remembers it when needed	Remembering what is heard (auditory) and what is seen (visual) Remembering information over time
7. <b>Attention</b> How one focuses and stays on task, including with those tasks that are less enjoyable or more challenging	Ability to ignore or tune out distractions

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Domain	Example
8. Executive function ("Boss of the Brain") How mental skills are used to get things done	Impulse control, planning, problem solving, organizing, controlling one's thoughts, following instructions, understanding abstract concepts (e.g., time, value of money)
9. Affect regulation How one controls emotions, reacts to stress, and reacts to different situations	Includes current or possible mental health diagnoses (e.g., depression or anxiety)
10. Adaptive behaviour, social skills, social communication How one manages everyday life and social situations	Ability to take care of oneself (everyday life skills), and respond age-appropriately to others
<p>*Sensory How one responds to different sensations like touch, movement, sound, smell, sight, and taste</p> <p>When someone is being assessed for a diagnosis of FASD, the person's response to different sensations such as touch, movement, sound, smell, sight, and taste is not included in the assessment; however, the sensory response can impact all brain domains.</p>	

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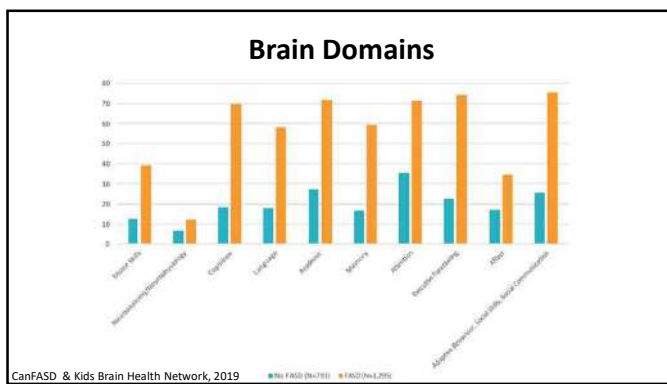
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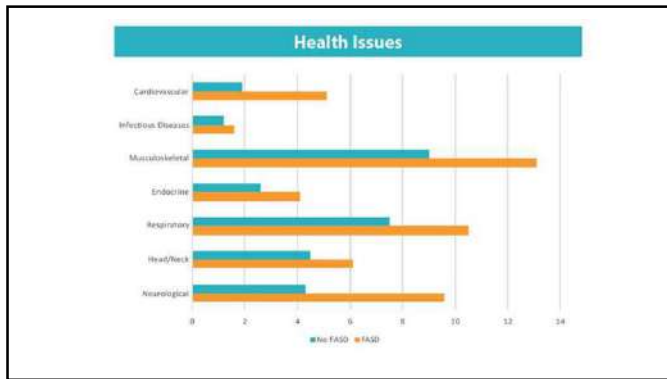
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**For more information:**

[www.skprevention.ca](http://www.skprevention.ca)

Myles Himmelreich  
Consultant  
[2323@telus.net](mailto:2323@telus.net)  
[www.myleshimmelreich.com](http://www.myleshimmelreich.com)

Marlene Dray  
FASD Prevention Coordinator  
[mdray@skprevention.ca](mailto:mdray@skprevention.ca)

Bev Drew  
FASD Prevention Coordinator  
[bdrew@skprevention.ca](mailto:bdrew@skprevention.ca)

saskatchewan  
**preventioninstitute**  
our goal is **healthy** children

1319 Colony Street  
Saskatoon, SK  
S7N 2Z1  
306-651-4300

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