

**Substance Use, Pregnancy, and  
HIV/AIDS: An Environmental Scan of  
Substance Use Treatment Programs  
for Pregnant Women**

*Prepared for the Saskatchewan Prevention Institute*

**June 2012**

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## Executive Summary

The current environmental scan, conducted by the Saskatchewan Prevention Institute, aimed to identify existing substance use treatment programs and services available to pregnant women and pregnant women living with HIV/AIDS in North America, with a particular focus on Saskatchewan. Substance use treatment has been identified as an effective way to stop or reduce substance use and related risk behaviours during pregnancy, resulting in improved maternal and fetal health outcomes. Substance use treatment has also been associated with a reduction in HIV infection and transmission risk, including mother-to-child transmission in women already infected with HIV/AIDS. Therefore, in order to ensure the best possible pregnancy outcomes for women with substance use issues, including those living with HIV/AIDS, knowledge about and access to appropriate substance use treatment programs is needed.

For the Saskatchewan part of the environmental scan, each of the substance use treatment programs listed in the provincial directory was contacted via telephone. Program-specific information was obtained from an intake worker, counsellor, or program manager. Programs that admit pregnant women into treatment, including those that admit women on methadone and those that admit pregnant women living with HIV/AIDS, were included in the current report. Except for the programs designed specifically for men, all of the treatment programs contacted stated that they are willing to accept pregnant women into treatment. Almost half of these programs stated that pregnant women receive priority access to substance use treatment. However, only two programs in Saskatchewan currently have the facilities to allow babies to room-in with their mothers. Aside from these two programs, none of the Saskatchewan substance use treatment programs have specialized services for pregnant women. Instead, pregnant women are admitted into the conventional treatment offered. Similarly, there were no specialized substance use treatment programs for pregnant women living with HIV/AIDS identified, but all of the organizations contacted indicated that women living with HIV/AIDS are accepted into treatment programming. Seventy-three percent of treatment programs indicated that they are willing to admit individuals on methadone. Those that do not admit clients who use methadone reported having the expectation of complete abstinence from substances.

The North American part of the environmental scan consisted of an online search of substance use treatment programs that stated that they accept pregnant women, including those living with HIV/AIDS. Fifty-six Canadian programs for pregnant women were found, while only nine such American programs were found. Three substance use treatment programs specifically stated that they provide services to pregnant women living with HIV/AIDS. It is important to note, however, that it is possible that a larger number of programs that offer services to pregnant women and to pregnant women living with HIV/AIDS may exist than are reflected in the current report. This underscores the need for programs to explicitly state whether they provide services to pregnant women and whether they provide services to pregnant women living with HIV/AIDS. This is particularly true because the online search revealed that at least some pregnant women are using the Internet to find information about substance use treatment programs (e.g., posting inquiries on online forums).

Detailed information about the identified substance use treatment programs can be found in the Appendix section of the current report. In addition, the current report provides a brief summary of existing recommendations for appropriate substance use treatment programs. These recommendations include: access to opioid substitution therapy (e.g., methadone), creating a woman-friendly environment, childcare for women who have other children to care for, outpatient treatment for women who do not want to undergo treatment in the presence of their children, and multidisciplinary care (e.g., mental health, personal and social welfare, gynaecological/obstetric care, substance use specialists, and infectious disease specialists). The importance of knowledge about and access to appropriate substance use treatment programs for pregnant women and for pregnant women living with HIV/AIDS cannot be discounted. Such access can serve to improve maternal and fetal health, improve pregnancy outcomes, and reduce rates of HIV infection and mother-to-child transmission of HIV.

The information provided through the current environmental scan is useful both for pregnant women who use substances who are seeking services and for health care professionals, who can use this information to assist women in accessing services that are appropriate to their needs. Ideally this would be done as part of a multidisciplinary team, where the referring professional continues to be involved in the care of the woman. It is hoped that the information provided will increase awareness of the existing substance use treatment centres and programs for pregnant women, with the goal of potentially increasing referrals to and use of these programs.

## 1. Introduction

Substance use can occur along a spectrum ranging from beneficial use to non-problematic use to problematic and/or dependent use (BC Ministry of Health Services & BC Ministry of Children and Family Development, 2010). For most people, substance use does not lead to dependence. However, even in the case of non-dependent substance use, harm can result. The likelihood of experiencing harms is increased for people with dependent substance use, also referred to as addiction(s).

The Canadian Society of Addiction Medicine (CSAM, 2011)<sup>1</sup> defines addiction as a primary, chronic disease of brain reward, motivation, memory and related circuitry. Dysfunction in these is reflected in an individual pathologically pursuing reward and/or relief by substance use and other behaviours. The CSAM goes on to state that addiction is characterized by an inability to consistently abstain, impairment in behavioural control, craving, diminished recognition of significant problems with one's behaviours and interpersonal relationships, and a dysfunctional emotional response. Like other chronic diseases, addiction often involves cycles of relapse and remission. Without treatment or engagement in recovery activities, addiction is progressive and can result in disability or premature death.

This definition and description highlights the fact that addiction is a brain disease, in that dependent substance use changes the neurochemical and molecular structure of the brain. This changes how the brain works (NIDA, 2007). Because psychoactive substances produce their effects by acting on the “survival” receptors in the brain (i.e., those linked to food and sex), ongoing substance use can trick the brain into believing that substance use is an essential survival activity (Kendall, 2011). The intoxicating effects of substance use can impair judgements, lower inhibitions, and affect the ability to weigh risks and benefits when making decisions about potentially risky behaviours (Canadian AIDS Society, 2005; Kendall, 2011; UNAIDS/WHO, 2007). This means that even a single episode of substance use can result in high risk behaviour(s) taking place. As such, substance use is associated with a vast array of negative health, social, and economic consequences (Saskatchewan Ministry of Health, 2009a). Negative consequences related to substance use can include interpersonal conflicts, violence, unplanned and unwanted sexual encounters, sexually transmitted infections (STIs), and human immunodeficiency virus (HIV) infection.

The negative consequences that are experienced increase when a pregnant woman uses substances, as both the woman and her fetus are affected (Alberta Alcohol and Drug Abuse Commission, 2006; Ramsey, Engler, & Stein, 2007). Obtaining accurate data about the prevalence of substance use during pregnancy is difficult due to the stigma, shame, and illegality of this activity (Alberta Alcohol and Drug Abuse Commission, 2006; PHAC, 2009; Winklbaaur et al., 2008). Saskatchewan statistics show that 5% of the women who accessed alcohol and drug services between 2008 and 2009 were

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<sup>1</sup> In 2011, the CSAM passed a motion to temporarily adopt the 2011 American Society of Addiction Medicine's definition of addiction. The definition presented here is this adopted definition.

pregnant (Saskatchewan Ministry of Health, 2009b). Many women who use substances are not accessing treatment, indicating that the number of pregnant women using substances is much higher.

Research has shown that substance use during pregnancy is associated with numerous negative maternal health and pregnancy outcomes. In terms of maternal health, substance use has been associated with poor nutrition, poor sleep habits, lack of medical and prenatal care, stress, depression, physical abuse, sexual violence, STIs, and lack of support (Keegan et al., 2010; Mehta, Moore, & Graham, 1997; Terplan et al., 2010; Winklbaaur et al., 2008). In terms of pregnancy outcomes, maternal substance use is associated with increased risk of preterm labour and delivery, intrauterine growth restriction, low birth weight, increased exposure to HIV and hepatitis C (Fischer, 2000; New York State Department of Health AIDS Institute, 2007; PHAC, 2009; Thorne, Semenenko, & Malyuta, 2011), and placental abruption (New York State Department of Health AIDS Institute, 2007). In pregnant women living with HIV/AIDS, the negative outcomes related to substance use are also related to an increased likelihood of mother-to-child transmission (MTCT) of HIV (Bulterys et al., 1997; Landesman et al., 1996; Mehta et al., 1997).<sup>2</sup>

Fortunately, research has shown that many women who use substances during pregnancy report a heightened desire to make healthier choices at this time (Terplan et al., 2010). These healthier choices can positively impact maternal and fetal health, thereby increasing the likelihood of positive pregnancy outcomes and decreasing the likelihood of HIV infection and MTCT of HIV. Substance use treatment has been identified as an effective way to stop or reduce substance use and related risk behaviours, resulting in a decreased risk of maternal HIV infection and MTCT (UNAIDS/WHO, 2007; NIDA, 2006). Specifically, research has shown that substance use treatment is associated with improved participation in and adherence to HIV treatment (Hicks et al., 2007; Strathdee et al., 1998; Wood et al., 2008). Research has also shown that methadone is associated with a stabilization of lifestyle and substance use and increased contact with applicable services (Hepburn, 2004), as well as better compliance with prenatal care in pregnant women (Keegan et al., 2010). Because substance use treatment often leads to a reduction in HIV risk behaviours, researchers have stated that substance use treatment should be considered primary HIV prevention (Chaudhury et al., 2011; National Institute on Alcohol Abuse and Alcoholism, 2002). These findings indicate that substance use treatment should also be considered an HIV transmission prevention strategy.

In addition to the benefits discussed above, substance use treatment programs also serve an important role in providing current information on HIV/AIDS and related diseases, counselling and testing services, and referrals for medical and social services (NIDA, 2006). Therefore, substance use

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<sup>2</sup> For more detailed information about HIV/AIDS and mother-to-child transmission, please refer to a previously completed literature review by the Saskatchewan Prevention Institute titled “Mother to Child Transmission of HIV: Prevention, Treatment, and Education.” For more information about the impact of substance use on HIV/AIDS infection, pregnancy, and mother-to-child transmission, please refer to another review titled “The Impact of Substance Use on Mother-to-Child Transmission of HIV.”

treatment offers an opportunity for women who use substances to have regular contact with health services, including standard prenatal care (Gyarmathy et al., 2009). Good prenatal care, substance use treatment, and other forms of support can allow women who use substances to give birth to healthy babies (Pinkham & Malinowska-Sempruch, 2008).

Women's access to substance use treatment is often hampered by a variety of barriers, including child care and elder care obligations. Pregnancy may pose additional barriers because some substance use treatment facilities may not provide suitable support for women who are pregnant (New York State Department of Health AIDS Institute, 2009). Abstinence as a requirement for treatment can be a particularly large barrier for pregnant women who use opioids. Abrupt withdrawal from opioids during pregnancy can cause injury to the fetus (Pinkham & Malinowska-Sempruch, 2008), including spontaneous abortion and/or premature labour and delivery (New York State Department of Health AIDS Institute, 2007). Due to these risks of withdrawal, along with the risks of relapse, methadone maintenance is often preferred to detoxification (New York State Department of Health AIDS Institute, 2009). The New York State Department of Health AIDS Institute (2009) states that methadone maintenance treatment is an effective therapy for opioid dependency during pregnancy, and does not adversely affect fetal or postnatal development. Not all treatment programs will administer methadone, and some will not admit women who are using methadone.

Other barriers to effective substance use treatment for pregnant women include: stigma, fear of child welfare involvement, lack of support, lack of available appropriate treatment options, waiting lists for treatment, and abstinence being a requirement for admission to treatment (Leslie & De Marchi, 2004; Tait, 2002). These barriers must be acknowledged and ways to overcome them must be considered by programs offering services to pregnant women, as effective treatment can result in positive maternal and fetal outcomes. It is imperative that pregnant women have knowledge about and access to appropriate substance use treatment programs and services (Alberta Alcohol and Drug Abuse Commission, 2006).

### **1.1 Report Contents**

In an effort to identify the types of substance use treatment programs and services available to pregnant women, the Saskatchewan Prevention Institute completed an environmental scan of North America, with a more in-depth focus on Saskatchewan. The current report presents the results of this scan of available substance use treatment programs for pregnant women, including those living with HIV/AIDS. This report is presented in two sections. The first section focuses on Saskatchewan substance use treatment programs that admit pregnant women into treatment, including those that admit women on methadone and women living with HIV/AIDS. The second section details the results of an online search for substance use treatment programs for pregnant women in North America, including those living with HIV/AIDS. Finally, the current report includes a summary of recommendations for substance use treatment for pregnant women.



## 1.2 Purpose of the Current Report

The environmental scan allows for the identification of existing substance use treatment centres for pregnant women and for pregnant women living with HIV/AIDS. This information is useful both for pregnant women who use substances who are seeking services and for health care professionals, who can use this information to assist women in accessing services that are appropriate to their needs. Ideally, this would be done as part of a multidisciplinary team where the referring professional continues to be involved in the care of the woman. As previously discussed, increased use of substance use treatment programs has been linked to decreased risk behaviours for HIV and decreased risk of MTCT in pregnant women already living with HIV/AIDS. Therefore, the aim of this scan is to increase awareness of the existing substance use treatment centres and programs for pregnant women, with the goal of potentially increasing referrals to and use of these programs.

## 2. Methods

The methods used differed between the Saskatchewan environmental scan and the North American environmental scan. Therefore, the methods of each of these parts of the scan are described separately below.

### 2.1 Saskatchewan Environmental Scan

The Government of Saskatchewan website provides a directory of alcohol and drug treatment services in the province (see <http://www.health.gov.sk.ca/treatment-services-directory>). The directory includes organizations that provide a number of services including inpatient, outpatient, detoxification, and residential programming. Each program or service listed in this directory was contacted via telephone, and an intake worker, counsellor or program manager was interviewed. An interview schedule was created in order to elicit the necessary information from each person contacted (see Appendix A for the full interview schedule). Specifically, the interview schedule concentrated on the following topics:

1. A brief description of the services and supports provided;
2. The types of addictions addressed by the program;
3. The population and age range of the clients that are served;
4. The intake/admission process, including whether clients are asked to disclose their HIV status;
5. The length of the program; and
6. The extent to which programming is provided for pregnant women, including those on methadone and those who may be living with HIV.

The Government of Canada offers links to National Native Alcohol and Drug Abuse Program (NNADAP) locations in Saskatchewan, and these programs were researched online (see [http://www.hc-sc.gc.ca/fniah-spnia/substan/ads/nnadap-pnlaada\\_dir-rep-eng.php#sask](http://www.hc-sc.gc.ca/fniah-spnia/substan/ads/nnadap-pnlaada_dir-rep-eng.php#sask)). Each program listed in this directory was contacted via telephone, and an intake worker, counsellor or program manager was interviewed.

## 2.2 North American Environmental Scan

The internet was the sole source of information for this part of the environmental scan. Keywords (e.g., support, services, treatment, program, addiction, substance abuse, substance use, pregnancy, pregnant, women, Canada, U.S.A.) were entered into the search engine in various combinations. The snowball method was also used. Specifically, when another program or treatment centre was mentioned on an organization's website, that specific organization was also searched for on the Internet. In an effort to find as many applicable programs as possible, potentially relevant websites were also searched for information. Examples of these websites include Saskatchewan Health, First Nations and Inuit Health<sup>3</sup>, and national and provincial alcohol and drug rehabilitation websites. The search continued until saturation was reached (i.e., when entering new combinations of search terms no longer returned new results).

The information provided about these programs and their services came either via their own website or by secondary sources such as online program directories. For the purposes of this environmental scan, the information collected was limited to services targeted at pregnant women who use substances, including those living with HIV/AIDS. As a result, the information presented in this report may not represent all of the services offered by the listed programs. Treatment programs and centres were included if they admit and/or provide services of any kind to pregnant women who use substances. In other words, unless a program explicitly stated that they work with pregnant women<sup>4</sup>, they were not included in the current scan. Similarly, in the section on substance use services for pregnant women living with HIV/AIDS, programs were only included if they stated that they work with pregnant women. Programs that provide services to HIV positive women who are not pregnant were not included in this scan.

## 2.3 Limitations

There are several limitations to the current environmental scan. In terms of the Saskatchewan portion of the scan, only one source at each organization provided information during the telephone interviews. It is possible that the interview respondents may be new in their position or, for whatever reason, may not have an extensive understanding of the breadth of the services offered. For instance, some of the intake workers interviewed had not yet dealt with pregnant clients and, as a result, were not familiar with the procedures for accommodating pregnant women. Additionally, while the list of Saskatchewan-based services and programs is presumably

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<sup>3</sup> The Saskatchewan Prevention Institute would like to thank AIDS Saskatoon for suggesting this website, which was an excellent source of relevant information.

<sup>4</sup> Treatment programs that accept women who are pregnant, even if they are not living with HIV/AIDS, were included in the current scan for two main reasons. First, it is possible that programs that accept pregnant women also accept pregnant women living with HIV/AIDS, even if they do not explicitly state this. Second, substance use treatment has been associated with a decreased risk of HIV infection through a reduction of high risk sexual and substance use behaviours. When a pregnant woman reduces her risk of HIV infection, she is reducing the risk of transmitting HIV to her child.

comprehensive (confirmed by an independent online search for substance use treatment centres), it is possible that some organizations or services were missed during the search.

The limitations of the North American portion of the scan are related to relying solely on online material. First, the quality and amount of information available on specific programs/centres varied greatly. Second, the obtained information may only approximate the actual services provided. For example, discontinued services may still be listed on websites, and information regarding newly implemented services may not yet be available. Treatment centres that provide services to pregnant women may not state this on their websites, and therefore may not be included in the scan. Finally, although an extensive online search was performed, it is likely that relevant services and organizations are not represented online and, therefore, are not represented in this environmental scan. Notwithstanding these limitations, the reliance on online searching was deemed a cost and time-efficient method of information collection sufficient for the current purposes, particularly because Saskatchewan programs were contacted individually.

### 3. Summary of Findings

As was done for the Methods section, the findings will be discussed separately for Saskatchewan and the North American scan. This is particularly important as the Saskatchewan scan included both what was gathered from the Internet, as well as data from telephone interviews.

#### 3.1 Saskatchewan

Appendix C provides the results from the telephone interviews with 89 substance use treatment programs in Saskatchewan. (An index to these programs can be found in Appendix B, along with definitions of the different program types.) Eighty-two percent ( $n = 73$ ) of the programs contacted stated that they offer outpatient services. Seventeen percent ( $n = 15$ ) offer inpatient services, and 13% ( $n = 12$ ) offer detoxifications services. Eleven of the programs contacted (12%) stated that they offer more than one type of treatment (e.g., offer both outpatient and inpatient services). Seventy-three percent ( $n = 65$ ) of Saskatchewan substance use treatment programs stated that they are willing to admit clients on methadone (i.e., opioid substitution therapy). Five of these programs have the ability to both prescribe and maintain methadone therapy. The main reason provided by those who do not admit women on methadone was a program expectation of complete abstinence from substances.<sup>5</sup>

Except for the substance use treatment programs that only admit male clients, all of the programs contacted stated that they would be willing to admit pregnant women into treatment. However, seven of these programs (8%) said that they will not admit women who are in their third trimester of pregnancy. Of all the programs contacted, 46% stated that pregnant women

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<sup>5</sup> Seven of the programs contacted (8%) stated that detoxification is required before admission into treatment. Another two programs stated that while detoxification is not required, it is preferred.

receive priority treatment. One program (Saskwatamo Lodge in Melfort) stated that women are able to room-in with their children, as long as their children are under 11 years old. Another program (White Buffalo Treatment Centre in Prince Albert) stated that women are able to room-in with their babies if they give birth while undergoing substance use treatment. Older children are able to stay on weekends. Aside from these two programs that allow rooming-in, none of the Saskatchewan substance use treatment programs have specialized services for pregnant women. Instead, pregnant women are admitted into the conventional treatment offered.

Similarly, although all of the programs contacted stated that they would be willing to admit women living with HIV/AIDS, none of the programs have specialized services for women living with HIV/AIDS. Twenty-five percent ( $n = 25$ ) of the programs stated that clients are asked about their HIV status during the intake process. The majority of these programs are inpatient programs, some of which include a medical assessment prior to intake. Three additional programs stated that clients are only asked to disclose their HIV status if/when they are seeking priority treatment, as these programs offer priority treatment to people living with HIV/AIDS.

### **3.2 North America**

Appendix C presents the list of Canadian substance use treatment programs that serve pregnant women that were found through the online search. The 56 programs that were found using this method are organized by region. The highest number of programs were found in Ontario ( $n = 16$ ) and British Columbia ( $n = 13$ ). The fewest number of programs were found in the Atlantic region ( $n = 5$ ). Only a small number of substance use programs for pregnant women were found in the United States of America ( $n = 9$ ). These programs are listed in Appendix D. Finally, the few programs that were found for pregnant women living with HIV/AIDS who use substances is presented in Appendix E ( $n = 3$ ).

The online search for substance use treatment programs for pregnant women revealed how difficult it can be to find information about appropriate programs. This was especially true for treatment programs that accept pregnant women living with HIV/AIDS. When the search terms were entered into the search engine, the majority of the results returned focused on literature, including academic literature, rather than information about treatment programs. As such, this information is not very accessible for a general audience. When treatment programs were found using the online search, the amount of information available about the actual services provided varied greatly. As can be seen in the Appendices, some programs provided great detail about their services, while others simply stated that they admit pregnant women. This makes a comparison of programs very difficult.

American substance use treatment centre websites appeared to be less common than Canadian websites (9 versus 56 in the current report). The online search more commonly found links to substance use help lines and referral request pages. For example, people can enter applicable information into a webpage (e.g., age group, substance used, type of treatment sought) and

receive referral information. Actual treatment program pages and contact information were less common.

The online search also revealed that at least some pregnant women who use substances are using the Internet to research treatment options. This was made clear by the number of posts by women who use substances on online forums. The posts on these forums tended to focus on fears about potential harm to the fetus and questions about treatment, including where to go for treatment. Because at least some pregnant women appear to be looking for substance use treatment programs online, it is imperative that treatment programs provide more detailed information about the services they offer on program websites. Such information could also then be accessed by healthcare professionals working with this population of women. This finding points to the potential importance of the current environmental scan. This scan can be accessed both by pregnant women looking for treatment options and for health care providers who work with pregnant women.

Another useful resource for people who use substances and health care providers is the Canada Alcohol and Drug Rehab Programs website (see <http://www.canadadrugrehab.ca/>). This site lists substance use treatment programs and support services, organized by province and further by program type (e.g., inpatient, outpatient, and medical programs). A brief description of the programs is provided, along with each program's contact information. Information about HIV/AIDS support services is provided under the heading "Medical Programs" for each province.

Unfortunately, this website does not list programs that admit pregnant women,<sup>6</sup> and very few program descriptions mention pregnancy.

## 4. Discussion

The research previously discussed highlights the necessity of appropriate substance abuse treatment programs for pregnant women, including medical programs for pregnant women living with HIV/AIDS. The results from the current environmental scan suggest these types of programs are currently lacking in Saskatchewan. It is important to note, however, that it is possible that a larger number of programs that offer services to pregnant women may exist than are reflected in the current report. This underscores the importance of programs explicitly stating whether they provide services to pregnant women and whether they provide services to pregnant women living with HIV/AIDS. The Alberta Alcohol and Drug Abuse Commission (2006) agrees, stating that at-risk women need to be made aware of what help is available, where to get help, and how to get it. The finding that at least some pregnant women are using the Internet to search for treatment options highlights the importance of this information being readily available in an online format.

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<sup>6</sup> Under the heading "Specialized Programs", this website lists "Pregnant Mothers Who Drink Alcohol (FASD) Alcohol & Drug Programs". With the exception of Mother Risk, the programs listed provide FASD information and support services.

Aside from two family treatment centres (one located on the James Smith First Nation, and one opening in 2013 in Prince Albert<sup>7</sup>) and one centre for youth (located on the Sturgeon Lake First Nation), there is currently very little in the way of specialized substance use treatment for pregnant women. Although the majority of programs stated that they do admit pregnant women, the inpatient programs (with the exception of the three programs just mentioned) do not have the facilities to allow women to room-in with their babies. This means that women have to choose between continuing their treatment while being separated from their babies, withdrawing from treatment in order to be with their babies, or transferring to outpatient treatment.

Specialized substance use treatment services for pregnant women living with HIV/AIDS are even rarer in Saskatchewan. Although all of the programs asked stated that they admit women living with HIV/AIDS, the programs are not medically equipped to deal with HIV/AIDS. Therefore, in order to continue to receive care for their HIV disease, women need to enroll in substance use treatment close to where they receive care for their HIV. Because many services in Saskatchewan are centralized, this may mean that women have to move away from family and friends to attend substance use treatment.

Overall, it appears that the majority of Saskatchewan-based substance use treatment centres are willing to admit women irrespective of pregnancy, HIV status, and use of methadone. That being said, not every centre that is willing to admit specialized populations has the facilities, the staff, or current sufficient need (i.e., not enough clients requiring/requesting the service) to implement programming tailored to the needs of these populations of women. This is true of most of the Saskatchewan-based programs. It is encouraging however, that many of the programs provide priority substance use treatment to pregnant women. This lessens the amount of time that pregnant women wait for substance use treatment, increasing the amount of treatment received prior to giving birth. It is clear that even the smallest programs and centres aim to use their resources to the best of their potential in order to meet the needs of all of the clients they serve.

#### **4.1 Recommendations for Substance Use Treatment Programs**

There is increasing recognition that an infant's best interests are served by optimal treatment of the pregnant woman (Ahdieh, 2001; Kennedy, 2003). In pregnant women who use substances, including those living with HIV/AIDS, optimal treatment must include substance use treatment. Unfortunately, substance use treatment programs that tailor their services to meet women's needs are rare or non-existent in most parts of the world (Pinkham & Malinowska-Sempruch, 2008; Ramsey et al., 2007). This is especially regrettable since pregnancy is often a powerful motivator to reduce problematic substance use and related harmful behaviours (Ramsey et al.,

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<sup>7</sup> A family substance use treatment centre is scheduled to open in Prince Albert in 2013. Although the specific program details are still being finalized, this centre will offer rooming-in for children aged 0-12 (up to four children), daycare and schooling on-site, and programming for children as well as their mothers. Detoxification will be required before admission, but clients on methadone will be admitted into the program

2007). Pregnancy can be an excellent opportunity for providers to offer care that can lead to long-term changes that will benefit maternal health and child development (Pinkham & Malinowska-Sempruch, 2008; Terplan, Smith, & Glavin, 2009).

Medical substance use treatment programs are necessary, and lacking, for pregnant women who are living with HIV/AIDS and using substances. This type of medical care must address the management of a pregnant woman's substance use, the pregnancy itself, and her HIV disease simultaneously. Medical substance use treatment programs are also essential for helping women who use opioids (e.g., morphine, codeine, heroin) to avoid withdrawal, overdose, and high risk behaviours that can endanger the health of a woman and her fetus (Pinkham & Malinowska-Sempruch, 2008). Methadone remains the standard opioid substitution therapy, with proven medical and social benefits due to the stabilization of substance use and lifestyle, as well as increased contact with applicable services (Hepburn, 2004; Winklbaur et al., 2008; Wood et al., 2008). Because opioid withdrawal during pregnancy can be dangerous unless done under close medical supervision, researchers suggest that stabilization of substance use is more important than abstinence (Hepburn, 2004; Keegan et al., 2010; New York State Department of Health AIDS Institute, 2009). The importance of opioid substitution therapy for maternal and fetal outcomes is important for substance use treatment programs to consider when designing services for pregnant women, including those living with HIV/AIDS.

Other important factors that should be considered include: creating a woman-friendly environment, particularly for women who have experienced sexual and physical violence (El-Bassel, Terlikbaeva, & Pinkham, 2010; Pinkham & Malinowska-Sempruch, 2008; Saskatchewan Ministry of Health, 2009c; Saskatchewan Prevention Institute, 2012); childcare for women who have other children to care for (Pinkham & Malinowska-Sempruch, 2008; New York State Department of Health AIDS Institute, 2009; Saskatchewan Ministry of Health, 2009c; Wood & Tobias, 2005); and multidisciplinary care, preferably in a community-based setting (Hepburn, 2004). Gyarmathy et al. (2009) suggest that this multidisciplinary care should include interventions in several areas: substance use, infectious diseases, mental health, personal and social welfare, and gynaecological/obstetric care.

Pinkham and Malinowska-Sempruch (2008) point out that although child-friendly treatment facilities would help some women, other women do not want to undergo treatment in the presence of their children. For these women, access to effective outpatient treatment that interferes as little as possible with their childcare and household responsibilities is vital for treatment success. Most importantly perhaps, meaningful involvement of pregnant women who use substances in service design and delivery can greatly improve the effectiveness and efficiency of substance use treatment programs, by focusing on what the women themselves actually need and respond to (Pinkham & Malinowska-Sempruch, 2008). Although peer-led, community-based programs are effective in improving access to treatment and care, including that for HIV infection, too few of such programs focus on women who use substances (El-Bassel et al., 2010).

The Alberta Alcohol and Drug Abuse Commission (2006) states that substance use treatment for women should “emphasize an approach that promotes a safe and welcoming environment, that is respectful and non-judgemental, that is tailored to at-risk women, that is culturally relevant, and that delivers a consistent message” (p. 25). These characteristics are viewed as necessary for successful outcomes.

As previously discussed, researchers have stated that substance use treatment should be considered primary HIV prevention, due to the fact that substance use treatment often leads to a reduction in HIV risk behaviours (Chaudhury et al., 2011; National Institute on Alcohol Abuse and Alcoholism, 2002; NIDA, 2006). Substance use treatment has also been shown to reduce the risk of MTCT of HIV, indicating that this type of treatment is also an effective HIV transmission prevention strategy. El-Bassel et al. (2010) state that failure to address the needs of pregnant women who use substances “will ensure that the cycle of addiction and HIV infection are passed to the next generation” (p. 313). Therefore, the importance of access to appropriate substance use treatment programs for pregnant women and for pregnant women living with HIV/AIDS cannot be discounted. Such access can serve to improve maternal and fetal health, improve pregnancy outcomes, and reduce rates of HIV infection and MTCT of HIV.

#### **4.2 Future Research Directions**

The current environmental scan focused on available substance use treatment programs for pregnant women, including those that may be living with HIV/AIDS. Although the Saskatchewan-based programs were asked whether women could continue treatment after giving birth, this was not the focus of the current scan. Because programming and ongoing support is extremely important after the baby is born, future research could examine the availability of substance use treatment and support programs for new mothers. Particularly important are programs that allow a mother to stay with her newborn. Research conducted around pregnancy and health behaviours suggests that pregnancy can be a powerful motivator to bring about positive change for the mother and her baby (Pinkham & Malinowska-Sempruch, 2008).



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## **Appendix A. Interview Schedule for Saskatchewan Substance Use Treatment Programs**

Hello, my name is \_\_\_\_\_, and I am calling on behalf of the Saskatchewan Prevention Institute. We are conducting a scan of available substance use treatment services and programs in Saskatchewan, and I was wondering if I could briefly speak to someone about the services that you offer?

(IF NO: Ask if another time would be better or if there is someone else that would be able to answer the questions.)

(IF ASKED: Purpose is to develop an information resource about substance use treatment services available for specific populations. This resource will be shared with interested health care professionals.)

### **Name of the Program/Centre:**

1. Please provide a brief description of services and supports provided.
  
2. Does the program provide services to women?
  - a. If yes, please describe, including all supports provided.
  
3. Does the program provide services to pregnant women?
  - a. If yes, please describe.
  
  - b. If no, please explain why not (e.g. not equipped to deal with medical issues).
  
4. Does the program have priority spots for pregnant women?
  - a. If yes, how many spots? Is there a wait list?
  
5. Are any programs and services provided for people who are living with HIV or at high risk of HIV infection?
  - a. If yes, please describe.  
PROMPT – Do you offer any education and/or prevention services focused on HIV?  
If yes, please describe.
  
6. Does the program work with (or admit) women on methadone? (If the reaction to this question is strongly negative, consider skipping the follow-up questions.)
  - a. If yes, does the program have the capability to monitor and care for someone on methadone? Does the program prescribe or maintain?
  
  - b. If no, do you know the reason why not?

7. What age range is served by the program?
8. What types of addictions are addressed by the program?  
Alcohol  
IDU  
Opioids  
Inhalants  
Prescription drugs  
All substance addictions  
Other \_\_\_\_\_
9. What type of program/services do you offer?
  - a. Detoxification
  - b. Drug rehab
  - c. Long term residential
  - d. Short term residential
  - e. Outpatient / Day programs

**Additional questions that were asked in follow-up phone calls (May/June, 2012):**

1. What is the length of the program?
2. How do people access programming?
  - a. Self admit
  - b. Referral from \_\_\_\_\_
  - c. Assessment from \_\_\_\_\_
3. Is detoxification required prior to admission?
4. Is the program closed (i.e., a program set for a specific time period with the same group) or open (i.e., people can join at any time)?
5. During the intake process, are women required to disclose their HIV status?
6. FOR INPATIENT CENTRES ONLY – If a woman gives birth while in treatment, is she able to complete her treatment?
  - a. Can babies room-in with their mothers?
  - b. Are older children welcome?

## Appendix B – Index of Saskatchewan Substance Use Treatment Programs

Below is an index of Saskatchewan substance use treatment programs. More information about each of the programs can be found in Appendix C, on the page noted in the index, including information about the services provided and the intake process. The Saskatchewan Ministry of Health provides the following information about each of the types of substance use treatment offered in Saskatchewan (see <http://www.health.gov.sk.ca/alcohol-and-drug-services>).

**Detoxification:** For people with more severe substance use problems, treatment often begins in a detoxification facility. Staff at these facilities work to provide a safe and comfortable environment in which the client is able to undergo the process of alcohol and other substance withdrawal and stabilization. Usually detoxification lasts seven to 10 days. During this time, clients return to normal daily living routines, participate in activities held at the facility, and are linked with resources in the community including self help groups.

**Outpatient services:** Outpatient service agencies are the starting point for families and individuals concerned about their own or others' use of alcohol or other substances. Most people with substance use problems can be adequately helped on an outpatient basis. Qualified addictions rehabilitation counsellors provide a whole range of services, including assessments, intensive one-on-one and group counselling, education and support. While attending outpatient appointments, clients continue to carry on with their day-to-day activities, such as working, school and caring for the family.

**Inpatient services:** These programs offer activities similar to those of outpatient services, but on a more structured and intensive basis, with the client actually living at the facility. Programs usually last about four weeks but may run longer depending on individual needs. Long-term residential facilities provide services for a more extended period to individuals who may also require assistance in other life areas. The facilities offer counselling, education and relapse prevention in a safe and supportive environment. Life skills training, which allows clients to further develop and enhance the skills needed for treatment to be successful is also an important service offered at such facilities.

Program	Pregnant Women Receive Priority	Outpatient Services	Detox Services	Inpatient Services	Admit Clients on Methadone	Request HIV Status	Refer to Page #
<b>Saskatchewan First Nations Treatment Programs</b>							
Armand Bekattla				X	X	X	32
BTCIH Outreach		X			X		29
Cree Nations Treatment Haven				X	X Prescribe & maintain	X	32

Program	Pregnant Women Receive Priority	Outpatient Services	Detox Services	Inpatient Services	Admit Clients on Methadone	Request HIV Status	Refer to Page #
<b>Saskatchewan First Nations Treatment Programs continued</b>							
Ekweskeet Healing Lodge				X		X	33
English River First Nation		X					29
Kahkewistahaw Band		X					30
Keeseekooseland Band		X					30
Mistaheya Musquah Treatment Centre				X		X	33
Sakwatamo Lodge				X		X	33
Saulteaux Healing and Wellness Centre		X			X	X	31
Star Blanket Alcohol & Drug Abuse Program		X					31
Wapiimoostosis Healing Centre				X		X	34
White Buffalo Treatment Centre				X	X	X	34
<b>Métis Treatment Programs</b>							
Prince Albert Métis Addictions Council of Saskatchewan Incorporated (MACSI)		X		X	X	X	35, 36
Regina - MACSI		X		X	X	X	35, 37
Saskatoon - MACSI		X		X	X	X	36, 37

Program	Pregnant Women Receive Priority	Outpatient Services	Detox Services	Inpatient Services	Admit Clients on Methadone	Request HIV Status	Refer to Page #
<b>Athabasca Health Region Treatment Programs</b>							
Athabasca Health Facility - Black Lake	X	X					37
Black Lake Clinic Addiction Services	X	X					37
Fond Du Lac Clinic Addiction Services	X	X					37
Hatchet Lake Addiction Services	X	X					37
<b>Cypress Health Region Treatment Programs</b>							
Leader – Addiction and Mental Health	X	X			X	X	39
Maple Creek Hospital	X	X			X	X	39
Shaunavon Hospital	X	X			X	X	39
Swift Current - Addiction and Mental Health Services	X	X			X	X	39
<b>Five Hills Health Region Treatment Programs</b>							
Assiniboia - Addiction Services		X			X		40
Moose Jaw - Mental Health & Addiction Services		X			X		40
Wakamow Manor	X		X		X	X	40



Program	Pregnant Women Receive Priority	Outpatient Services	Detox Services	Inpatient Services	Admit Clients on Methadone	Request HIV Status	Refer to Page #
<b>Heartland Health Region Treatment Programs</b>							
Biggar - Addiction Services	X	X			X		41
Kindersley - Addiction Services	X	X			X		41
Outlook - Addiction Services	X	X			X		41
Rosetown - Addiction Services	X	X			X		41
Unity - Addiction Services	X	X			X		41
<b>Keewatin Yatthé Health Region Treatment Programs</b>							
Beauval Health Clinic		X					43
Buffalo Narrows Clinic		X			X		42
Family Healing Unit		X	X				42, 43
La Loche Health Centre		X					43, 44
<b>Kelsey Trail Health Region Treatment Programs</b>							
Hudson Bay/ Porcupine Plains		X			X		44
Melfort - Addiction Services	X	X					45
Nipawin - Addiction Services	X	X					45
Pine Island Outpatient Centre	X	X					44
Tisdale - Addiction Services	X	X					45

Program	Pregnant Women Receive Priority	Outpatient Services	Detox Services	Inpatient Services	Admit Clients on Methadone	Request HIV Status	Refer to Page #
<b>Mamawetan Churchill River Health Region Treatment Programs</b>							
CADAC Outpatient Centre	X	X			X		45
La Ronge Health Centre - Mental Health and Addictions Services	X	X	X	Day program	X Developing a program	X	46, 47, 48
Pinehouse Health Centre		X					46
Sandy Bay Addictions and Mental Health Center		X			X		46
Youth Addiction Services	X	X					47
<b>Prairie North Health Region Treatment Programs</b>							
Hopeview Residence				X		X	50
Lloydminster - Mental Health and Addictions Services	X	X			X		48
North Battleford - Addiction Services	X	X			X		48
Robert Simard Centre - Addictions Services	X	X	X		X		48, 49
Thorpe Recovery Centre	X		X	X	X	X	49, 50
<b>Prince Albert Parkland Health Region Treatment Programs</b>							
Big River School - Addiction Services		X			X		51, 52
Birch Hills - Addiction Services		X			X		51, 52

<b>Program</b>	<b>Pregnant Women Receive Priority</b>	<b>Outpatient Services</b>	<b>Detox Services</b>	<b>Inpatient Services</b>	<b>Admit Clients on Methadone</b>	<b>Request HIV Status</b>	<b>Refer to Page #</b>
<b>Prince Albert Parkland Health Region Treatment Programs continued</b>							
Canwood School - Addiction Services		X			X		51, 52
Kinistino/Weldon School - Addiction Services		X			X		51, 52
Leask School - Addiction Services		X			X		51, 52
Meath Park - Addiction Services		X			X		51, 52
Prince Albert Adult Addiction Services		X			X		51
Prince Albert Youth Addiction Services		X			X		51
Brief and Social Detox		X	X		X		53
Cooperative Health Clinic (Methadone Assisted Recovery)	X	X			X Prescribe & maintain	Only for priority treatment	51
Debden School - Addiction Services		X			X		51, 52
Pineview Youth Treatment Centre	X	X		X	X		52
Shellbrook & area -Addiction Services		X			X		51, 52
Spiritwood & area - Addiction Services		X			X		51, 52

<b>Program</b>	<b>Pregnant Women Receive Priority</b>	<b>Outpatient Services</b>	<b>Detox Services</b>	<b>Inpatient Services</b>	<b>Admit Clients on Methadone</b>	<b>Request HIV Status</b>	<b>Refer to Page #</b>
<b>Regina-Qu'Appelle Health Region Treatment Programs</b>							
Detox Centre			<b>X</b>				<b>55</b>
Fort Qu'Appelle - Addiction Services	<b>X</b>	<b>X</b>			<b>X</b>		<b>54</b>
Grenfell - Rural Addiction Services	<b>X</b>	<b>X</b>			<b>X</b>		<b>54</b>
Main Office – Adult Addiction Services	<b>X</b>	<b>X</b>			<b>X</b>		<b>54</b>
Methadone Clinic	<b>X</b>	<b>X</b>			<b>X Prescribe &amp; maintain</b>	<b>Only for priority treatment</b>	<b>55</b>
Pine Lodge Treatment Centre				<b>X</b>			<b>56</b>
Secure Youth Detox Centre			<b>X</b>		<b>X Prescribe &amp; maintain</b>	<b>X</b>	<b>56</b>
Youth Addiction Services	<b>X</b>	<b>X</b>			<b>X</b>		<b>54</b>
<b>Saskatoon Health Region Treatment Programs</b>							
Calder Centre	<b>X</b>		<b>X</b>	<b>X</b>	<b>X</b>	<b>X</b>	<b>59</b>
Calder Centre - Youth Stabilization	<b>X</b>		<b>X</b>		<b>X</b>		<b>58</b>
Humbolt District Health Complex - Mental Health and Addiction Services	<b>X</b>	<b>X</b>			<b>X</b>		<b>57</b>
Lanigan - Addiction Services	<b>X</b>	<b>X</b>			<b>X</b>		<b>57</b>

<b>Program</b>	<b>Pregnant Women Receive Priority</b>	<b>Outpatient Services</b>	<b>Detox Services</b>	<b>Inpatient Services</b>	<b>Admit Clients on Methadone</b>	<b>Request HIV Status</b>	<b>Refer to Page #</b>
<b>Saskatoon Health Region Treatment Programs continued</b>							
Methadone Assisted Recovery Services	X	X			X Prescribe & maintain	Only for priority treatment	58
Rosthern - Addiction Services	X	X			X		57
Saskatoon – Adult Addiction Services	X	X			X		57
Saskatoon – Youth Addiction Services	X	X			X		57
Social Detox and Brief Detox	X		X		X	X	59
<b>Sun Country Health Region Treatment Programs</b>							
Community Support Program		X			X		60
Kipling Memorial Health Centre - Addiction Services		X			X		61
St. Joseph's Addiction Services		X			X		60
Weyburn - Addiction Services		X			X		60
Youth Addiction Services		X			X		60
<b>Sunrise Health Region</b>							
Saul Cohen Centre Addictions Services		X			X		61
Yorkton - Mental Health and Addictions		X			X		61

## Appendix C – Program Information for Saskatchewan Substance Use Treatment Programs That Provide Services for Pregnant Women

The following table is organized by treatment provider (e.g., First Nations treatment programs, Metis Addictions Council, Saskatchewan health region), and further broken down by type of treatment provided (e.g., outpatient, inpatient, detox,

Saskatchewan First Nations Treatment Programs		
Outpatient Programs		
<b>BTCIH Outreach</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women, men and youth (10 years and older) with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outpatient treatment</li> <li>• Ongoing group sessions</li> <li>• Individual and parent/child counselling</li> <li>• Admit clients on methadone</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> <li>• Pregnant women are referred to Maternal and Child program</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by family or outside agencies</li> </ul>
	<b>Contact Information</b>	BTCIH Outreach 1192-101st Street, 2nd Floor Box 1658 North Battleford, SK S9A 3W2 Tel: (306) 937-6700 Fax: (306) 468-2072 Email: <a href="mailto:jwkennedy@btchealth.org">jwkennedy@btchealth.org</a>
<b>English River First Nation (National Native Alcohol and Drug Abuse Program; NNADAP)</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Primarily First Nations women, men, and youth but accept all nations</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outpatient treatment</li> <li>• Drug and alcohol rehabilitation counselling</li> <li>• Workshops</li> <li>• Relapse prevention</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by outside agencies</li> </ul>
	<b>Contact Information</b>	English River First Nation NNADP Drug and Addiction Program Box 60 Patuanak, SK S0M 2H0 Tel: (306) 396-2070 Fax: (306) 396-2177

<b>Kahkewistahaw Band - NNADAP</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>Primarily First Nations women, men, and youth but accept all nations</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Outpatient treatment</li> <li>Drug and alcohol rehabilitation counselling</li> <li>Workshops</li> <li>Relapse prevention</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>Individuals can self refer or referrals can be done by outside agencies</li> </ul>
	<b>Contact Information</b>	Kahkewistahaw Band PO Box 850 Broadview, SK S0G 0K0 Tel: (306) 696-2660 Fax: (306) 696-3201
<b>Keeseekoose Band - NNADAP</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>Primarily First Nations women, men, and youth but accept all nations</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Outpatient treatment</li> <li>Drug and alcohol rehabilitation counselling</li> <li>Workshops</li> <li>Relapse prevention</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>Individuals can self refer or referrals can be done by outside agencies</li> </ul>
	<b>Contact Information</b>	Keeseekoose Band PO Box 1120 Kamsack, SK S0A 1S0 Tel: (306) 542-2012 ext. 236 Fax: (306) 542-2586

<b>Saulteaux Healing and Wellness Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outpatient treatment (4 month program)</li> <li>• Continuous intake</li> <li>• Admit clients on methadone</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by outside agencies</li> <li>• Detox required</li> <li>• HIV status requested upon intake</li> </ul>
	<b>Contact Information</b>	<p>Saulteaux Healing and Wellness Centre            Box 868            Kamsack, SK S0A 1S0            Tel: (306) 542-4110            Email: <a href="mailto:shwc@sasktel.net">shwc@sasktel.net</a></p>
<b>Star Blanket Alcohol and Drug Abuse Program - NNADAP</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Primarily First Nations women, men, and youth but accept all nations</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outpatient treatment</li> <li>• Drug and alcohol rehabilitation counselling</li> <li>• Provide referrals for methadone treatment</li> <li>• Workshops</li> <li>• Relapse prevention</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by outside agencies</li> </ul>
	<b>Contact Information</b>	<ul style="list-style-type: none"> <li>• Star Blanket Alcohol and Drug Abuse Program            PO Box 456            Balcarres, SK S0G 0C0            Tel: (306) 334-2206</li> </ul>



## Saskatchewan First Nations Treatment Programs

### Inpatient Programs

<b>Armand Bekattla</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment (4 week closed program); 17 beds</li> <li>• Admit clients on methadone</li> <li>• Elders available for counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Referral needed from NNADAP worker or addictions counsellor</li> <li>• Assessment is taken from referral agency</li> <li>• Detox is required - preferably 7-10 days but flexible if necessary</li> <li>• HIV status requested on intake form of referral agency</li> </ul>
	<b>Contact Information</b>	Armand Bekattla Box 5010 Clearwater River, SK S0M 3H0 Tel: (306) 822-2033 Email: <a href="mailto:crdntc@sasktel.net">crdntc@sasktel.net</a>
<b>Cree Nations Treatment Haven</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment (35 day open program); 7 beds</li> <li>• Prescribe methadone and admit clients already on methadone</li> <li>• Couple counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women - may not accept women in late third trimester due to facilities</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by outside agencies</li> <li>• Detox is required</li> <li>• Medical assessment completed upon intake, and HIV status is requested</li> </ul>
	<b>Contact Information</b>	Cree Nations Treatment Haven Box 340 Canwood, SK S0J 0K0 Tel: (306) 468-2072 Email: <a href="mailto:cree.nations@sasktel.net">cree.nations@sasktel.net</a> <b>Website:</b> <a href="http://www.creenationstreatmenthaven.com">www.creenationstreatmenthaven.com</a>

<b>Ekweskeet Healing Lodge</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment (6 week closed program -will take new clients during the first week of the program if space is available); 7 beds</li> <li>• Couples counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by outside agencies</li> <li>• Detox is required</li> <li>• Medical assessment done upon intake, and HIV status requested</li> </ul>
	<b>Contact Information</b>	Ekweskeet Healing Lodge Box 280 Onion Lake, SK S0M 2E0 Tel: (306) 344-2094 Toll-free: 1-866-314-1740 Email: <a href="mailto:hilary.harper@onionlake.ca">hilary.harper@onionlake.ca</a>
<b>Mistahey Musqua Treatment Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment (32 day program); 6 beds</li> <li>• Couples counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Require referral from community addictions worker</li> <li>• HIV status requested upon intake</li> </ul>
	<b>Contact Information</b>	Mistahey Musqua Treatment Centre Box 404 Loon Lake, SK S0M 1L0 Tel: (306) 837-2184 Toll free: 1-866-530-2184 Email: <a href="mailto:mmtc@sasktel.net">mmtc@sasktel.net</a>
<b>Sakwatamo Lodge</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment (40 day closed program); 10 beds</li> <li>• Family treatment; children aged 0-11 can room-in</li> <li>• Couples counselling and parent/child counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> <li>• If woman is late in her third trimester, she is asked to wait to start the program until after the is baby born</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by outside agencies</li> <li>• HIV status requested upon intake</li> </ul>
	<b>Contact Information</b>	Sakwatamo Lodge Box 3917 Melfort, SK S0E 1A0 Ph: (306) 864-3631 or (306) 864-3632 or (877) 864-3631 (Toll free) Email: <a href="mailto:sakwatamo@sasktel.net">sakwatamo@sasktel.net</a>

<b>Wapiimoostosis Healing Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations women and men (18 years and older) with substance use issues</li> <li>• Residential school victims</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment (28 day closed program); 12 beds</li> <li>• One-on-one counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by outside agencies</li> <li>• Detox is preferred but not mandatory</li> <li>• Medical assessment done upon intake, and HIV status requested</li> </ul>
	<b>Contact Information</b>	Wapiimoostosis Healing Centre Box 117 Lebret, SK S0G 2Y0 Tel: (306) 332-3363 Fax: (306) 332-3366
<b>White Buffalo Treatment Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit female youth (12 – 17 years old) with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment (6 month program); 10 beds</li> <li>• Admit women on methadone</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> <li>• If baby is born while the mother is in the program, the baby can room-in</li> <li>• Other children are able to stay on weekends</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Require referral from healthcare provider, NNADAP worker or addictions counsellor</li> <li>• HIV status requested upon intake</li> </ul>
	<b>Contact Information</b>	White Buffalo Treatment Centre Located on Sturgeon Lake First Nation Box 2500 Prince Albert, SK S6V 7G3 Tel: (306) 764-5250 Toll free: 1-888-764-9282 Fax: (306) 764-5255 Email: <a href="mailto:wbuffalo@sasktel.net">wbuffalo@sasktel.net</a> Website: <a href="http://www.members.shaw.ca/ysac/centres/WhiteBuffaloYouthCentre.htm">http://www.members.shaw.ca/ysac/centres/WhiteBuffaloYouthCentre.htm</a>

<b>Saskatchewan Métis Addictions Council Treatment Programs</b>		
<b>Outpatient Programs</b>		
<b>Prince Albert Métis Addictions Council of SK Incorporated (MACSI) Program</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues</li> <li>• Some reliance on cultural teachings but anyone is welcome</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outpatient treatment</li> <li>• Admit women on methadone</li> <li>• Provide referrals for detox</li> <li>• Group and one-on-one counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by family or outside agencies</li> <li>• HIV status requested upon intake</li> </ul>
	<b>Contact Information</b>	MACSI - Prince Albert 334 - 19 Street East Prince Albert, SK S6V 1J7 Tel: (306) 953-8250 Toll-free: 1-866-722-2155 (Saskatchewan only) Fax: (306) 953-8261
<b>Regina - MACSI</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues</li> <li>• Some reliance on cultural teachings but anyone is welcome</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outpatient treatment</li> <li>• Admit clients on methadone</li> <li>• Provide referrals for detox</li> <li>• Group and one-on-one counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by family or outside agencies</li> <li>• HIV status requested upon intake</li> </ul>
	<b>Contact Information</b>	MACSI - Regina 329 College Avenue East Regina, SK S4N 0V9 Tel: (306) 352-9601 Toll-free: 1-866-815-6515 (Saskatchewan only) Fax: (306) 347-7902

Saskatoon - MACSI	Population Addressed	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues</li> <li>• Some reliance on cultural teachings but anyone is welcome</li> </ul>
	Services Provided	<ul style="list-style-type: none"> <li>• Outpatient treatment, including a 6 week day program</li> <li>• Admit clients on methadone</li> <li>• Provide referrals for detox</li> <li>• Group and one-on-one counselling</li> </ul>
	Services for Pregnancy	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	Intake Process	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by family or outside agencies</li> <li>• HIV status requested upon intake</li> </ul>
	<b>Contact Information</b>	<p>Saskatoon 335 Avenue G South Saskatoon, SK S7M 1V2 Tel: (306) 652-8951 Toll-free: 1-877-652-8951 (Saskatchewan only) Fax: (306) 306-665-0703</p>

### Saskatchewan Métis Addictions Council Treatment Programs

#### Inpatient Programs

Prince Albert - MACSI	Population Addressed	<ul style="list-style-type: none"> <li>• Women and men with substance use issues</li> <li>• Some reliance on cultural teachings but anyone is welcome</li> </ul>
	Services Provided	<ul style="list-style-type: none"> <li>• Inpatient treatment (28 day program); 16 beds</li> <li>• Admit clients on methadone</li> <li>• Group and one-on-one counselling</li> </ul>
	Services for Pregnancy	<ul style="list-style-type: none"> <li>• Admit pregnant women up until third trimester</li> </ul>
	Intake Process	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by family or outside agencies</li> <li>• HIV status requested upon intake</li> </ul>
	<b>Contact Information</b>	<p>MACSI - Prince Albert 334 - 19 Street East Prince Albert, SK S6V 1J7 Tel: (306) 953-8250 Toll-free: 1-866-722-2155 (Saskatchewan only) Fax: (306) 953-8261</p>

<b>Regina - MACSI</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women and men with substance use issues</li> <li>• Some reliance on cultural teachings but anyone is welcome</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment (28 day program); 12 beds</li> <li>• Admit clients on methadone</li> <li>• Group and one-on-one counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women up until third trimester</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by family or outside agencies</li> <li>• HIV status requested upon intake</li> </ul>
	<b>Contact Information</b>	Regina 329 College Avenue East Regina, SK S4N 0V9 Tel: (306) 352-9601 Toll-free: 1-866-815-6515 (Saskatchewan only) Fax: (306) 347-7902
<b>Saskatoon - MACSI</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women and men with substance use issues</li> <li>• Some reliance on cultural teachings but anyone is welcome</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment (28 day program); 15 beds</li> <li>• Admit clients on methadone</li> <li>• Group and one-on-one counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women up until third trimester</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by family or outside agencies</li> <li>• HIV status requested upon intake</li> </ul>
	<b>Contact Information</b>	Saskatoon 335 Avenue G South Saskatoon, SK S7M 1V2 Tel: (306) 652-8951 Toll-free: 1-877-652-8951 (Saskatchewan only) Fax: (306) 306-665-0703

## Saskatchewan Treatment Programs Organized by Health Region

Athabasca Health Region - <http://www.athabascahealth.ca/>

### Outpatient Programs

<b>Athabasca Health Authority Addictions Services</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outpatient treatment</li> <li>• Black Lake location has a 10 week outpatient program</li> <li>• Rehabilitation counselling, including intensive one-on-one and group counselling</li> <li>• Assessments, education and support</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Pregnant women receive priority treatment</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by family or outside agencies</li> </ul>
	<b>Contact Information</b>	<p>Addiction Services - Black Lake Athabasca Health Facility (near Stony Rapids) Box 124 Black Lake, SK S0J 0H0 Tel: (306) 439-2200 Fax: (306) 439-2211</p> <p>Addiction Services Black Lake Clinic Box 162 Black Lake, SK S0J 0H0 Tel: (306) 284-2124 Fax: (306) 284-2173</p> <p>Addiction Services Hatchet Lake Box 169 Hatchet Lake, SK S0J 3C0 Tel: (306) 633-2088 Fax: (306) 633-2013</p> <p>Addiction Services Fond Du Lac Clinic Box 39 Fond Du Lac, SK S0J 0W0 Tel: (306) 686-2077 Fax: (306) 686-2050</p>

Cypress Health Region - <http://www.cypresshealth.ca/>

## Outpatient Programs

<b>Cypress Health Region Addiction Services</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outpatient treatment</li> <li>• Screening and assessment for users and affected family and friends</li> <li>• Admit clients on methadone after screening by a physician</li> <li>• Alcohol and drug counselling, recovery planning</li> <li>• Community education and development</li> <li>• PARTY (Prevent Alcohol and Risk Related Trauma in Youth) program for youth</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Pregnant women receive priority treatment</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by family or outside agencies</li> <li>• Individuals are asked about medical conditions (including HIV) upon intake</li> </ul>
	<b>Contact Information</b>	<p>Addiction and Mental Health Services - Swift Current Centralized Intake 350 Cheadle Street West Swift Current, SK S9H 4G3 Tel: (306) 778-5280 Fax: (306) 778-5425</p> <p>Addictions and Mental Health Services Maple Creek Hospital Box 1328, 575 Hwy 21 South Maple Creek, SK S0N 1N0 Tel: (306) 778-5280 Fax: (306) 778-5425</p> <p>Addictions and Mental Health Services - Leader 519 Main St East Leader, SK S0N 1H0 Tel: (306) 778-5280 Fax: (306) 778-5425</p> <p>Addictions and Mental Health Services Shaunavon Hospital 660 4th St East Shaunavon, SK S0N 2M0 Tel: (306) 778-5280 Fax: (306) 778-5425</p>



**Five Hills Health Region - <http://www.fhhr.ca/>****Outpatient Programs**

<b>Five Hills Health Region</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Outpatient treatment</li> <li>Admit clients on methadone after screening by a physician</li> <li>Counselling and education sessions</li> <li>Moose Jaw location has a community education course</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>Individuals can self refer or referrals can be done by family or outside agencies</li> </ul>
	<b>Contact Information</b>	<p>Mental Health &amp; Addiction Services - Moose Jaw            Five Hills Health Region Centralized Intake            455 Fairford Street East, 4<sup>th</sup> Floor            Moose Jaw, SK S6H 1H3            Tel: (306) 691-6470 or (306) 694-0379            Fax: (306) 691-6461</p> <p>Addiction Services - Assiniboia            Assiniboia Union Hospital            501 6<sup>th</sup> Ave E            Box 1120            Assiniboia, SK S0H 0B0            Tel: (306) 642-9425            Fax: (306) 642-9459</p>

**Detoxification Programs**

<b>Wakamow Manor</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>Women, men and youth (16 years and older) with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Social detoxification treatment ( 10-14 days); 20 beds</li> <li>Admit clients on methadone</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Pregnant women receive priority treatment</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>Individuals can self refer or referrals can be done by family or outside agencies</li> <li>Individuals require physician clearance for detox; current prescriptions must be faxed in</li> <li>HIV status requested upon intake</li> </ul>
	<b>Contact Information</b>	<p>Wakamow Manor            200 Iroquois Street East            Moose Jaw, SK S6H 4T3            Tel: (306) 694-4030            Fax: (306) 694-4031</p>

Heartland Health Region - <a href="http://www.hrha.sk.ca/">http://www.hrha.sk.ca/</a>		
Outpatient Programs		
<b>Heartland Health Region Addictions Services</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outpatient treatment</li> <li>• Admit clients on methadone</li> <li>• Counselling</li> <li>• Referral to inpatient facilities</li> <li>• Drug Diversion Program</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Pregnant women receive priority treatment</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by family or outside agencies</li> </ul>
	<b>Contact Information</b>	<p>Addictions Services - Centralized Intake Toll-free: 1-866-268-9139</p> <p>Addiction Services - Biggar Box 130 Biggar, SK S0K 0M0 Tel: (306) 948-3323 (Ext. 234) Fax: (306) 948-3881</p> <p>Addiction Services - Kindersley 1003 1<sup>st</sup> Street West Kindersley, SK S0L 1S2 Tel: (306) 463-1000 (Ext. 403 or 404) Fax: (306) 463-5520</p> <p>Addiction Services - Rosetown Box 1300 Rosetown, SK S0L 2V0 Tel: (306) 882-6413 (ext 294) Fax: (306) 882-6474</p> <p>Addiction Services – Unity Box 741 Unity, SK S0K 4L0 Tel: (306) 228-2666 (ext 350) Fax: (306) 228-2281</p> <p>Addiction Services - Outlook Box 369 Outlook, SK S0L 2N0 Tel: (306) 867-8676 (ext 407) Fax: (306) 867-2069</p>

**Keewatin Yatthé Health Region - <http://www.kyrha.ca/>**
**Outpatient Programs**

<b>Buffalo Narrows Clinic – Mental Health and Addictions Services</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outpatient counselling</li> <li>• Admit clients on methadone</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by family or outside agencies</li> </ul>
	<b>Contact Information</b>	Mental Health and Addictions Services Buffalo Narrows Clinic Box 40 Buffalo Narrows, SK S0M 0J0 Tel: (306) 235-5846 Fax: (306) 235-4500
<b>Family Healing Unit, Addictions Recovery and Education Services</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outpatient treatment</li> <li>• One-on-one and group counselling</li> <li>• Referrals to inpatient treatment</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by outside agencies</li> </ul>
	<b>Contact Information</b>	<b>Family Healing Unit</b> Box 340 Ile a la Crosse, SK S0M 1C0 Tel: (306) 833-2462 Fax: (306) 833-2474

<b>Keewatin Yatthé Health Region Addictions Services</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outpatient treatment</li> <li>• Individual assessments</li> <li>• One-on-one counselling, family and group therapy</li> <li>• Referrals to residential or outpatient programs</li> <li>• Referrals to other professionals and agencies</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by family or outside agencies</li> </ul>
	<b>Contact Information</b>	<p>La Loche Health Centre Box 89 La Loche, SK S0M 1G0 Tel: (306) 822-3230 Centralized Intake Toll-free: 1-888-688-7087 Fax: (306) 822-2274</p> <p>Beauval Health Clinic Box 68 Beauval, SK S0M 0G0 Tel: (306) 288-4800 Toll-free: 1-888-848-8022 Fax: (306) 288-4622</p>

### Detoxification Programs

<b>Family Healing Unit, Addictions Recovery and Education Services</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Social detoxification (3 – 5 day program); 4 beds</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by family or outside agencies</li> </ul>
	<b>Contact</b>	<p><b>Addictions Recovery and Education Services Family Healing Unit</b> Box 340 Ile a la Crosse, SK S0M 1C0 Tel: (306) 833-2462 Fax: (306) 833-2474</p>

<b>La Loche Health Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Social detoxification; 4 beds</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>Individuals can self refer or referrals can be done by family or outside agencies</li> </ul>
	<b>Contact</b>	<p>La Loche Health Centre Box 89 La Loche, SK S0M 1G0 Tel: (306) 822-3230 Centralized Intake Toll-free: 1-888-688-7087 Fax: (306) 822-2274</p>
<b>Kelsey Trail Health Region - <a href="http://www.kelseytrailhealth.ca/">http://www.kelseytrailhealth.ca/</a></b>		
<b>Outpatient Programs</b>		
<b>Hudson Bay/ Porcupine Plains</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>Women and men (20 years and older) with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Outpatient treatment</li> <li>Admit clients on methadone after screening by a physician</li> <li>Counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>Individuals can self refer or referrals can be done by outside agencies</li> </ul>
	<b>Contact Information</b>	<p>Hudson Bay/Porcupine Plains Box 940 Hudson Bay, SK S0E 0Y0 Tel: (306) 865-4211 or (306) 752-8767 Fax: (306) 865-2141</p>
<b>Pine Island Outpatient Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Outpatient treatment</li> <li>Counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Pregnant women receive priority treatment</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>Individuals can self refer or referrals can be done by outside agencies</li> </ul>
	<b>Contact Information</b>	<p>Pine Island Outpatient Centre Box 218 Cumberland House, SK S0E 0S0 Tel: (306) 888-2155 Fax: (306) 888-4633</p>

<b>Kelsey Trail Health Region Addictions Services</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Outpatient treatment</li> <li>Behaviour management counselling</li> <li>Psychological assessment</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Pregnant women receive priority treatment and are seen within 24 hours</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>Individuals can self refer or referrals can be done by family or outside agencies</li> </ul>
	<b>Contact Information</b>	<p>Addiction Services – Melfort Box 1480 Melfort, SK S0E 1A0 Tel: (306) 752-8767 Fax: (306) 752-8764</p> <p>Addiction Services - Nipawin 800 - 6 Street East Nipawin, SK S0E 1E0 Tel: (306) 862-9822 Fax: (306) 862-3250</p> <p>Addiction Services – Tisdale Box 1630 Tisdale, SK S0E 1T0 Tel: (306) 873-3760 Fax: (306) 873-1049</p>

**Mamawetan Churchill River Health Region - <http://www.mcrrha.sk.ca/>**

### **Outpatient Programs**

<b>CADAC Outpatient Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Outpatient treatment</li> <li>Admit clients on methadone</li> <li>One-on-one and group counselling</li> <li>Referrals, education and resources</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Pregnant women receive priority treatment</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>Individuals can self refer or referrals can be done by family or outside agencies</li> </ul>
	<b>Contact Information</b>	<p>CADAC Outpatient Centre Box 760, 430 Main Street Creighton, SK S0P 0A0 Tel: (306) 688-8291 Fax: (306) 688-3784</p>

<b>La Ronge Health Centre, Mental Health and Addiction Services</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outpatient treatment</li> <li>• Developing a program for women on methadone</li> <li>• Counselling</li> <li>• Community presentations</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by family or outside agencies</li> </ul>
	<b>Contact Information</b>	Mental Health & Addictions Services - La Ronge Health Centre Box 6000, 227 Backlund Street La Ronge, SK S0J 1L0 Tel: (306) 425-4840 Fax: (306) 425-8514
<b>Pinehouse Health Centre, Addiction Services</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outpatient treatment</li> <li>• One-on-one counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by family or outside agencies</li> </ul>
	<b>Contact Information</b>	Addiction Services - Pinehouse Health Centre Box 70 Pinehouse, SK S0J 2B0 Tel: (306) 884-5689 Fax: (306) 884-5699
<b>Sandy Bay Addictions and Mental Health Center</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outpatient treatment</li> <li>• Admit clients on methadone</li> <li>• One-on-one counselling</li> <li>• Referrals to other treatment centres</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by family or outside agencies</li> </ul>
	<b>Contact Information</b>	Sandy Bay Addictions and Mental Health Center Box 40 Sandy Bay, SK S0P 0G0 Tel: (306) 754-5425 Fax: (306) 754-2048

<b>Youth Addiction Services</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>Youth (up to 18 years) with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Outpatient treatment</li> <li>One-on-one and group counselling, education and support</li> <li>Preventative work in the community</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Pregnant women receive priority treatment</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>Individuals can self refer or referrals can be done by family or outside agencies</li> </ul>
	<b>Contact Information</b>	Youth Addiction Services 320 Boardman Street Box 6000 La Ronge, SK S0J 1L0 Tel: (306) 425-8572 Fax: (306) 425-8570

### Day Programs

<b>La Ronge Health Centre, Mental Health and Addiction Services</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>Women and men (18 years and older) with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Day program treatment (50 hours, 5 hours a day); 8 beds</li> <li>Continuous intake</li> <li>Counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Pregnant women receive priority treatment</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>Individuals can self refer or referrals can be done by family or outside agencies</li> <li>Detox required</li> <li>HIV and HCV status requested upon intake</li> </ul>
	<b>Contact Information</b>	La Ronge Health Centre Box 6000, 227 Backlund Street La Ronge, SK S0J 1L0 Tel: (306) 425-4840 Fax: (306) 425-8514



Detoxification Programs		
<b>La Ronge Health Centre, Mental Health and Addiction Services</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>Women and men (18 years and older) with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Social detoxification (5 – 7 days); 8 beds</li> <li>Individuals also participate in the day program</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Pregnant women receive priority treatment</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>Individuals can self refer or referrals can be done by family or outside agencies</li> <li>HIV status requested upon intake</li> </ul>
	<b>Contact</b>	La Ronge Health Centre Box 6000, 227 Backlund Street La Ronge, SK S0J 1L0 Tel: (306) 425-4846 Fax: (306) 425-8514
Prairie North Health Region - <a href="http://www.pnrha.ca/">http://www.pnrha.ca/</a>		
Outpatient Programs		
<b>Prairie North Health Region Addiction Services</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Outpatient treatment</li> <li>Admit clients on methadone</li> <li>One-on-one and group counselling</li> <li>Education and support</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Pregnant women receive priority treatment</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>Individuals can self refer or referrals can be done by family or outside agencies</li> </ul>
	<b>Contact Information</b>	Mental Health & Addictions Services - Lloydminster 3830 43rd Avenue Lloydminster, SK S9V 1Y3 Tel: (306) 820-6250 Tel: (306) 820-6256  Addiction Services - North Battleford 1092 - 107 Street North Battleford, SK S9A 1Z1 Tel: (306) 446-6440 Fax: (306) 446-7343  Robert Simard Centre - Addictions Services 8 - 711 Centre Street Meadow Lake, SK S9X 1E6 Tel: (306) 236-1580 Fax: (306) 236-1400

<b>Detoxification Programs</b>		
<b>Robert Simard Centre, Addictions Services</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Social detoxification</li> <li>• Admit clients on methadone</li> <li>• One-on-one and group counselling</li> <li>• Education and support</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Pregnant women receive priority treatment</li> <li>• Women late in pregnancy require a doctor's note</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by family or outside agencies</li> </ul>
	<b>Contact Information</b>	Robert Simard Centre - Addictions Services 8 - 711 Centre Street Meadow Lake, SK S9X 1E6 Tel: (306) 236-1546 Fax: (306) 236-1607
<b>Thorpe Recovery Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women and men (18 years and older) with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Medical detoxification (5-7 days)</li> <li>• Admit clients on methadone on a case dependent basis</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Pregnant women receive priority treatment</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Require referral from an addictions counsellor</li> <li>• HIV status requested upon intake</li> </ul>
	<b>Contact Information</b>	Thorpe Recovery Centre 4204 54th Street Lloydminster, AB T9V 2R6 Tel: (780) 875-8890 Fax: (780) 875-2161

<b>Inpatient Programs</b>		
<b>Thorpe Recovery Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women and men (18 years and older) with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient, closed treatment ( 42-day program)</li> <li>• Admit clients on methadone on a case dependent basis</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Pregnant women receive priority treatment</li> <li>• Do not have facilities to allow women to continue treatment if they give birth while in residence</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Require referral from an addictions counsellor</li> <li>• Detox preferred but not required</li> <li>• HIV status requested upon intake</li> </ul>
	<b>Contact Information</b>	Thorpe Recovery Centre (Short-term residential service) 4204 54th Street Lloydminster, AB T9V 2R6 Tel: (780) 875-8890 Fax: (780) 875-2161
<b>Hopeview Residence</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women and men (19 years and older) with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment (12 week program); 9 beds</li> <li>• Abstinence based</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women in 1st and 2nd trimester, but not in the third</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Require referral from a mental health and addictions worker</li> <li>• Detox is required</li> <li>• HIV status is requested during intake medical assessment</li> </ul>
	<b>Contact Information</b>	Hopeview Residence (Long-term Residential Services) 1891 - 96th Street North Battleford, SK S9A 0J1 Tel: (306) 446-7370 Fax: (306) 445-0424

Prince Albert Parkland Health Region - <a href="http://www.paphr.sk.ca/">http://www.paphr.sk.ca/</a>		
Outpatient Programs		
<b>Cooperative Health Clinic (Methadone Assisted Recovery Program)</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women and men (17 years and older) with opiate use issues</li> <li>• Priority given to people living with HIV/AIDS</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outpatient treatment</li> <li>• Prescribe methadone and admit clients already on methadone</li> <li>• Screening and assessment</li> <li>• One-on-one addictions counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Pregnant women receive priority treatment</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Doctor must send current prescriptions</li> <li>• Intake assessment with a case coordinator</li> <li>• Do not have to disclose HIV status unless requesting priority treatment</li> </ul>
	<b>Contact Information</b>	Cooperative Health Clinic (Methadone Assisted Recovery Program) 110 - 8th Street East Prince Albert, SK S6V 0V7 Tel: (306) 953-6241 Fax: (306) 763-2207
<b>Prince Albert-Parkland Health Region Addictions Services</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outpatient treatment</li> <li>• Admit women on methadone</li> <li>• Referral services to inpatient, outpatient and/or self-help programs and other agencies</li> <li>• One-on-one counselling, including child and parent/child counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by outside agencies</li> </ul>
	<b>Contact Information</b>	<p>Addiction Services - Prince Albert - Adult 101 - 15 Street East Prince Albert, SK S6V 1G1 Tel: (306) 765-6550 Fax: (306) 765-6554</p> <p>Addiction Services - Prince Albert - Youth 101 - 15 Street East Prince Albert, SK S6V 1G1 Tel: (306) 765-6565 Fax: (306) 765-6567</p>

	<p>Addiction Services - Birch Hills                  Birch Hills Health Centre                  7 Wilson Street - Box 578                  Birch Hills, SK S0J 0G0                  Tel: (306) 749-3302 or Cell: (306) 961-0772                  Fax: (306) 749-2440</p> <p>Addiction Services - Kinistino/Weldon School                  Cell: (306) 864-8022</p> <p>Addiction Services - Meath Park School                  Tel: (306) 922-2131 or Cell: (306) 940-9112</p> <p>Addiction Services - Leask School                  Tel: (306) 466-2206 or Cell: (306) 960-1683</p> <p>Addiction Services - Big River School                  Tel: (306) 469-2288 or Cell: (306) 469-0019</p> <p>Addiction Services - Canwood School                  Tel: (306) 468-2150 or Cell: (306) 469-0019</p> <p>Addiction Services - Debden School                  Tel: (306) 724-2181 or Cell: (306) 469-0019</p> <p>Addiction Services - Shellbrook &amp; Area                  211 2<sup>nd</sup> Avenue West                  Box 70                  Shellbrook, SK S0J 2E0                  Tel: (306) 747-4275 or Cell: (306) 747-7274                  Fax: (306) 747-3004</p> <p>Addiction Services - Spiritwood &amp; Area                  Box 69                  Spiritwood, SK S0J 2M0                  Tel: (306) 883-3344 or Cell: (306) 883-8004                  Toll-free: 1-866-335-8633                  Fax: (306) 883-4440</p>
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<b>Detoxification Programs</b>		
<b>Brief and Social Detox</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women and men (18 years and older) with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Brief detoxification (24 hours); 8 beds</li> <li>• Social detox(3 – 18 days); 6 beds</li> <li>• Continuous intake</li> <li>• Admit women on methadone</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> <li>• Attached to hospital so can admit pregnant women at any time</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by outside agencies</li> </ul>
	<b>Contact Information</b>	Brief and Social Detox Victoria Hospital Site 1200 - 24th St. West Box 3000 Prince Albert, SK S6V 5T4 Tel: (306) 765-6700 Fax: (306) 765-6701
<b>Inpatient Programs</b>		
<b>Pineview Youth Treatment Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Youth (12 – 17 years) with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment (28 day program); 6 beds</li> <li>• Continuous intake</li> <li>• Admit youth on methadone</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Pregnant women receive priority treatment</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by outside agencies</li> </ul>
	<b>Contact Information</b>	Pineview Youth Treatment Centre Unit 7 - 701 - 13th St. West Pineview Terrace Prince Albert, SK S6V 3H2 Tel: (306) 765-6670 Fax: (306) 765-6674

Regina-Qu’Appelle Health Region - <a href="http://www.rghealth.ca/">http://www.rghealth.ca/</a>		
Outpatient Programs		
Regina-Qu’Appelle Health Region, Addiction Services	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Day patient and outpatient treatment</li> <li>• Admit clients on methadone</li> <li>• Counselling and treatment for clients and their families</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Pregnant women receive priority treatment</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by outside agencies</li> </ul>
	<b>Contact Information</b>	<p>Addiction Services (Main Office – Adult Addictions)                      1640 Victoria Avenue                      Regina, SK S4P 0P7                      Tel: (306) 766-6600                      Fax: (306) 766-7909</p> <p>Addiction Services (Youth)                      2110 Hamilton Street                      Regina, SK S4P 2E3                      Tel: (306) 766-7910                      Fax: (306) 766-7909</p> <p>Addiction Services - Fort Qu’Appelle                      178 Boundary Ave - Box 1819                      Fort Qu’Appelle, SK S0G 1S0                      Tel: (306) 332-3300                      Fax: (306) 332-1226</p> <p>Rural Addiction Services - Grenfell                      721 Stella Street - Box 970                      Grenfell, SK S0G 2B0                      Toll Free: 1-866-367-8743                      Tel: (306) 697-4032                      Fax: (306) 697-2556</p>

<b>Methadone Clinic</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men and youth who with opiate use issues</li> <li>• Priority given to individuals living with HIV/AIDS</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outpatient treatment</li> <li>• Prescribe methadone and admit clients already on methadone</li> <li>• Screening and assessment</li> <li>• One-on-one counselling, outreach, and education</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Pregnant women receive priority treatment</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by outside agencies</li> <li>• Disclosure of HIV status is required if requesting priority treatment</li> </ul>
	<b>Contact Information</b>	<p>Methadone Clinic                      1048 Albert Street                      Regina, SK S4R 2P8                      Tel: (306) 766-6350                      Fax: (306) 766-7</p>

**Detoxification Programs**

<b>Detox Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Social detoxification (5 - 7 days)</li> <li>• One-on-one and group counselling, education</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Require referral from a doctor</li> </ul>
	<b>Contact Information</b>	<p>Detox Centre                      1640 Victoria Avenue                      Regina, SK S4P 0P7                      Tel: (306) 766-6600                      Fax: (306) 766-7969</p>



<b>Secure Youth Detox</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>Youth (12 – 18 years) who have received a detoxification order through the Youth Drug Detox and Stabilization Act</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Residential medical detox (5 to 15 days); 6 beds</li> <li>Prescribe methadone and admit clients already on methadone</li> <li>One-on-one and group counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>Detox order is required; individuals can then self refer or referrals can be done by outside agencies</li> <li>HIV status requested during intake</li> </ul>
	<b>Contact Information</b>	Secure Youth Detox Centre Ritter Avenue & Toot Hill Box 1452 Regina, SK S4P 3C2 Tel: (306) 787-1058 Fax: (306) 798-4307
<b>Inpatient Programs</b>		
<b>Pine Lodge Treatment Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>Women and men (18 years and older) with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Inpatient treatment (28 day program)</li> <li>Abstinence based - do not accept individuals on methadone</li> <li>Group counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Admit pregnant women</li> <li>If pregnant woman is in her third trimester, she is asked to wait until the baby is born to start treatment</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>Require referral from Alcohol and Drug Services</li> <li>Detox required</li> </ul>
	<b>Contact Information</b>	Pine Lodge Treatment Centre Box 457 Indian Head, SK S0G 2K0 Tel: (306) 695-2251 Fax: (306) 695-2514

Saskatoon Health Region - <a href="http://www.saskatoonhealthregion.ca/">http://www.saskatoonhealthregion.ca/</a>		
Outpatient Programs		
Saskatoon Health Region Addictions Services	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outpatient treatment</li> <li>• Admit individuals on methadone</li> <li>• Counselling</li> <li>• Referrals for detox</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Pregnant women receive priority treatment</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by family or outside agencies</li> </ul>
	<b>Contact Information</b>	<p>Addiction Services - Saskatoon (Adult)                      122 – 3<sup>rd</sup> Avenue North, Main Floor                      Saskatoon, SK S7K 2H6                      Tel: (306) 655-4100                      Fax: (306) 655-4115</p> <p>Addiction Services - Saskatoon (Youth)                      311 – 20<sup>th</sup> Street East                      Saskatoon, SK S7K 0A9                      Tel: (306) 655-4900                      Fax: (306) 655-4931</p> <p>Addiction Services - Lanigan                      Box 1060                      Lanigan, SK S0K 2M0                      Tel: (306) 365-1438                      Fax: (306) 365-2099</p> <p>Addiction Services – Rosthern                      Box 216                      Rosthern, SK S0K 3R0                      Tel: (306) 232-6001 (ext 222)                      Fax: (306) 232-4269</p> <p>Mental Health &amp; Addiction Services                      Humbolt District Health Complex                      Box 1930, 515 - 14th Avenue                      Humboldt, SK S0K 2A0                      Tel: (306) 682-5333                      Fax: (306) 682-4417</p>

<b>Methadone Assisted Recovery Services</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women and men with opiate use issues</li> <li>• Individuals living with HIV/AIDS receive priority based on the severity of their disease</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outpatient treatment</li> <li>• Prescribe methadone and admit clients already on methadone</li> <li>• Screening and assessment</li> <li>• One-on-one counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Pregnant women receive priority treatment</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by outside agencies</li> <li>• Disclosure of HIV status is required if requesting priority treatment</li> </ul>
	<b>Contact Information</b>	<p>Methadone Assisted Recovery Services  345 4th Avenue South  Saskatoon, SK S7K 5S5  Tel: (306) 655-0480  Fax: (306) 655-0459</p>

### Detoxification Programs

<b>Calder Centre - Youth Stabilization</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Youth (under 17 years) with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Detox - 4-10 days - 6 beds</li> <li>• Admit clients on methadone</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Pregnant women receive priority treatment</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by family or outside agencies</li> </ul>
	<b>Contact Information</b>	<p>Calder Centre - Youth Stabilization  2003 Arlington Ave  Saskatoon SK S7J 2H6  Tel: (306) 655-4526  Fax: (306) 655-4527</p>

<b>Mental Health &amp; Addiction Services (Social Detox, Brief Detox)</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women and men (18 years and older) with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Brief detox (12 - 24 hours); 4 female beds</li> <li>• Social detox (5 – 7 day program); 6 females beds</li> <li>• Admit clients on methadone</li> <li>• Addictions counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Pregnant women receive priority treatment</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer</li> <li>• HIV status requested during intake</li> </ul>
	<b>Contact Information</b>	<p>Mental Health &amp; Addiction Services (Social Detox, Brief Detox)  201 Avenue O South  Saskatoon, SK S7M 2R6  Tel: (306) 655-4195  Fax: (306) 655-4196</p>

### Inpatient Programs

<b>Calder Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment (28 day program for adults; 12 - 28 day program for youth); 16 female adult beds and 6 female youth beds</li> <li>• Admit clients on methadone</li> <li>• Group counselling and education</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Pregnant women receive priority treatment</li> <li>• Women can continue treatment after giving birth but facilities not available to have babies room in</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Referral required from a mental health and addictions worker</li> <li>• Complete medical history, including HIV status, requested upon intake</li> </ul>
	<b>Contact Information</b>	<p>Calder Centre  2003 Arlington Avenue  Saskatoon, SK S7J 2H6  Tel: (306) 655-4500  Fax: (306) 655-4545</p>

Sun Country Health Region - <a href="http://www.suncountry.sk.ca/">http://www.suncountry.sk.ca/</a>		
Outpatient Programs		
<b>Community Support Program</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Transitional housing for those in early recovery that need supportive housing; three 2 bed units</li> <li>• Admit clients on methadone</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by outside agencies</li> </ul>
	<b>Contact Information</b>	Community Support Program Sun County Health Region 1176 Nicholson Road Estevan , SK S4A 2V6 Tel: (306) 637-2420 or 637-2757
<b>Sun Country Addiction Services</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outpatient treatment</li> <li>• Admit clients on methadone</li> <li>• Outreach and education</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Intake Process</b>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by outside agencies</li> </ul>
	<b>Contact Information</b>	Addiction Services Box 2003, 900 Saskatchewan Drive Weyburn, SK S4H 2Z9 Tel: (306) 842-8693 Fax: (306) 842-8692  Addiction Services (Youth) Box 5000, 1176 Nicholson Road Estevan, SK S4A 2V6 Tel: (306) 637-2465 Fax: (306) 634-2015  St. Joseph's Addiction Services 1176 Nicholson Road Estevan, SK S4A 2V6 Tel: (306) 637-2422 Fax: (306) 637-2498

		<p>Addiction Services                  Kipling Memorial Health Centre                  Box 420, 803 - 1st Street                  Kipling, SK S0G 2S0                  Tel: (306) 736-2363                  Fax: (306) 736-2271</p>
<p><b>Sunrise Health Region - <a href="http://www.sunrisehealthregion.sk.ca/">http://www.sunrisehealthregion.sk.ca/</a></b></p>		
<p><b>Outpatient Programs</b></p>		
<p><b>Addictions Services Yorkton</b></p>	<p><b>Population Addressed</b></p>	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues</li> </ul>
	<p><b>Services Provided</b></p>	<ul style="list-style-type: none"> <li>• Outpatient treatment</li> <li>• Admit clients on methadone</li> <li>• Assessments and referrals</li> <li>• Workshops, presentations and resource material</li> </ul>
	<p><b>Services for Pregnancy</b></p>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<p><b>Intake Process</b></p>	<ul style="list-style-type: none"> <li>• Individuals can self refer or referrals can be done by family or outside agencies</li> </ul>
	<p><b>Contact Information</b></p>	<p>Mental Health and Addictions                  270 Bradbrooke Dr                  Yorkton, SK S3N 2K6                  Centralized Intake Toll-free: 1-888-989-8444                  Tel: (306) 786-0520                  Fax: (306) 786-0525</p> <p>Addictions Services                  Saul Cohen Centre                  200 Heritage Drive                  Melville, SK S0A 2P0                  Fax: 306-786-0556</p>

## Appendix D: Out-of-Province Canadian Substance Use Treatment Programs That Provide Services for Pregnant Women

It is important to note that in order to access out-of-province treatment, an assessment must first be completed by a Saskatchewan addictions counsellor. If it is determined that there is not a treatment program in Saskatchewan that meets the woman's needs, she can be referred to an out-of-province program; otherwise the cost of the program would not be covered by the province.

The following table is organized by province, starting in the west and going east.

CANADA		
BRITISH COLUMBIA REGION		
<b>BC Women's Hospital and Health Centre Fir Square Combined Care Unit</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>Women with substance use issues and substance-exposed newborns</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>First program in Canada to care for and treat women who use substances and substance-exposed newborns in a single unit</li> <li>Focuses on harm reduction</li> <li>Admit women on methadone</li> <li>Alcohol and drug counselling</li> <li>Referrals (e.g., housing, parenting groups, spiritual care)</li> <li>Specialized care for infants (e.g., withdrawal needs)</li> <li>Parenting education</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Admit pregnant women</li> <li>Provides antepartum to postpartum care</li> <li>Helps to keep mothers with their child(ren)</li> </ul>
	<b>Contact Information</b>	Fir Square BC Women's Hospital 4500 Oak Street Vancouver, BC V6H 3N1 Ph: (604) 875-2229 Website: <a href="http://www.bcwomens.ca/Services/PregnancyBirthNewborns/HospitalCare/SubstanceUsePregnancy.htm">http://www.bcwomens.ca/Services/PregnancyBirthNewborns/HospitalCare/SubstanceUsePregnancy.htm</a>

<b>Carrier Sekani Family Services</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women, men, and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	Box 1219 Vanderhoof, BC V0C 3A0 Ph: (250) 567-2900 Email: <a href="mailto:mjanzen@csfs.org">mjanzen@csfs.org</a>
<b>Hey-Way-Noqu Healing Circle for Addictions Society</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women, men, and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient and outpatient treatment</li> <li>• Family treatment</li> <li>• Admit clients on methadone</li> <li>• Counselling including child, parent/child, and couples</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	401-1638 E Broadway Vancouver, BC V5N 1W1 Ph: (604) 874-1831 Email: <a href="mailto:heywaynogu@telus.net">heywaynogu@telus.net</a>
<b>Interior Native Alcohol and Drug Abuse Society</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women, men, and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment</li> <li>• Couples counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	200 Emery Louis Road Armstrong, BC V0E 1B5 Ph: (250) 546-3077 Email: <a href="mailto:execdirector@roundlake.bc.ca">execdirector@roundlake.bc.ca</a>
<b>Kackaamin Family Development Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women, men, and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment</li> <li>• Family treatment</li> <li>• Counselling including child, parent/child, and couples</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	7830 Beaver Creek Road Port Alberni, BC V9Y 8N3 Ph: (250) 723-7789 Email: <a href="mailto:sadie.g@kackaamin.org">sadie.g@kackaamin.org</a>



<b>Namgis Treatment Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment</li> <li>• Counselling including parent/child, and couples</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	Box 290 Albert Bay, BC V0N 1A0 Ph: (250) 974-5522
<b>Nengayni Wellness Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women, men, and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment</li> <li>• Admit clients on methadone</li> <li>• Family treatment</li> <li>• Counselling including child, parent/child, and couples</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	Box 2529 Williams Lake, BC V2G 4P2 Ph: (250) 989-0301 Email: <a href="mailto:walphonse@nengayni.com">walphonse@nengayni.com</a>
<b>North Wind Healing Centre Society</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient and outpatient treatment</li> <li>• Admit clients on methadone</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	5524 Graham Road Farmington, BC V0C 1N0 Ph: (250) 843-6977 Email: <a href="mailto:yishak@pris.ca">yishak@pris.ca</a>
<b>Raven's Moon Resources</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Includes women with children, with children in care, and pregnant women</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Residential drug rehab program</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Has a supportive house for women who are pregnant</li> </ul>
	<b>Contact Information</b>	3401 Shuswap Terrace Abbotsford, BC V2T 4Z4 Ph: (604) 855-8322 Email: <a href="mailto:ravenmoonresources@hotmail.com">ravenmoonresources@hotmail.com</a>

<b>Sheway (Vancouver Rehabilitation Services)</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Pregnant and parenting women with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Assistance and counselling for substance use</li> <li>• Staff includes medical personnel, support workers, and counsellors</li> <li>• Harm-reduction</li> <li>• Drop-in centre</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Pregnant women receive priority treatment</li> <li>• Provides prenatal and postnatal care including prenatal vitamins, maternity clothes, and access to appropriate medical care (for mother and baby)</li> </ul>
	<b>Contact Information</b>	<p>Sheway  c/o National Indian &amp; Inuit Community Health Representatives Organization  PO Box 1019  1 Roy Montour Road  Kahnawake, QC J0L 1B0  Ph: (450) 632-0892  Website: <a href="http://www.niichro.com/fas/fas_9.html">http://www.niichro.com/fas/fas_9.html</a></p>
<b>Spirit Bear Centre Society</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment for women</li> <li>• Family treatment</li> <li>• Counselling including child and parent/child</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	<p>Box 2548, 31530 Brookside Avenue  Abbotsford, BC V2T 6R3  Ph: (604) 864-0553  Email: <a href="mailto:ined@shaw.ca">ined@shaw.ca</a></p>
<b>Three Voices of Healing Society</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient and outpatient treatment</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	<p>3246 Riverview Road  Creston, BC V0B 1G2  Ph: 250-428-5516  Email: <a href="mailto:director@healingisajourney.com">director@healingisajourney.com</a></p>

<b>Tsow-Tun Le Lum</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	Box 370 Lantzville, BC V0R 2H0 Ph: (250) 390-3123 Email: <a href="mailto:info@tsowtunlelum.org">info@tsowtunlelum.org</a>
<b>ALBERTA REGION</b>		
<b>Aventa</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women with alcohol, drug, and gambling addictions</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Treatment, education, and support to women with substance use issues in a phased-in program</li> <li>• Individual and group counselling</li> <li>• Continuing care</li> <li>• Nobody's Perfect Parenting Program</li> <li>• Momentum Financial Literacy Program</li> <li>• Fitness centre</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Pregnant women receive priority treatment</li> <li>• Phase I: priority admission for pregnant women who require immediate support and stabilization</li> <li>• Phase II: an intensive residential program that provides individual and group counselling</li> <li>• Phase III: a residential treatment program for women that offers individual and group counselling with a strong educational and skill building component</li> </ul>
	<b>Contact Information</b>	Aventa 610 25 Ave SW Calgary, AB T2S 0L6 Ph: (403) 245-9050 Email: <a href="mailto:info@aventa.org">info@aventa.org</a> Website: <a href="http://www.aventa.org/home.html">http://www.aventa.org/home.html</a>

<b>First Steps Program</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Pregnant women with a high risk of alcohol use and abuse</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Access to addictions treatment</li> <li>• Support program to help women stabilize their life situation including clothing, shelter, food, and general health care</li> <li>• Access to community supports</li> <li>• Childcare</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• First Steps Program: an intensive, long term, one-on-one mentoring program for women at high risk for giving birth to a baby who has been exposed prenatally to alcohol</li> <li>• Provides prenatal care</li> </ul>
	<b>Contact Information</b>	<p>Catholic Social Services            #2 9137 Jasper Avenue            Edmonton, AB T5H 3T3            Ph: (780) 477-1999 Ext 231            Website:  <a href="http://www.catholicsocialservices.ab.ca/CSSFindServicesbyCategory/childrenfamilyandcommunity.aspx?id=143">http://www.catholicsocialservices.ab.ca/CSSFindServicesbyCategory/childrenfamilyandcommunity.aspx?id=143</a></p>
<b>Footprints Healing Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment</li> <li>• Parent/child and couples counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	<p>Box 3570            Morinville, AB T8R 1S3            Ph: (780) 939-3544</p>
<b>Kainai Adolescent Treatment Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit youth (12 - 17 years) with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment</li> <li>• Admit clients on methadone</li> <li>• Counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	<p>Box 120            Standoff, AB T0L 1Y0            Ph: (403) 653-3315            Email: <a href="mailto:rob_calf@hotmail.com">rob_calf@hotmail.com</a></p>

<b>Kapown Rehabilitation Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient and outpatient treatment</li> <li>• Admit clients on methadone</li> <li>• Family treatment</li> <li>• Couples counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	Box 40 Grouard, AB T0G 1C0 Ph: 780-751-3921 Email: <a href="mailto:connie.mckee@kapown.ca">connie.mckee@kapown.ca</a> Website: <a href="http://www.kapown.ca">www.kapown.ca</a>
<b>Poundmaker's Lodge</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Youth and adults with substance use issues, including pregnant women</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Residential treatment program</li> <li>• Individual and group therapy</li> <li>• Cultural and spiritual care</li> <li>• Psychological services</li> <li>• Life skills programming</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Pregnant women receive priority treatment</li> <li>• Admit women with high risk pregnancies</li> </ul>
	<b>Contact Information</b>	Box 34007 Kingsway Mall Edmonton, AB T5G 3G4 Ph: (780) 458-1884 Email: <a href="mailto:info@poundmaker.org">info@poundmaker.org</a> Website: <a href="http://poundmakerlodge.com/">http://poundmakerlodge.com/</a>
<b>St. Paul Treatment Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	Box 179 Cardston, AB T0K 0K0 Ph: (403) 737-3757 / (888) 737-3757 (toll free)

<b>Wood Buffalo Wellness Society (Mark Amy Centre)</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment</li> <li>• Couples counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	Box 5748 Fort McMurray, AB T9H 4V9 Ph: (780)-334-2398
<b>MANITOBA REGION</b>		
<b>Addictions Foundation of Manitoba</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Youth, adults, and families dealing with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Intervention, rehabilitation, prevention, and education</li> <li>• Community-based and residential-based treatment options</li> <li>• Methadone Intervention &amp; Needle Exchange (MINE) harm reduction program</li> <li>• Individual assessment</li> <li>• Individual, group, and family counselling</li> <li>• Continuing care and ongoing support to help individuals follow through on their treatment plans</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Pregnant women receive priority treatment</li> <li>• River House: residential rehabilitation facility for women</li> <li>• On-site physicians and psychologists</li> </ul>
	<b>Contact Information</b>	1031 Portage Avenue Winnipeg, MB Ph: 204-944-6236 Fax: 204-786-7768 Website: <a href="http://www.afm.mb.ca/index.htm">http://www.afm.mb.ca/index.htm</a>
<b>Behavioural Health Foundation</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men, youth, and family units with substance use issues and co-occurring mental health concerns</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Long-term residential treatment programs</li> <li>• Adult &amp; Family Services: counselling, referrals, healthy living, Aboriginal Traditional programming, vocational training</li> <li>• Accommodate dependents of people in treatment as appropriate</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Provides information on pre- and postnatal care, outgrowing addictions, women's issues</li> </ul>
	<b>Contact Information</b>	Behavioural Health Foundation 35 Ave de la Digue, Box 250 St. Norbert, MB R3V 1L6 Ph: (204) 269-3430 website: <a href="http://www.bhf.ca/index.html">http://www.bhf.ca/index.html</a>

<b>Native Addictions Council of Manitoba</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient and outpatient treatment</li> <li>• Counselling including child, parent/child, and couples</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	160 Salter Street Winnipeg, MB R2W 4K1 Ph: 204-586-8395 Email: <a href="mailto:nacm@escape.ca">nacm@escape.ca</a>
<b>Nelson House Medicine Lodge</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment</li> <li>• Couples counselling</li> <li>• Admit clients on methadone</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	Box 458 Nelson House, MB R0B 1A0 Ph: (204) 484-2256 Email: <a href="mailto:eazure@medicinelodge.ca">eazure@medicinelodge.ca</a>
<b>Peguis Al-Care Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient and outpatient treatment</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	Box 69 Peguis, MB R0C 3J0 Ph: 204-645-2666 Email: <a href="mailto:nacm@escape.ca">nacm@escape.ca</a>
<b>Sagkeeng Mino Pimatziwin Family Treatment Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women, men, and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment</li> <li>• Family treatment</li> <li>• Counselling, including, child, parent/child, and couples</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	Box 84 Fort Alexander, MB R0E 0P0 Ph: (204) 367-2172 Email: <a href="mailto:director@sagkeengfamilytreatment.ca">director@sagkeengfamilytreatment.ca</a>

<b>Whiskyjack Treatment Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit youth (12 to 17 years) with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment</li> <li>• Child and parent/child counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	Box 580 Norway House, MB R0B 1B0 Ph: (204) 359-8995 Email: <a href="mailto:rkozak@wtcentre.ca">rkozak@wtcentre.ca</a>
<b>ONTARIO REGION</b>		
<b>Addictions Services for York Region</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Anyone 12 years of age and older who is affected by substance use or problem gambling</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outreach and specialized services for select groups, including pregnant women</li> <li>• Referrals to internal programs, other community services as appropriate, and external substance use services</li> <li>• Information about addictions</li> <li>• Social support groups and counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Umbrella program for women who are pregnant or parenting young children (up to 3 years old) and are also involved with drugs and/or alcohol</li> <li>• Program includes assessment, counselling, information, referrals, and support</li> </ul>
	<b>Contact Information</b>	Addiction Services for York Region (ASYR) 14785 Yonge Street, Unit 210 Aurora, ON L4G 1N1 Ph: (905) 841-7007 Website: <a href="http://www.asyr.ca/intake.html">http://www.asyr.ca/intake.html</a>
<b>Alternatives for Youth</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Youth aged 13-22, including pregnant females and females with children 6 months of age or younger</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Assessment and outpatient counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	Alternatives for Youth Main Street Location 110-100 Main Street E. Hamilton, ON L8N 3W4 Ph: (905) 527-4469 Email: <a href="mailto:admin@ay.on.ca">admin@ay.on.ca</a>



<b>Amethyst Women's Addiction Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women with alcohol and/or drug addictions</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Personalized program for women with substance issues including: case management, assessment, treatment planning, advocacy, and referrals</li> <li>• Information about substance use and healthy lifestyles</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Early Childhood Development Program: focuses on pregnant women with addictions, as well as parenting women with addictions</li> </ul>
	<b>Contact Information</b>	<p>Amethyst Women's Addiction Centre            488 Wilbrod Street            Ottawa, ON K1N 6M8            Ph: (613) 563-0363            Email: <a href="mailto:info@amethyst-ottawa.org">info@amethyst-ottawa.org</a>            Website: <a href="http://www.amethyst-ottawa.org/contact_e.html">http://www.amethyst-ottawa.org/contact_e.html</a></p>
<b>Anishnawbe Health Toronto</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outpatient treatment</li> <li>• Admit clients on methadone</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	<p>22 Vaughan Road            Toronto, ON M6G 2N1            Ph: (416)657-0379            Email: <a href="mailto:bwaboose@aht.ca">bwaboose@aht.ca</a></p>

<b>Breaking the Cycle (A Mothercraft Early Intervention Program)</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Pregnant and parenting women with substance use and abuse issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Early identification and prevention program designed to reduce the risk of substance use related harms and to enhance development for substance-exposed children</li> <li>• Addictions counselling</li> <li>• Health and medical services</li> <li>• Parenting support (group and individual), developmental screening and assessment, early childhood interventions (including access to FASD Diagnostic clinic), and childcare</li> <li>• Basic needs support</li> <li>• Education about addictions, life skills, nutrition, and infant development</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Breaking the Cycle Pregnancy Outreach Program provides information, resources, education, and case management support to homeless, pregnant women with substance use issues</li> <li>• Relapse Prevention Group &amp; Recovery Group promotes continuing recovery to women in the early stages of recovery</li> </ul>
	<b>Contact Information</b>	Breaking the Cycle 761 Queen Street West Toronto, ON M6J 1G1 Ph: (416) 364-7373 Email: <a href="mailto:btcycle@mothercraft.org">btcycle@mothercraft.org</a> Website: <a href="http://www.mothercraft.ca/index.php?q=breaking-the-cycle">http://www.mothercraft.ca/index.php?q=breaking-the-cycle</a>
<b>Dilico Adult Residential Treatment Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	120 Carp River Road Thunder Bay, ON P7J 1K1 Ph: (807) 623-7963 Email: <a href="mailto:johndixon@dilico.com">johndixon@dilico.com</a>

<b>Grace Haven</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, adolescents, and single parent families with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Residential and community programs</li> <li>• Counselling and peer support</li> <li>• Assessment, treatment, and referrals</li> <li>• High school program; Recreation</li> <li>• Parenting information</li> <li>• Services for children</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• New Choices Program: a ‘one-stop’ setting for pregnant and parenting women/teens with substance use concerns</li> <li>• Prenatal classes and postnatal education</li> </ul>
	<b>Contact Information</b>	<p>New Choices Program            431 Whitney Ave            Hamilton, ON L8S 2H6            Ph: (905) 522-5556            Website:  <a href="http://www.inform.hamilton.ca/record/HAM0525?UseCICVw=38">http://www.inform.hamilton.ca/record/HAM0525?UseCICVw=38</a></p>
<b>Heartspace</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women with substance use issues who are pregnant or parenting children aged 0-6 years</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Access to professional counsellors and group sessions</li> <li>• Referrals to outside services</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Provides support for pregnant and parenting women, including childcare</li> </ul>
	<b>Contact Information</b>	<p>Heartspace Program Services            Suite 200 Queens Ave, Suite 260            London, ON N6A 1J3            Ph: (519) 673-3242 ext 232            Email: <a href="mailto:lgriffith@adstv.on.ca">lgriffith@adstv.on.ca</a>            Website: <a href="http://www.adstv.on.ca/heartspace.htm">http://www.adstv.on.ca/heartspace.htm</a></p>
<b>Hope Place Centres</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women and families with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Outpatient and inpatient facilities</li> <li>• Individualized assessment</li> <li>• Individual and group counselling</li> <li>• Parenting group</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Pregnant women receive priority treatment</li> <li>• Baby’s Best Beginnings Program for women who are pregnant or parenting children 0-6 years of age</li> </ul>
	<b>Contact Information</b>	<p>775 Pacific Rd, Unit 34            Oakville, ON L6L 6M4            Ph: (905) 465-3324            Email: <a href="mailto:heatherm@hopeplacecentres.org">heatherm@hopeplacecentres.org</a>            Website: <a href="http://www.hopeplacecentres.org">www.hopeplacecentres.org</a></p>

<b>Jean Tweed Treatment Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>Women with substance use issues, including pregnant women and/or mothers with children 6 months of age or younger</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Residential, day, and outpatient programs</li> <li>Family and trauma counselling</li> <li>Continuing care groups</li> <li>On-site licensed child development centre</li> <li>Parenting and attachment workshops</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Admit pregnant women</li> <li>Outreach services in various locations across the city for pregnant women</li> </ul>
	<b>Contact Information</b>	Toronto, ON (3 locations) Email: <a href="mailto:info@jeantweed.com">info@jeantweed.com</a> Website: jeantweed.com
<b>Migisi Alcohol and Drug Treatment Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Inpatient treatment</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Admit pregnant women</li> </ul>
	<b>Contact Information</b>	Box 1340 Kenora, ON P9N 3X9 Ph: (807) 548-5959 Email: <a href="mailto:mmigisi@northone.ca">mmigisi@northone.ca</a>
<b>Nimkee Nupigawagan Healing Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>First Nations and Inuit youth (12 to 17 years) with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Inpatient treatment</li> <li>Admit clients on methadone</li> <li>Child and parent/child counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Admit pregnant women</li> </ul>
	<b>Contact Information</b>	20850 Muncey Road P.O. Box 381 Muncey, ON N0L 1Y0 Ph: (519) 264-2277 Email: <a href="mailto:mardel@nimkee.org">mardel@nimkee.org</a>

<b>Thunder Bay Counselling Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>Youth and adults with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Confidential assessments and treatment planning</li> <li>Counselling and education groups</li> <li>On-going case management and relapse prevention</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Pregnancy and Health Program: teaches healthier ways of living and parenting skills</li> </ul>
	<b>Contact Information</b>	<p>Thunder Bay Counselling Centre            544 Winnipeg Avenue            Thunder Bay, ON P7B 3S7            Ph: (807) 684-1880            Email: <a href="mailto:community@tbaycounselling.com">community@tbaycounselling.com</a>            Website: <a href="http://www.tbaycounselling.com/addiction-mental">http://www.tbaycounselling.com/addiction-mental</a></p>
<b>St. Mary's Program for Pregnant and Parenting Young Women</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>Young women, aged 24 or younger, who are pregnant or parenting children under 6 years of age</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Assessments and counselling for substance use issues</li> <li>Education and advocacy</li> <li>Recovery and aftercare counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Admit pregnant young women</li> <li>Goal: ensure healthy pregnancies and parenting experiences</li> </ul>
	<b>Contact Information</b>	<p>St. Mary's Home Community Outreach and Program Centre            780 rue De L'Église            Ottawa, ON            Ph: (613) 749-2491 ext. 705</p>
<b>The Toronto Centre for Substance Use in Pregnancy</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>Pregnant women with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Focuses on providing comprehensive prenatal care and addiction treatment in a family medicine setting</li> <li>Access to an interdisciplinary team</li> <li>Prenatal and postnatal medical care</li> <li>Addiction counselling and information on treatment</li> <li>Mental health services</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>'One-stop access' model: provides comprehensive services for pregnant women with a history of alcohol and/or drug abuse</li> </ul>
	<b>Contact Information</b>	<p>Toronto Centre for Substance Use in Pregnancy            Family Medicine Centre            St. Joseph's Health Centre            30 The Queensway            Toronto, ON M6R1B5            Ph: (416) 530-6860            Website:  <a href="http://www.stjoe.on.ca/programs/family/tcup.php">http://www.stjoe.on.ca/programs/family/tcup.php</a></p>

<b>Womankind Addiction Service</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>Women/men/youth with substance use issues, including pregnant women &amp; mothers of children 6 months &amp; younger</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Community treatment</li> <li>Client-centred care</li> <li>Health promotion and education</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Admit pregnant women</li> </ul>
	<b>Contact Information</b>	Womankind Addiction Service St. Joseph's Healthcare Hamilton 431 Whitney Avenue Hamilton, ON L8S 2H6 Ph: (905) 521-9591 ext. 232
<b>QUEBEC REGION</b>		
<b>Centre de réadaptation Miam Uapukun Inc.</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Inpatient treatment</li> <li>Couples counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Admit pregnant women</li> </ul>
	<b>Contact Information</b>	181 de l'église, Maliotenam, QC G4R 4K2 Ph: (418) 927-2254 Email: <a href="mailto:centreka@globetrotter.net">centreka@globetrotter.net</a>
<b>Centre de réadaptation Wapan</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Inpatient and outpatient treatment</li> <li>Admit clients on methadone</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Admit pregnant women</li> </ul>
	<b>Contact Information</b>	3611 boul. Ducharme Latuque, QC G9X 3P3 Ph: (819) 523-7641
<b>Mawiomi Treatment Services Inc.</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>Inpatient and outpatient treatment</li> <li>Couples counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>Admit pregnant women</li> </ul>
	<b>Contact Information</b>	Box 1068 Gespapegiag, QC G0C 1Y0 Ph: (418) 759-3522 Email: <a href="mailto:Mawiomi@globetrotter.net">Mawiomi@globetrotter.net</a>

<b>Onen'to:kon Treatment Services</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	380 St. Michel Kanehsatake, QC J0N 1E0 Ph: (450) 479-8353 Email: <a href="mailto:onentokon@qc.aibn.com">onentokon@qc.aibn.com</a>
<b>Portage Quebec Mother and Child Program</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Substance-dependent adolescents, mothers, and pregnant women</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Substance-abuse therapy; Individual case management</li> <li>• Parenting help and daycare for children</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Residential program based on a therapeutic community approach</li> <li>• Provides information on pre- and postnatal care, outgrowing addictions, women's issues, and parenting</li> </ul>
	<b>Contact Information</b>	Portage Quebec, Mother and Child Program Ph: (514) 935-3152 (Confidential address) website: <a href="http://www.portage.ca/welcome">http://www.portage.ca/welcome</a>
<b>Walgman Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit youth (12 to 17 years) with addictions</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment</li> <li>• Child counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	75 School Street Gespégegiag, QC G0C 1Y0 Ph: (418) 759-3006 Email: <a href="mailto:edwalgwan@globetrotter.net">edwalgwan@globetrotter.net</a>
<b>Wanaki Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment</li> <li>• Family treatment</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	Box 37 Maniwaki, QC J9E 3B3 Ph: (819) 449-7000 Email: <a href="mailto:pdumont@wanakicentre.com">pdumont@wanakicentre.com</a>

ATLANTIC REGION		
<b>Eagles Nest Recovery House</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	P.O. Box 263 Shubenacadie, NS B0N 2H0 Ph: (902) 758-4277 Email: <a href="mailto:nest@eastlink.ca">nest@eastlink.ca</a>
<b>Lone Eagle Treatment Centre</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	491 Graham Road Elsipogtog, NB E4W 2T8 Ph: (506) 523-8244
<b>Mi'kmaw Lodge Treatment</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment</li> <li>• Couples counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	70 Gabriel Street, Box 7824 Eskasoni, Cape Breton, NS B1W 1B4 Ph: (902) 379-2267 Email: <a href="mailto:mcgee@nadaca.ca">mcgee@nadaca.ca</a>
<b>Rising Sun</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women and men with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient treatment</li> <li>• Family treatment</li> <li>• Parent/child treatment</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	31 Riverview Road West Eel Ground, NB E1V 4G2 Ph: 506-627-4526 Email: <a href="mailto:egrs@nbnet.nb.ca">egrs@nbnet.nb.ca</a>



<b>Wolastoqewiyik Healing Lodge</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• First Nations and Inuit women, men, and youth with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient and outpatient treatment</li> <li>• Parent/child and couples counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Admit pregnant women</li> </ul>
	<b>Contact Information</b>	<p>13309 Route 105  Tobique First Nation, NB E7H 5K1  Ph: 506-273-5403  Email: <a href="mailto:diannap_tobiquehealing_lodge@nb.aibn.com">diannap_tobiquehealing_lodge@nb.aibn.com</a></p>

**Appendix E: American Substance Use Treatment Programs for Pregnant Women**

UNITED STATES OF AMERICA		
<b>Bowling Green Brandywine</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues</li> <li>• Specializes in opiate users and pregnant women</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• 12-step program</li> <li>• Detoxification</li> <li>• Residential treatment</li> <li>• Personalized assessment and evaluation</li> <li>• Access to medical staff and medical management of addictions</li> <li>• Individual and group counselling</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Pregnant Female Specialty Service: focuses on the issues that pregnant women with addictions face to promote the health of the mother and child</li> </ul>
	<b>Contact Information</b>	Bowling Green Brandywine PO Box 787 1375 Newark Road Kennett Square, PA 19348 Ph: (888) 307-6237 (toll free) Website: <a href="http://www.bowlinggreenbrandywine.com/">http://www.bowlinggreenbrandywine.com/</a>
<b>The Canyon</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Individuals with a combination of mental illness, behavioural problems, and/or substance use issues</li> <li>• Includes pregnant women with addictions</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Clinically-based drug addiction treatment program</li> <li>• Outpatient and residential services available</li> <li>• Medical personnel and support</li> <li>• Family and individual counselling</li> <li>• After-care support (Alumni Program)</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Personalized program that focuses on reducing the risks related to detoxification during pregnancy</li> </ul>
	<b>Contact Information</b>	The Canyon Malibu, CA Ph: (877) 714-1319 Website: <a href="http://www.thecyn.com/">http://www.thecyn.com/</a>

<b>Center for Addictions and Pregnancy (Johns Hopkins Bayview Medical Center)</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women with substance use issues, including pregnant women and their substance-affected babies</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Daily individual and group therapy focused on a variety of topics including relapse prevention, physical and psychological trauma, HIV education, substance use education, parenting, and stress management</li> <li>• Methadone maintenance</li> <li>• Case management, referrals, and coordination with community resources</li> <li>• Health care services including: psychiatry, paediatrics, and family planning</li> <li>• Transportation</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Program includes obstetrical and gynaecological care</li> <li>• Goals include: reducing the number and severity of obstetric complications, including HIV infection; delivering healthier infants, ensuring initial and long-term paediatric assessments and care to the neonate and other children of program patients</li> </ul>
	<b>Contact Information</b>	<p>4940 Eastern Avenue            Baltimore, MD 21224            Ph: (410) 550-3020            Website: <a href="http://www.hopkinsmedicine.org/psychiatry/bayview/substance_abuse/center_addiction_pregnancy.html">http://www.hopkinsmedicine.org/psychiatry/bayview/substance_abuse/center_addiction_pregnancy.html</a></p>
<b>Kaiser Permanente's Early Start Program</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Pregnant and parenting women with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Individual counselling, couples and family counselling</li> <li>• Medical care</li> <li>• Advocacy</li> <li>• Parenting information</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Goal of the program is to support women to make healthy choices about substance use during pregnancy and after the baby is born</li> <li>• Integration of substance use treatment with routine prenatal care</li> </ul>
	<b>Contact Information</b>	<p>Numerous sites throughout California            Website: <a href="http://xnet.kp.org/earlystart/index.html">http://xnet.kp.org/earlystart/index.html</a></p>

<b>New Directions for Women</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women with substance use issues, including pregnant and parenting women</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient residential rehabilitation, intensive outpatient rehabilitation (including evenings), and intensive sober living addiction rehabilitation treatment</li> <li>• Individual and group therapy (including experiential therapy, trauma therapy, and equine therapy)</li> <li>• Staff includes a nurse practitioner, medical doctor, psychiatrist, and addiction specialist</li> <li>• Parenting education, family and play therapy, and Mommy and Me bonding time</li> <li>• After-care services</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Includes individual medical care and assessments</li> <li>• Tailored treatment that takes the pregnant woman and her family into account</li> </ul>
	<b>Contact Information</b>	<p>New Directions for Women 2607 Willo Lane Costa Mesa, CA 92627 Ph: (800) 939-6636 website: <a href="http://www.newdirectionsforwomen.org/">http://www.newdirectionsforwomen.org/</a></p>
<b>Orchid Recovery Center For Women</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women with substance use issues</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Personalized program for recovery from drug addiction</li> <li>• Individual sessions with medical professionals</li> <li>• Group and family therapy; information about nutrition</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Orchid Program: focuses on women’s needs regarding addiction treatment by providing personalized recovery programs</li> </ul>
	<b>Contact Information</b>	<p>Drug and Alcohol Rehabilitation Centers 2925 10<sup>th</sup> Avenue N Palm Springs, FL 33461 Ph: (888) 672-4435 (toll-free) Website: <a href="http://www.orchidrecoverycenter.com/">http://www.orchidrecoverycenter.com/</a></p>
<b>The Phoenix Center Serenity Place</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women with substance use issues, including pregnant women</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Residential treatment program; access to medical personnel</li> <li>• Childcare; parenting and life skills education</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Pregnant women receive priority treatment</li> <li>• Focuses on parenting, creating a positive environment for the family, independent living skills</li> <li>• Medical monitoring provided by a registered nurse and physician</li> </ul>
	<b>Contact Information</b>	<p>The Phoenix Center Serenity Place, 1400 Cleveland Street Greenville, SC 29607 Ph: (864) 467-3790 website: <a href="http://www.phoenixcenter.org/">http://www.phoenixcenter.org/</a></p>

<b>SSTARBIRTH<sup>8</sup></b> <b>(Stanley Street Treatment and Resources)</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Pregnant and postpartum women who are dealing with substance use and abuse</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Residential treatment and outpatient services</li> <li>• Case management</li> <li>• Individual and family counselling</li> <li>• Mental health support</li> <li>• Transportation to appointments</li> <li>• Parenting information</li> <li>• Vocational education</li> <li>• On-site licensed daycare</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• SSTARBIRTH: provides on site, or coordinates through its program, many of the comprehensive services that recovering women and their children require</li> </ul>
	<b>Contact Information</b>	<p>SSTARBIRTH 80 East Street Cranston RI 02920 Ph: (401) 463-6001 Website: <a href="http://www.sstar.org/site/SSTARBirth.asp">http://www.sstar.org/site/SSTARBirth.asp</a></p>
<b>Western Psychiatric Institute and Clinic</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women, men and youth with substance use issues and dual disorders</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Inpatient, day, and community-based outpatient services</li> <li>• Individualized treatment plans</li> <li>• Medically managed withdrawal, including methadone</li> <li>• Education about illness, treatment, relapse prevention, and recovery</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Specialized programs for pregnant women</li> </ul>
	<b>Contact Information</b>	<p>Western Psychiatric Institute and Clinic 3811 O'Hara Street Pittsburg, PA 15213 Ph: (877) 624-4100 Website: <a href="http://www.upmc.com/hospitalsfacilities/hospitals/wpic/services/pages/addiction-medicine.aspx">http://www.upmc.com/hospitalsfacilities/hospitals/wpic/services/pages/addiction-medicine.aspx</a></p>

<sup>8</sup> This program may provide services for pregnant women who use substances and are living with HIV/AIDS. This program does provide services for pregnant women and for women living with HIV/AIDS. Although their website does not say so, there is potential for overlap. I emailed the program to get further details, but did not receive a response.

## Appendix F: North American Substance Use Treatment Programs that Provide Specialized Services for Pregnant Women Living with HIV/AIDS

SASKATCHEWAN		
No such programs were found during the online search.		
CANADA		
The Sharp Foundation	Population Addressed	<ul style="list-style-type: none"> <li>Individuals infected and affected by HIV/AIDS that are unable to live independently</li> </ul>
	Services Provided	<ul style="list-style-type: none"> <li>SHARP: providing widespread support for individuals with HIV/AIDS (i.e., those with substance abuse problems)</li> <li>Beswick House: long-term/palliative care for HIV+ individuals (including those with dual diagnoses such as addiction issues)</li> <li>Medical regimen maintenance; case management</li> <li>Doctor's appointments and visits (e.g., HIV specialist, psychiatrist, psychologist, social worker)</li> </ul>
	Services for Pregnancy	<ul style="list-style-type: none"> <li>Project Kathleen – provides intensive care &amp; support for highly vulnerable women with HIV/AIDS (including pregnant women) and/or addictions (including harm reduction strategies)</li> </ul>
	Contact Information	<p>The Sharp Foundation Box 172, #2 - 3012 17 Ave SW Calgary, AB T2A 0P9 Ph: (403) 272-2912 Email: <a href="mailto:info@thesharpfoundation.com">info@thesharpfoundation.com</a> Website: <a href="http://www.thesharpfoundation.com/">http://www.thesharpfoundation.com/</a></p>
UNITED STATES OF AMERICA		
Bay Area Perinatal AIDS Center	Population Addressed	<ul style="list-style-type: none"> <li>Women and families infected with and affected by HIV/AIDS</li> </ul>
	Services Provided	<ul style="list-style-type: none"> <li>Tailors medical and psychosocial services to the specific needs of each woman and her family before, during, and after pregnancy</li> <li>Alcohol and substance use treatment, including methadone</li> <li>Intensive case management, counselling, and social services for clients and their families</li> <li>Mental health treatment; parenting support and child-care</li> </ul>
	Services for Pregnancy	<ul style="list-style-type: none"> <li>Preconception counselling for women and couples</li> <li>Prenatal and postpartum care including outpatient and inpatient high-risk obstetrics in conjunction with San Francisco General Hospital's Women's Health Center</li> <li>Nutrition and health in pregnancy education</li> <li>HIV testing for infant and family members</li> </ul>
	Contact Information	<p>BAPAC San Francisco General Hospital 1001 Potrero Avenue, 6D-33 San Francisco, CA 94110 Ph: (415) 206-8919 Website: <a href="http://php.ucsf.edu/bapac/">http://php.ucsf.edu/bapac/</a></p>

<b>Gratitude House</b>	<b>Population Addressed</b>	<ul style="list-style-type: none"> <li>• Women with substance use issues, including those living with HIV/AIDS</li> </ul>
	<b>Services Provided</b>	<ul style="list-style-type: none"> <li>• Residential program including daily lectures, films, individual and group counselling, parenting classes, dual diagnosis evaluation and treatment, and learning conflict resolution and problem solving skills</li> <li>• Outpatient treatment including a day treatment program and night programs</li> <li>• Intervention Services program: provides assessments, case management, placement, referrals, and outreach services</li> <li>• Intensive after-care/case management</li> <li>• Education on HIV/AIDS</li> </ul>
	<b>Services for Pregnancy</b>	<ul style="list-style-type: none"> <li>• Intervention Specialist provides education on the impact of substance use on women and pregnancy</li> <li>• MITT Program (Mothers and Infants in Treatment Together): designed for pregnant and post-partum women so that newborns and infants can stay with mothers while they receive treatment for substance use issues. This program arranges for multiple on and off site services, such as prenatal and postpartum medical care for the mothers, training in parenting and life skills, Mommy and me group, and other case management services.</li> <li>• Hibiscus Haven: a safe house for chemically dependent HIV-positive females</li> </ul>
	<b>Contact Information</b>	<p>Gratitude House                      1700 North Dixie Highway                      West Palm Beach, FL 33407                      Ph: (561) 833-6826                      Email: <a href="mailto:info@gratitudehouse.org">info@gratitudehouse.org</a>                      Website: <a href="http://www.gratitudehouse.org/">http://www.gratitudehouse.org/</a></p>