

CHILDREN **REQUIRE ACTIVE** Supervision whenever they are **IN OR AROUND** water.

Young children are at risk for drowning because they are attracted to water but don't understand its danger. Older children are also at risk because they may overestimate their ability to swim or underestimate the dangers. Remember, children can drown in as little as 2.5 cm (1 in.) of water.



Here are some tips to keep children safe in and around water.

1 Always supervise children closely and ensure young children are within arms' reach of an adult (not an older child).

3 Enroll your child in swimming lessons.

5 Empty and turn paddling pools upside-down when they are not being directly supervised by an adult, and install fences around all sides of backyard pools.

2 Ensure that children always wear a personal flotation device (PFD) or lifejacket that fits snugly and does not ride up over the ears. Be a role model by wearing your PFD or lifejacket.

4 Teach children water safety rules, including information about the unique dangers of different bodies of water.