

# STBBIs NEWSLETTER

Sexually Transmitted and Blood-borne  
Infections (STTBIs) and Reproductive Health

saskatchewan  
**preventioninstitute**  
our goal is **healthy** children

**SPRING 2022 ISSUE**



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*Welcome to the Saskatchewan Prevention Institute's Sexually Transmitted and Blood-borne Infections (STBBIs) and Reproductive Health Newsletter. The Prevention Institute is a provincial, non-profit organization that strives to reduce the occurrence of disabling conditions in children.*

This edition of the newsletter highlights new and updated resources from the Saskatchewan Prevention Institute, updated guidelines and position statements from national health organizations, and information about Sexual and Reproductive Health Week 2022 to celebrate Advocacy in Action.

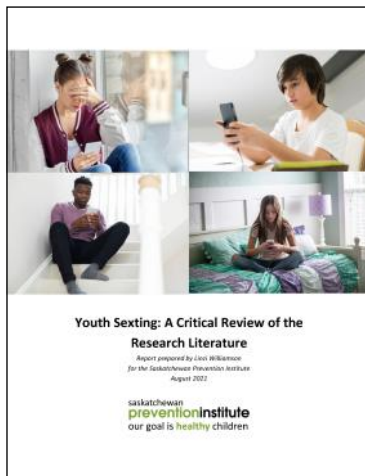
# New Resources

## Sexting Resources

The Saskatchewan Prevention Institute has recently completed three resources for parents and educators to increase their knowledge about sexting, the sending and receiving of sexual messages through technological devices like cell phones. An upcoming webinar will explore this topic and highlight the information most important for parents, educators, and researchers.

### [Youth Sexting: A Critical Review of the Research Literature](#)

Sexting is on the rise among youth. While this behaviour offers opportunities for self-expression and connection, it also poses challenges and risks. This literature review introduces the concept of sexting, explores youth-relevant issues related to sexting, and introduces strategies for sexting education.



### [An Environmental Scan of Online Resources Related to Sexting](#)

This report shares information about current, evidence-based, online resources focused on sexting and its impacts on youth. The information gathered through this environmental scan may be helpful to parents/caregivers, youth, and educators seeking materials to educate themselves or the youth in their lives about sexting.



### [Youth and Sexting Information Sheet](#)

This information sheet provides educators and caregivers with a quick overview of sexting and offers recommendations for ways to reduce associated risks for youth who decide to participate in sexting.



### [Youth Sexting: A Webinar for Educators, Caregivers, and Researchers](#)

**February 17, 2022 from 10:00 a.m. to 11:30 a.m.**

*Presented by Linzi Williamson*

This webinar will summarize findings from two Saskatchewan Prevention Institute reports on sexting: “An Environmental Scan of Online Resources Related to Sexting” and “Youth Sexting: A Critical Review of the Research Literature”. Specifically, sexting definitions, importance of this topic, potential risks and outcomes, sexting and the law, perspectives of sexting, and how educators and caregivers can support youth will be highlighted.



# Health Promotion Through Youth Engagement

When it comes to addressing youth health, and specifically the prevention of alcohol-related harms and the promotion of sexual health and wellness, youth engagement supported by adult allies is a highly effective strategy. The Saskatchewan Prevention Institute is pleased to share a new webpage featuring information from the recent report, [Health Promotion Through Youth Engagement: An Environmental Scan](#). The webpage shares information on youth engagement, adult allyship, and an interactive map that highlights programs demonstrating innovative youth engagement strategies and programming throughout Canada. To access the webpage, click [HERE](#).

## Sexual and Reproductive Health Week

*From Action Canada for Sexual Health and Rights*

### Sexual and Reproductive Health Awareness Week (SRH Week)

SRH Week is a yearly campaign designed to raise awareness on sexual and reproductive health and promote resources to improve community health in Canada. This year, SRH Week takes place from February 14-18, 2022 with the theme **Advocacy in Action**.

Throughout history, advocacy has been essential to improving access to sexual and reproductive health care and ensuring that our human rights are upheld. Advocacy means trying to make changes. We can advocate to build support for a cause, to influence leaders and decision makers, to build an environment that enables all of us to exercise our rights, or to change laws and policies.

In Canada and all over the world, advocates fought and are still fighting for access to contraceptives, abortion decriminalization, effective treatments for HIV, gender-affirming surgeries, comprehensive sex-ed, to stop harmful practices, and more. Much progress has been made due to the tireless work of people who wanted better for themselves and their communities. So much is still left to do so that no one is left behind.

This year, Sexual and Reproductive Health Awareness Week puts the spotlight on changemakers who have led us, inspired us, and worked hard to transform people's lives. This year, we celebrate the crucial role of advocates, agitators, and activists in making the world a place where everyone can be healthy and thrive. We hope this campaign inspires you all to continue agitating, advocating, and resisting!

## Resource Highlight

### 7 Tips for Youth-Supporting Professionals for Talking with Youth About Sexual and Reproductive Health

*From ACTIVATE – The Collective to Bring  
Adolescent Sexual & Reproductive Health Research  
to Youth-Supporting Professionals*

Youth-supporting professionals can play a critical role in educating youth about sexual health. When professionals approach conversations with youth about sexual and reproductive health openly and honestly, they can build and maintain a rapport with young people.

This tip sheet provides professionals supporting youth with seven tangible recommendations to promote effective and open conversations about sexual and reproductive health with young people, especially youth who are in the child welfare or juvenile justice systems or who are experiencing homelessness or disconnection from work and school (also referred to as opportunity youth).

To access the Tip Sheet, click [HERE](#).

# National News

## Medical Societies' Endorsed HPV Prevention Position Statement

The Consortium for Infectious Disease Control recently shared an HPV Prevention Position Statement that has been endorsed by the Society of Obstetricians and Gynaecologists of Canada, the Canadian Society of Otolaryngology-Head and Neck Surgeons, the Gynecologic Oncology of Canada, and the Canadian Association of Head and Neck Surgical Oncology. The position statement outlines the current state of HPV in Canada and makes recommendations for future action. Click [HERE](#) for the position statement.

## Sexually Transmitted and Blood-Borne Infections: Guides for Health Professionals

The Public Health Agency of Canada (PHAC) provides public health guidance for the prevention and management of sexually transmitted and blood-borne infections (STBBIs). PHAC's STBBI guides for healthcare providers and public health professionals outline national recommendations for:

- the screening and diagnosis of STBBIs
- the treatment of sexually transmitted infections (STIs) of national public health importance

These guides replace the Canadian Guidelines on Sexually Transmitted Infections. To access the new guides, click [HERE](#).

Please feel free to distribute this newsletter to others. If someone you know is interested in receiving future editions of the newsletter, please contact the Saskatchewan Prevention Institute at [info@skprevention.ca](mailto:info@skprevention.ca).

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