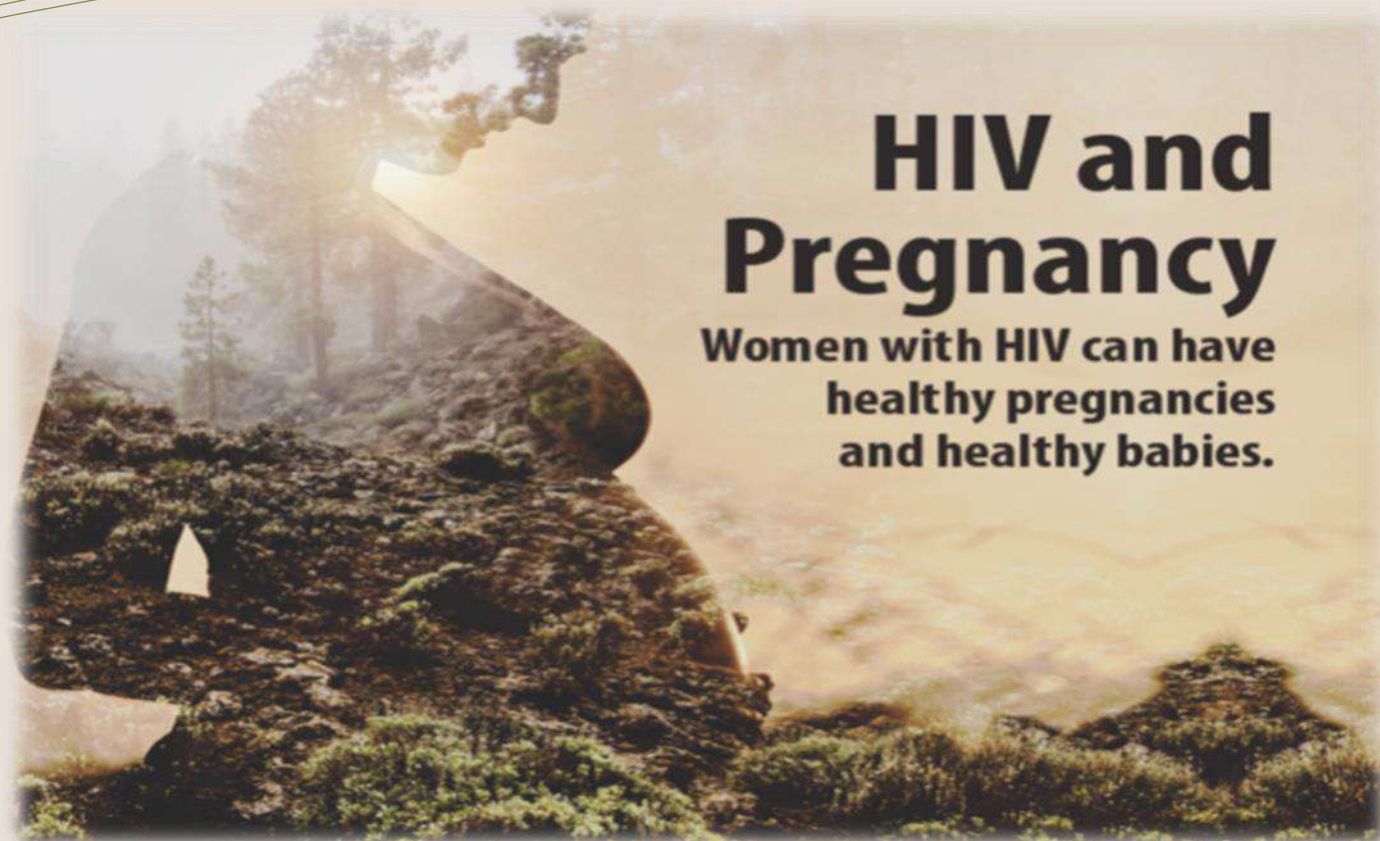


# STBBI NEWSLETTER

Sexually Transmitted and Blood-Borne Infections (STBBI) and Reproductive Health

saskatchewan  
**preventioninstitute**  
our goal is **healthy** children  
**Fall 2023 ISSUE**



## HIV and Pregnancy

Women with HIV can have healthy pregnancies and healthy babies.

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Welcome to the Saskatchewan Prevention Institute’s Sexually Transmitted and Blood-Borne Infections (STBBI) and Reproductive Health Newsletter. The Prevention Institute is a provincial, non-profit organization with the mandate of helping all children thrive through primary prevention and the promotion of well-being. Our goal is healthy children.

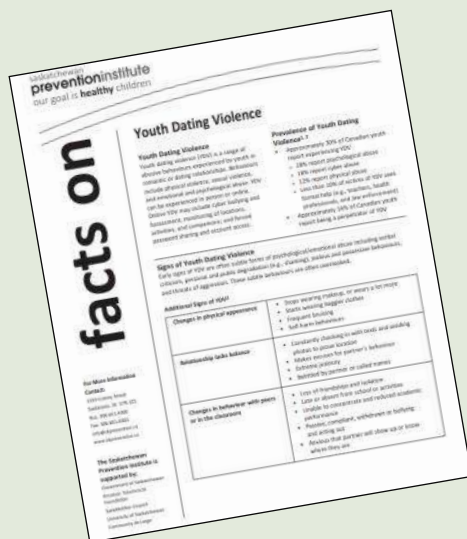
This edition of the newsletter highlights new Saskatchewan Prevention Institute resources and upcoming learning opportunities. Information about upcoming AIDS awareness events and recent national resources and publications are also provided.

## New Resources - Saskatchewan Prevention Institute

### Youth Dating Violence Fact Sheet

This fact sheet provides information about youth dating violence, including risk factors for victimization and perpetration, potential outcomes, and prevention and intervention strategies. Youth dating violence is associated with risky sexual behaviors, sexually transmitted infections, and unintended pregnancies.

Available for download: <https://skprevention.ca/resource-catalogue/sexual-health/youth-dating-violence-fact-sheet/>



### Grooming for the Purposes of Exploitation and Abuse: Evidence Summary and Helpful Resources

Grooming is an approach, or preparatory process, used by perpetrators to aid them in exploiting and abusing children. This evidence summary provides information about the prevalence and consequences of grooming, the grooming process, and signs of grooming and sexual abuse. Grooming and sexual abuse are associated with sexually transmitted infections and reproductive health issues (e.g., trauma to the genital area and persistent or reoccurring pain). Understanding grooming is important to ensure adequate prevention and intervention strategies are implemented.

Available for download: <https://skprevention.ca/resource-catalogue/sexual-health/grooming-for-the-purposes-of-exploitation-and-abuse-evidence-summary-and-helpful-resources/>

## Featured Upcoming Webinar

### What's Hot in Pediatric Infectious Diseases?

Hosted by the Saskatchewan Prevention Institute

Presented by Dr. Athena McConnell

December 7, 2023, 12:00 p.m. - 1:30 p.m.

This webinar will outline feeding options for infants born to HIV+ birthing parents (including breastfeeding), duration of zidovudine in infants born to low-risk HIV+ birthing parents, treatment of pediatric chronic hepatitis C infection, and other relevant emerging topics.

For more information and to register, visit: <https://skprevention.ca/event/whats-hot-in-pediatric-infectious-diseases/>.

**What's Hot In Pediatric Infectious Diseases?**

THURSDAY  
DECEMBER 7, 2023  
12:00 P.M. - 1:30 P.M.

saskatchewan  
**prevention institute**  
our goal is healthy children

WEBINAR PRESENTED BY  
**Dr. Athena McConnell**

## Additional Learning Opportunities

### *Syphilis in Canada: Where We Are, How We Got Here and What We Can Do About It*

CATIE in Partnership with the Public Health Agency of Canada

November 20, 2023, 12:00 p.m. - 1:30 p.m.

Canadian syphilis rates have risen sharply in recent years. This webinar will trace where we are and how we got here by describing present and past trends. Recent surveillance data will be presented, followed by a discussion of factors associated with syphilis-related inequities.

For more information and to register, visit: <https://www.catie.ca/syphilis-in-canada-where-we-are-how-we-got-here-and-what-we-can-do-about-it>.

### *Chlamydia & Gonorrhea: An Overview for Health Care Providers - STBBI Treatment Education Program for Saskatchewan (STEPS) USask College of Medicine*

Presented by Dr. Alexander Wong & Dr. Troy Grennan

December 6, 2023, 6:30 p.m. - 8:30 p.m.

This webinar will outline chlamydia and gonorrhea rates for Saskatchewan. Transmission, manifestations, diagnosis, and treatment with reference to provincial and national STI Treatment Guidelines will be examined for chlamydia and gonorrhea. The collaborative roles of public health, primary care providers, and specialists will be explored.

For more information and to register, visit: <https://cmelearning.usask.ca/specialized-programs/stepsprogram/programoverview.php>.

### *Sexually Transmitted and Blood-Borne Infections: Barriers to Screening*

University of British Columbia Continuing Professional Development

Self-paced

This 90-minute accredited and self-paced course explores current STBBI trends in Canada, provides an overview of the Public Health Agency of Canada's guidance on STBBI screening, and offers strategies to reduce barriers and increase access to STBBI screening as part of routine care.

For more information and to register, visit: <https://ubccpd.ca/learn/learning-activities/course?eventtemplate=330>.

## Recently Recorded Webinar

### *Human Trafficking: Prevention and Intervention - Saskatchewan Prevention Institute*

Presented by Carly Kalish

This webinar provides information on human trafficking and its scope provincially and nationally. Carly outlines risk factors and warning signs associated with human trafficking, and discusses differences between human trafficking and sex work. In addition, prevention strategies and evidence-based practices for supporting survivors are discussed.

To access the webinar recording, visit:

<https://skprevention.ca/event/human-trafficking-prevention-and-intervention/>.



# World AIDS Day and Indigenous AIDS Awareness Week

“World AIDS Day, December 1, which also launches the start of Indigenous AIDS Awareness Week in Canada, is a time for reflection on what we have achieved with regard to the national and global response to HIV, and what we still must achieve.”

– CATIE

For more information and to learn how you can get involved, visit:

- <https://www.catie.ca/world-aids-day>
- <https://www.unaids.org/en/2023-world-aids-day>
- <https://caan.ca/events-and-workshops/indigenous-aids-awareness-week/>



## Featured HIV Awareness Resources - Saskatchewan Prevention Institute

### *HIV: Healthy Pregnancies and Healthy Babies*

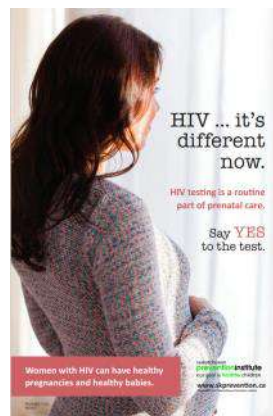
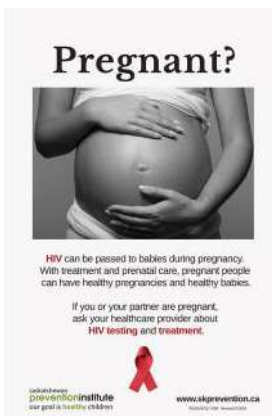
This booklet is designed for people living with HIV who are planning a pregnancy or are already pregnant. Topics include basic HIV and HIV treatment information, how to stay healthy before and during pregnancy, unique obstacles that may face people living with HIV, and where to go for more information and support.

Order or download: <https://skprevention.ca/resource-catalogue/pregnancy/healthy-pregnancies-and-healthy-babies/>

### *HIV and Pregnancy - A Guide to Care*

This guide covers such topics such as HIV/AIDS in Saskatchewan, modes of transmission of HIV, HIV testing during pregnancy, prenatal algorithm, HIV treatment and drug management, after-care for babies of HIV positive women, barriers to HIV transmission prevention and Prenatal Care, and motivational approaches.

Order or download: <https://skprevention.ca/resource-catalogue/pregnancy/hiv-and-pregnancy-a-guide-care/>



### *HIV and Pregnancy - Poster*

HIV can be passed from a pregnant person to their growing baby during pregnancy. This poster brings awareness to the importance of HIV testing, treatment, and prenatal care for the health of pregnant people and their babies.

Available for order or download in four languages:

- English - <https://skprevention.ca/resource-catalogue/pregnancy/hiv-and-pregnancy/>
- Plains Cree - <https://skprevention.ca/resource-catalogue/sexual-health/hiv-and-pregnancy-plains-cree-translation/>
- Woodland Cree - <https://skprevention.ca/resource-catalogue/sexual-health/hiv-and-pregnancy-woodland-cree-translation/>
- Dene - <https://skprevention.ca/resource-catalogue/sexual-health/hiv-and-pregnancy-dene-translation/>

### *HIV...it's Different Now. Say Yes to the Test - Poster*

This poster highlights the importance of HIV testing as a routine part of prenatal care. With appropriate HIV treatment and care, women living with HIV can have healthy pregnancies and healthy babies.

Order or download: <https://skprevention.ca/resource-catalogue/sexual-health/hivits-different-now-say-yes-to-the-test/>

## National Resources and Publications

### *Chlamydia, Gonorrhoea and Infectious Syphilis in Canada: 2021 Surveillance Data Update* Public Health Agency of Canada (2023)

This infographic outlines reported rates of chlamydia, gonorrhoea, and infectious syphilis in Canada based on 2021 surveillance data. Key highlights from the report include the following.

- Chlamydia remains the most common reportable sexually transmitted infection in Canada.
- Antimicrobial-resistant gonorrhoea remains an important public health threat.
- Rising rates of syphilis among females of reproductive age increases the risk for congenital syphilis.

Saskatchewan rates of chlamydia, gonorrhoea, and infectious syphilis continue to exceed national rates.

- Chlamydia - 488 cases per 100,000 (SK) compared to 273 cases per 100,000 (national)
- Gonorrhoea - 272 cases per 100,000 (SK) compared to 84 cases per 100,000 (national)
- Infectious syphilis - 164 cases per 100,000 (SK) compared to 30 cases per 100,000 (national)

For more information, visit: <https://www.canada.ca/en/public-health/services/publications/diseases-conditions/chlamydia-gonorrhoea-infectious-syphilis-2021-surveillance-data.html>.

### *2020 - 2022 Progress Report on Sexually Transmitted and Blood-Borne Infections (STBBI)* Public Health Agency of Canada (2023)

This report details federal activities from April 1, 2020 - March 31, 2022 to address STBBI in Canada in alignment with the [Government of Canada five-year action plan on sexually transmitted and blood-borne infections](#).

Download the report: <https://www.canada.ca/en/public-health/services/publications/diseases-conditions/2020-2022-progress-report-action-plan-sexually-transmitted-blood-borne-infections.html>



### *Sex Lives Report - The Impact of Sex-Ed on the Sexual Behaviour of Young Canadians* Lets Stop AIDS (2023)

This report focuses on understanding young people's relationship with their sexuality and knowledge on HIV and STI prevention. The report highlights the need for sex-positive and comprehensive sexual health education that provides practical and actionable information to support navigating sexual relationships, communication, and decision-making.

Download the report: <https://sexlivesreport.ca/>



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