

24/7

Available any hour, every day

FREE

No cost to call from any phone

ANONYMOUS

You do not need to give your name,
phone number, or address

CONFIDENTIAL

Your information will not be
shared with anyone else

ADVICE

Information to connect you with the
support and services you need

RESOURCE 7-015 REVISED 11/2023

Youth-Friendly Sexual Health Information

24/7 Free, Anonymous,
and Confidential Advice

saskatchewan
preventioninstitute
our goal is **healthy** children

Saskatchewan HealthLine: Dial 811

**Kids Help Phone: 1-800-668-6868 or
Text CONNECT to 686868**

The Access Line*: 1-888-642-2725

*(*provides information on reproductive and sexual health and referrals on pregnancy options)*



Youth Sexual Health Sites

www.sexandu.ca

www.skprevention.ca/kis-sk

www.kidshelpphone.ca

www.plannedparenthoodregina.com

www.saskatoonsexualhealth.ca

www.sexlifesk.ca

Sexual Assault Services

www.sassk.ca

Gender and Sexual Diversity Sites

www.outsaskatoon.ca

www.urpride.ca

Related American sites

www.goaskalice.com

www.scarleteen.com

www.sexetc.org

www.iwannaknow.org