

My Curious Brain Resource Room

A Fun Way for Children to Learn about Their Brain



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our goal is **healthy** children

The My Curious Brain Resource Room provides interactive activities, colouring pages, and videos to increase young children's understanding of what happens in our brain and body when we experience stress.

TO ACCESS THIS RESOURCE, VISIT:

<https://skprevention.ca/my-curious-brain-virtual-resource-room-1/>
or scan the QR code.



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