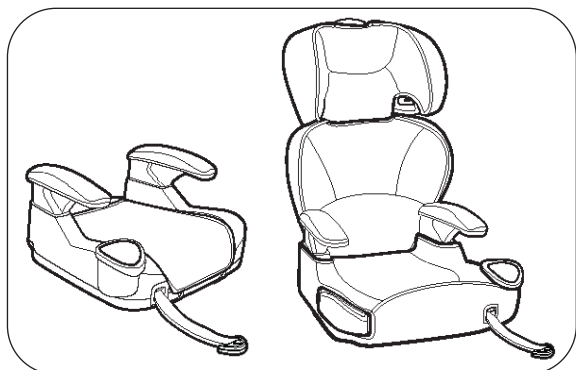


# Booster Seats

A booster seat should be used after a child reaches the maximum weight or height of their forward-facing car seat. A booster seat is used for children who weigh **at least 18 kg (40 lb)**. By law, children in Saskatchewan must use a booster seat until they are **age 7, OR weigh 36 kg (80 lb) and stand 145 cm (4'9") tall**. Most children should remain in a booster seat until they are **between the ages of 8-12 years**, until they fit the adult seat belt properly. Booster seats work by raising the child in the vehicle seat, so the seat belt is properly positioned low over the child's hips and across their chest and collar bone, lessening the chance of a serious abdominal or neck injury in a crash.



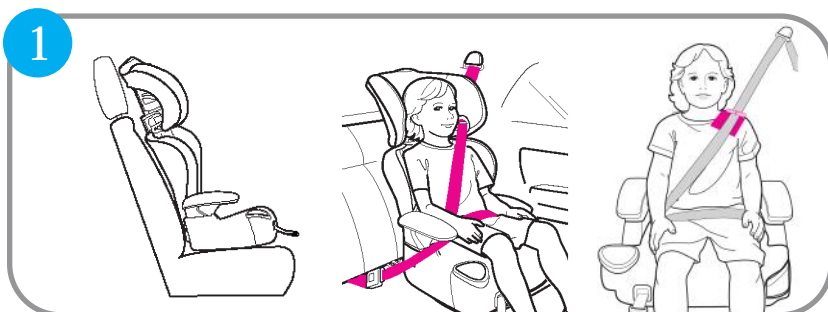
**Low Back Booster:** Can be used in vehicles equipped with head rests

**High Back Booster:** Must be used in vehicles not equipped with head rests

**Combination Booster Seats:** Booster seats that convert and can be used in a high or low back mode

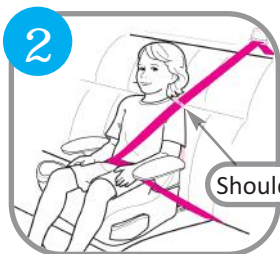
## Booster Seat Tips

*Example only. Your booster seat may differ.*



### 1. Seat Position

Place the booster seat in the backseat of the vehicle, using a seat belt with a lap and shoulder portion. Never install a booster seat with just a lap belt. The bottom of the booster seat should be flat on the vehicle seat with the back touching the vehicle seat back.



### 2. Good Posture

The child should sit tall with their back flat against the booster seat or vehicle seat and should not slouch.

Shoulder belt positioning clip



### 3. Seat Belt Position

The lap portion of the seat belt should be low over the child's hips, and the shoulder portion should go across the collar bone (between the shoulder and the neck). Never place the shoulder portion of the belt behind the child or over the face or arm.



### 4. Tighten Seat Belt

Clip the seat belt into the vehicle buckle and tighten the seat belt to fit the child comfortably, ensuring that it lays flat across the chest and hips.

**Children who are too big for a forward-facing car seat but are too small for a vehicle seat should use a booster seat for every ride.**

**Always follow the instructions (e.g., height, weight, expiry date) on the booster seat, and the booster seat and vehicle manuals.**

For more information about car seat safety, visit [www.skprevention.ca](http://www.skprevention.ca) or phone 306-651-4300.

Images courtesy of Graco Children's Products, a division of Newell Brands Canada ULC.

In partnership with:



saskatchewan  
**preventioninstitute**  
our goal is **healthy** children

RESOURCE 4-126 02/2022