

Best Practice Guidelines in the Acute Care Management of Pediatric Concussion

**TUESDAY
SEPTEMBER 24, 2024
10:00 A.M. - 11:30 A.M. (MDT)**



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Learning Objectives:

1. Apply best-evidence concussion physical exam
2. Identify predictors for Persistent Post-Concussion Syndrome (PPCS) using 5P
3. Apply pharmacological and non-pharmacological evidence-based management to “prevent” PPCS
4. Utilize the “Living Guideline for Pediatric Concussion Care”

PRESENTER BIOGRAPHY

Dr. Roger Zemek is full Professor and Tier-1 Clinical Research Chair at uOttawa, Senior Scientist at the Children’s Hospital of Eastern Ontario Research Institute, and practicing Pediatric Emergency physician. He holds national and international leadership positions: Past-Chair of Pediatric Emergency Research Canada (PERC) network, Executive committee of Canadian Concussion Network (CCN), co-lead for Living Guideline for Pediatric Concussion Care (<http://pedsconcussion.com>), and is a member of several international committees on concussion. His research program advanced pediatric concussion care through the derivation and validation of a clinical prediction score for persisting symptoms (5P study) and provided key evidence for the paradigm shift in the acute post-injury management to assimilate early physical activity and early return to school to promote recovery. He is the director of TRANSCENDENT, an Integrated Discovery Program funded through Ontario Brain Institute, to improve precision health for concussion across the full spectrum of age and mechanism of injury.