

# EARLY CHILDHOOD TEAM

## Vision, Objectives, and Activities



saskatchewan  
**preventioninstitute**  
our goal is **healthy** children

## **Saskatchewan Prevention Institute**

### **Early Childhood Team**

#### **Vision:**

Working collaboratively to enhance early childhood well-being so children have healthy relationships and opportunities to develop and thrive to their full potential.

#### **Saskatchewan Prevention Institute's Definition of Early Childhood Well-Being**

The Saskatchewan Prevention Institute defines early childhood (0-5 years old) well-being as optimal physical, mental, emotional, cognitive, social, and spiritual development. Early childhood well-being is dependent on safe, nurturing environments where children are provided with supportive, loving, and consistent caregiving as well as opportunities to explore, grow, and thrive. The Saskatchewan Prevention Institute believes that early childhood well-being is a basic human right regardless of race, culture, religion, social-economic backgrounds, gender-identity, or diversity in family composition.

#### **Five-year Goals:**

##### ***Internal Goals***

1. Collaborate as an internal, Saskatchewan Prevention Institute staff team to provide a comprehensive primary prevention approach to addressing early childhood well-being.
2. Secure funding to support the leadership, coordination, and development of early childhood well-being work at the Saskatchewan Prevention Institute.
3. Seek and apply for funding for projects focusing on early childhood well-being that are responsive to the needs of professionals and families in Saskatchewan and reflect emerging trends in the field.

##### **External Goals**

1. Disseminate information to promote the Saskatchewan Prevention Institute's focus on early childhood well-being.
2. Enhance awareness and knowledge of professionals with evidence-based information about the importance of the early childhood period.
3. Increase, across sectors, professionals' capacity to share knowledge and adopt strategies that reflect the importance of early years.
4. Increase, across sectors, professionals' knowledge of the impact of adverse conditions in early childhood and strategies that can help to prevent and mitigate these impacts.

5. Strengthen community capacity to support and promote healthy communities where children and families can thrive.
6. Work in collaboration with First Nation and Métis organizations to ensure that messaging and joint projects focussed on early childhood well-being are trauma informed, culturally responsive, reflective of the impact of colonization and systemic discrimination, and continue to address the Calls to Action of the Truth and Reconciliation Commission.
7. Work in collaboration with community-based organizations, including those with a refugee and immigrant focus, to ensure that the Early Childhood Team and projects are reflective of Saskatchewan's racial and cultural diversity; respectful of varying world views on child development, rearing, and caregiving; and sensitive to the impact of systemic and personal racism on early childhood well-being.
8. Initiate a collaborative, coordinated approach to recommend achievable system and policy changes that promote positive outcomes for Saskatchewan children and families.
9. Establish partnerships with research organizations to increase the depth of knowledge of early childhood well-being in Saskatchewan.