

Understanding Child Development to Prevent Fall-Related Injuries

Frequently Asked Questions for Service Providers

How can I learn more about childhood injuries?

To learn more about childhood injuries, including other causes of injury and prevention information, visit <https://skprevention.ca/safety/>. You will find information on bicycle safety, drowning prevention, fire safety, pedestrian safety, poisoning prevention, risk in play, and more. Another helpful resource is Parachute, Canada's national charity dedicated to injury prevention: <https://parachute.ca/en/>.

Where can I find more training related to healthy child development?

The Saskatchewan Prevention Institute offers education and/or training in each of our program areas. To see an overview of our program areas, visit <https://skprevention.ca/programs/>. In addition, upcoming and recorded webinars can be viewed by visiting <https://skprevention.ca/events/>.

What kind of injuries should parents and caregivers think about as children get older?

As children get older, more injuries happen outside the home, such as at the playground, while engaged in sports, and in the car.

- Preteen Safety, ages 10 – 12: <https://childsafetylink.ca/preteen-safety-10-12-years>
- Teen Safety, ages 13 – 16: <https://childsafetylink.ca/teen-safety-13-16-years>

Are there resources to support parents and caregivers who are struggling to keep their children safe?

Depending on what kind of challenges the families you support are dealing with, there may be a variety of helpful resources available. Many common parenting challenges are not considered unintentional childhood injuries and are outside of the scope of this presentation. Listed here are some starting points for additional information for service providers, parents, and caregivers wanting to learn more about child safety in general.

- General Information: <https://sk.211.ca/>
- Mental Health: <https://skprevention.ca/mental-health/>
- Infant Crying: <https://skprevention.ca/resource-catalogue/child-development/when-your-baby-cant-stop-crying/>
- Violence and Abuse Prevention: <https://skprevention.ca/domestic-violences/>
- Saskatchewan Child Abuse Protocol 2023: <https://publications.saskatchewan.ca/#/products/12574>