

STBBIs NEWSLETTER

Sexually Transmitted and Blood-Borne
Infections (STBBIs) and Reproductive Health

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our goal is **healthy** children

Summer 2023 ISSUE

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TABLE OF CONTENTS

Upcoming Learning Opportunities	2
SIECCAN Consultation Survey	2
National Resources	3

Welcome to the Saskatchewan Prevention Institute's Sexually Transmitted and Blood-Borne Infections (STBBIs) and Reproductive Health Newsletter. The Prevention Institute is a provincial, non-profit organization with the mandate of helping all children thrive through primary prevention and the promotion of well-being. Our goal is healthy children.

This edition of the newsletter highlights upcoming learning opportunities offered by the Saskatchewan Prevention Institute, SIECCAN's consultation survey for developing benchmarks for comprehensive sexual health education, and national resources and publications.

Upcoming Learning Opportunities - Saskatchewan Prevention Institute

Using Motivational Interviewing to Engage Youth

September 21, 2023 @ 10:00 a.m. – 3:00 p.m.

Facilitated by Bev Drew

This interactive workshop will provide adult allies with practical tools to build trusting relationships, to engage youth in meaningful conversations, and to support youth to consider how to reduce alcohol-related harms.

For more information and to register, visit:

<https://skprevention.ca/event/using-motivational-interviewing-to-engage-youth-2/>.

Human Trafficking: Prevention and Intervention

October 17, 2023 @ 10:00 a.m. – 11:30 a.m.

Presented by Carly Kalish

This webinar will provide information on human trafficking and its scope provincially and nationally. Carly will outline risk factors and warning signs associated with human trafficking, and discuss differences between human trafficking and sex work. In addition, prevention strategies and evidence-based practices for supporting survivors will be discussed.

For more information and to register, visit:

<https://skprevention.ca/event/human-trafficking-prevention-and-intervention/>.

Teaching Sex Ed: Healthy Relationships and Consent

November 2, 2023 @ 10:00 a.m. – 11:30 a.m.

Presented by Claire Crooks

This webinar will discuss the importance of teaching healthy relationships and consent as part of comprehensive sexual health education. Claire will outline strategies to teach healthy communication and consent, and will explore methods to cultivate safe, supportive environments for learners. Trauma-informed approaches, as well as resources and activities, will be highlighted to support educators teaching healthy relationships and consent.

For more information and to register, visit:

<https://skprevention.ca/event/teaching-sex-ed-healthy-relationships-and-consent/>.



SIECCAN Consultation Survey

With funding from the Public Health Agency of Canada's HIV and Hepatitis C Community Action Fund, SIECCAN is developing benchmarks for comprehensive sexual health education. The benchmarks will provide educators and policy makers with clear, evidence-based guidance that specifies the age/grades that children and youth should receive education on various aspects of sexual health including sexual and gender identity, contraception and reproductive health, STBBI prevention, sexuality and relationships, and other relevant topics.

SIECCAN is seeking input and support in developing benchmarks via a consultation survey, which can be completed at:

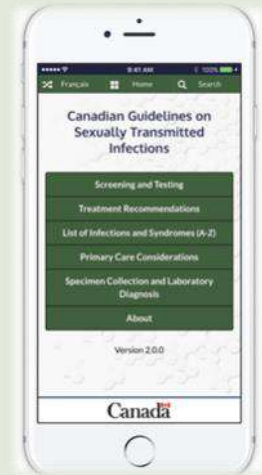
<http://survey.alchemer-ca.com/s3/50185226/Benchmarks-for-Effective-Comprehensive-Sexual-Health-Education>.

National Resources

Canadian STBBI Guidelines – Public Health Agency of Canada (PHAC)

PHAC provides STBBI guidance for health care providers and public health professionals outlining national recommendations for prevention and management of STBBIs. Guidelines are available on PHAC's website or via the *CDN STBBI Guidelines* mobile application which can be downloaded via the App Store or Google Play.

- PHAC Website: <https://www.canada.ca/en/public-health/services/infectious-diseases/sexual-health-sexually-transmitted-infections/canadian-guidelines.html>
- App Store Download: <https://apps.apple.com/ca/app/canadian-guidelines-on-sexually/id958263397>
- Google Play Download: <https://play.google.com/store/apps/details?id=ca.gc.hcsc.sti&pli=1>



The recently updated Guide includes screening updates for chlamydia and gonorrhoea in pregnancy to reflect the recently published recommendations made by the National Advisory Committee on Sexually Transmitted and Blood-Borne Infections (NAC-STBBI).

To view NAC-STBBI's full recommendations, visit: <https://www.canada.ca/en/public-health/services/infectious-diseases/sexual-health-sexually-transmitted-infections/canadian-guidelines/national-advisory-committee-stbbi/statements/recommendations-screening-chlamydia-trachomatis-neisseria-gonorrhoeae-pregnancy.html>.

Hepatitis C in Canada: 2020 Surveillance Data Update – PHAC (2023)

This infographic outlines reported rates of hepatitis C in Canada. In 2020, Saskatchewan reported a rate of hepatitis C of 38.5 per 100,000 compared to the national rate of 18.4 per 100,000. As noted in the document, the COVID-19 pandemic reduced access to services related to STBBIs, likely artificially reducing hepatitis C diagnosis rates in 2020.

To view or download, visit: <https://www.canada.ca/en/public-health/services/publications/diseases-conditions/hepatitis-c-canada-2020-surveillance-data-update.html>.

Progress Towards Viral Hepatitis Elimination in Canada 2023 Report – Action Hepatitis Canada

In 2016, Canada signed on to the World Health Organization's *Global Viral Hepatitis Strategy*, with the goal to eliminating viral hepatitis as a public health threat by 2030. This progress report examines Canada's progress towards this goal, outlining provincial and national data and recommendations, information regarding federal and provincial corrections, emerging practices, and information on monitoring and evaluating progress.

To view the full report, visit: <https://www.actionhepatitiscanada.ca/progressreport.html>.

WHO Global Health Sector Strategies: <https://www.who.int/teams/global-hiv-hepatitis-and-stis-programmes/strategies/global-health-sector-strategies>

Feel free to distribute this newsletter to others. If someone you know is interested in receiving future editions of the newsletter, or if you have a contribution for a future newsletter, contact Jasmin at jogren@skprevention.ca.