



INJURY PREVENTION

... begins with you.

Protect children from
burns and scalds.

saskatchewan
preventioninstitute
our goal is **healthy** children

Burn and scald injuries can be a result of fire and flame, electricity, chemicals, and heat (e.g., hot appliances, hot liquids). Safety measures can be taken to protect children from a burn or scald injury.

- To reduce the risk of children pulling hot items onto themselves, put hot liquids in spill-free containers (e.g., travel mugs) and keep electrical cords for hot appliances (e.g., kettle) out of the reach of children.
- Keep lighters, matches, and candles out of the reach of children.
- Develop a home fire escape plan and practice it regularly with all who live in the home.
- Keep doors closed when sleeping. A closed door can slow the spread of smoke, heat, and fire.

Visit www.skprevention.ca/safety/fire-safety/ to learn more.