

# STBBIs NEWSLETTER

Sexually Transmitted and Blood-Borne  
Infections (STBBIs) and Reproductive Health

saskatchewan  
**preventioninstitute**  
our goal is **healthy** children

**WINTER 2023 ISSUE**



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Welcome to the Saskatchewan Prevention Institute's Sexually Transmitted and Blood-Borne Infections (STBBIs) and Reproductive Health Newsletter. The Prevention Institute is a provincial, non-profit organization with the mandate of helping all children thrive through primary prevention and the promotion of well-being. Our goal is healthy children.

This edition of the newsletter highlights *Let's Talk About Syphilis*, a public awareness and education campaign, a new print resource focused on healthy online relationships, and a recently recorded webinar to support trauma-informed care. Information is also provided on Sexual and Reproductive Health Week and upcoming learning opportunities.

## Let's Talk About Syphilis

### *Syphilis and Congenital Syphilis Awareness Campaign*

In Saskatchewan, infectious syphilis rates have increased 1,346% between 2017 and 2021 rates. In response to rising rates, the Prevention Institute recently launched a public awareness and education campaign with Foundation Communications - *Let's Talk About Syphilis*.

Keep your eyes and ears open for the *Let's Talk Syphilis* campaign near you, and visit the *Let's Talk Syphilis* website to learn more: [talksyphilis.ca](https://talksyphilis.ca).



## Building Healthy Online Relationships

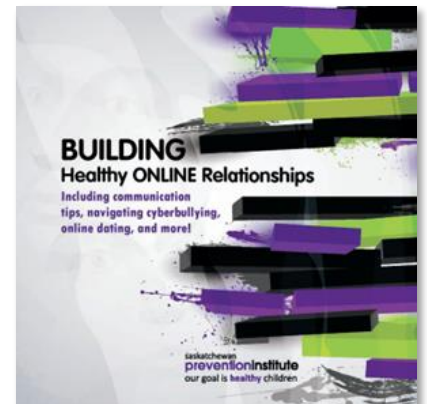
### *New Prevention Institute Resource*

#### *Booklet*

Teaching young people how to build healthy relationships provides them with valuable skills that can promote their overall health, including their sexual and reproductive health. With the increasing use of online technology, teaching youth to build healthy relationships online is becoming increasingly important. This booklet provides information about how to build healthy online relationships, including information on online safety and communication, as well as tips to help navigate cyberbullying, grooming, sextortion, and more. It is designed for use with youth.

To order or download the booklet, visit: <https://skprevention.ca/resource-catalogue/sexual-health/building-healthy-online-relationships/>.

For more general information on healthy relationships, check out our popular booklet *Building Healthy Relationships: Yes, that includes dating relationships!* <https://skprevention.ca/resource-catalogue/sexual-health/building-healthy-relationships-yes-that-includes-dating-relationships/>.



## ICYMI – In Case You Missed it - Recent Recorded Webinar

### *Trauma-Informed Approaches to Sexual and Reproductive Care*

Presented by Cara Taylor, this webinar outlines the fundamentals of a trauma-informed care approach and its importance within sexual and reproductive healthcare. Cara outlines communication strategies and discusses specific recommendations to put trauma-informed care principles into practice for providers.

To access the webinar recording, visit: <https://skprevention.ca/event/trauma-informed-approaches-to-sexual-and-reproductive-care/>



## Sexual and Reproductive Health Awareness Week

Sexual and Reproductive Health Awareness Week (SRH Week) is a yearly campaign designed to raise awareness on sexual and reproductive health and promote resources to improve community health in Canada.

This year, SRH week will take place from **February 13 – 17, 2023** with the theme **Get the Facts!**

For further information on SRH Week 2023, visit Action Canada for Sexual Health & Rights website: <https://www.actioncanadashr.org/get-the-facts>.



## Upcoming Events and Learning Opportunities

### *sākihítowin - Stories From a Place of Love – All Nations Hope Network*

**February 14 – 16, 2023, Atlas Hotel in Regina, Saskatchewan**

In recognition of Sexual and Reproductive Health Awareness Week and Indigenous Storytelling Month, All Nations Hope Network is hosting *sākihítowin - Stories From a Place of Love*. The gathering will highlight traditional storytellers and teachings with workshops covering topics such as gender-based violence, harm reduction, Back to the Basics: HIV and HCV 101, MMIWG2S presentation and vigil, and a Blanket Ceremony.

For more information or to register, visit: <https://www.eventbrite.com/e/sakihitowin-stories-from-a-place-of-love-registration-483199451567>.



## Upcoming Events and Learning Opportunities Continued

### *Hepatitis C Treatment for Service Providers in Saskatchewan - CATIE*

**February 20, 2023 - March 17, 2023, Virtual**

CATIE is delivering a training course for Saskatchewan service providers on hepatitis C treatment. This course is being delivered to frontline service providers in Saskatchewan, including non-clinical and clinical staff and volunteers of community-based agencies across the region. The course aims to develop core knowledge on the treatment of hepatitis C for frontline service providers to talk to their clients about hepatitis C treatment and support clients to consider starting, staying on, or repeating treatment.

Register for the training by visiting: <https://survey.alchemer.com/s3/7157614/HCT-SKN-0223-EDU>.



### *STBBI Stigma Workshop Facilitator Training - Canadian Public Health Association and the Centre for Sexuality*

**March 7 - 9, 2023, Virtual via Zoom**

The Canadian Public Health Association (CPHA) and the Centre for Sexuality (C4S) are currently looking to engage a select group of interested individuals to participate in a virtual, multi-day training. The training will focus on strengthening capacity of educators to facilitate curriculum designed to reduce stigma related to sexual health, harm reduction and sexually transmitted and blood-borne infections (STBBI).

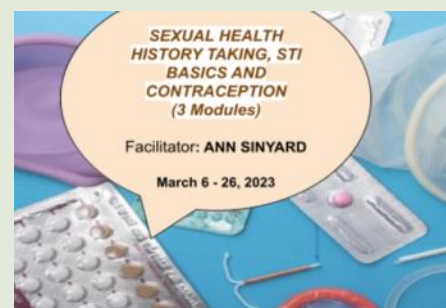
For more information and to express your interest, visit: <https://form.simplesurvey.com/f/1/STBBI-workshop-training-expression-of-interest>.

### *Sexual Health History Taking, STI Basics and Contraception - Alberta Society for the Promotion of Sexual Health (ASPSH)*

**March 6 - 26, 2023, Virtual**

This three-module workshop will expand awareness, knowledge, and skills by exploring the basics of taking a comprehensive, inclusive, and non-stigmatizing sexual health history, providing current evidence-informed information about contraceptive methods and STBIs. Participants will have the opportunity to explore topics in a safe learning environment, share resources, and expand their professional network.

For more information or to register, visit: <https://www.aspsch.ca/product-page-ijjge/sexual-health-history-taking-sti-basics-and-contraception-1>.



Feel free to distribute this newsletter to others. If someone you know is interested in receiving future editions of the newsletter, please contact Jasmin via email at [jogren@skprevention.ca](mailto:jogren@skprevention.ca).

If you have a contribution for a future newsletter, contact Jasmin at [jogren@skprevention.ca](mailto:jogren@skprevention.ca).

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