



INJURY PREVENTION

*... begins
with you.*

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Children are attracted to water but are not capable of understanding the dangers associated with water. Children can drown silently and quickly in less than 5 cm (2 in.) of water.

These are just a few tips for keeping children safe near water.

- Young children should be within an arm's reach of an adult (not an older child) when in or near water, including paddling pools and in the bathroom. Adults should be actively supervising children (e.g., not distracted by other activities).
- Ensure all backyard pools have fencing on all four sides that is at least four feet high and cannot be accessed by children. Any gate to the pool area should be self-closing and self-latching. Teach children not to go in or near the pool without an adult.
- Teach children that a personal flotation device (PFD) must be worn at all times in or around water. Young children should always wear a properly fitted PFD when swimming in a pool or lake and when on a boat. Set a good example and wear your lifejacket when boating.

Visit www.skprevention.ca/safety to learn more.

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1319 Colony Street
Saskatoon, SK S7N 2Z1
Bus. (306) 651-4300
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