



Did you know that **germs**
in your mouth can lead to
cavities in your child's
teeth? The germs that cause
cavities are contagious!

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Attention Caregivers!

The germs that cause cavities are contagious.



Babies are not born with the germs that cause cavities. These germs are passed to them from people who take care of them. Germs can be passed through saliva when sharing a spoon or cleaning a dropped pacifier by mouth.

You can help reduce the chance of early cavities in your child's teeth by:

- Keeping your mouth healthy and free from cavities
- Not sharing items between your mouth and baby's mouth
- Taking your child for a dental visit by age one

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ORAL HEALTH PARTNERS

Northern Saskatchewan Population Health Unit
Saskatchewan Dental Hygienists Association
Saskatchewan Oral Health Coalition
Saskatoon Health Region
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