

# STBBI & REPRODUCTIVE HEALTH NEWSLETTER

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saskatchewan  
**preventioninstitute**  
our goal is **healthy** children

Welcome to the Saskatchewan Prevention Institute's Sexually Transmitted and Blood Borne Infections (STBBI) and Reproductive Health Newsletter. The Prevention Institute is a provincial, non-profit organization with the mandate of helping all children thrive through primary prevention and the promotion of well-being. Our goal is healthy children.

## January 2026

This edition of the STBBI newsletter spotlights exciting new and updated resources to support sexual and reproductive health work across Saskatchewan, including a new environmental scan of online Indigenous sexual and reproductive health resources and a new literature review on congenital syphilis.

You'll also find an updated *Sexually Transmitted and Blood-Borne Infections (STBBIs)* booklet, details about an upcoming *Hepatitis C Essentials* workshop presented by CATIE in March, and information about Sexual Health Week (February 8-14, 2026).

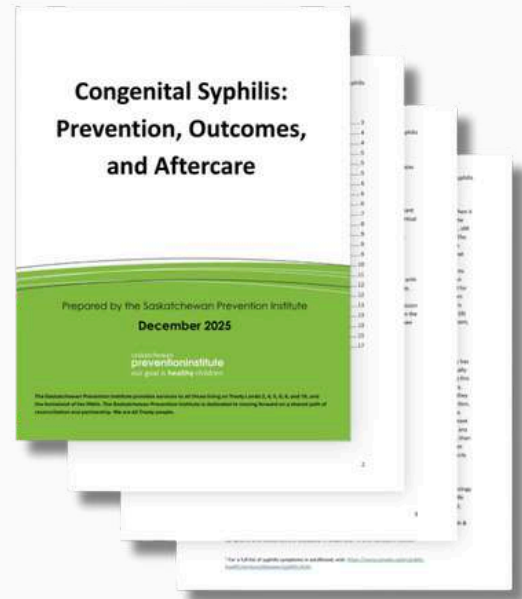




## Congenital Syphilis Literature Review

Report, 2026

Recognizing the importance of understanding syphilis in the context of pregnancy, the Saskatchewan Prevention Institute conducted a review of the literature in this area. The review covers findings and recommendations on congenital syphilis transmission, prevention, treatment, and aftercare, as well as information about short- and long-term outcomes of congenital syphilis.

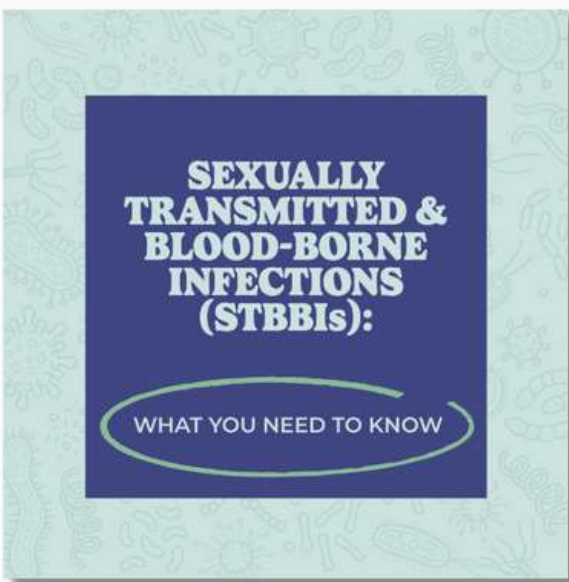


[Available for download here.](#)

## Sexually Transmitted & Blood-Borne Infections (STBBIs) Booklet

Booklet, 2026

Saskatchewan has high rates of sexually transmitted and blood-borne infections (STBBIs). If left untreated, STBBIs can cause serious health issues for individuals and unborn babies. This youth-focused booklet provides evidence-based information on what STBBIs are, how they are spread, what testing looks like, and which infections can be treated or cured. It also includes information on symptoms, prevention, and impacts on fertility and pregnancy to support informed sexual health decisions.



[Available for download here.](#)

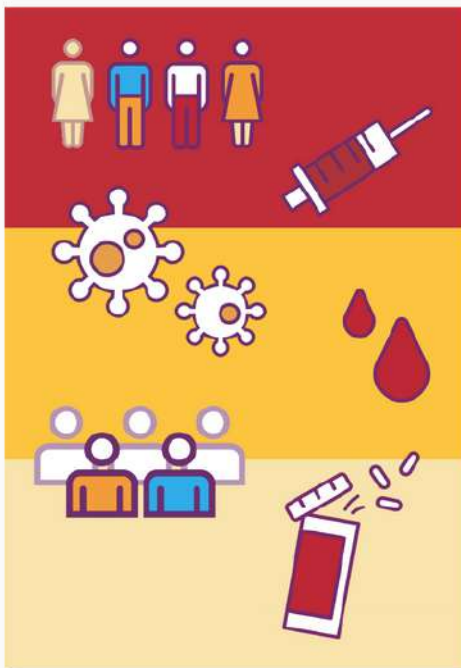
## Hepatitis C Essentials Workshop Presented by CATIE

Date: March 12, 2026

Time: 12:00 pm - 2:00 pm

Join us for an interactive workshop with CATIE. This session provides a foundational overview of hepatitis C for front-line service providers working with people at risk of or living with hepatitis C. Participants will learn the basics of what hepatitis C is, how it is transmitted and prevented, the importance of testing and treatment, and how social and structural factors affect who is most impacted.

[Register for the webinar here.](#)



## Hepatitis B and C in Canada: Why Testing Matters

CATIE, 2026

This infographic poster highlights information about hepatitis B and C, including key messages around prevention, transmission, treatment, and priority populations. Alongside the most recent prevalence data from the Public Health Agency of Canada, the poster emphasizes that testing is the first step to connect people to care.

[Available to order and download here.](#)

## UPCOMING AWARENESS WEEK

### Sexual & Reproductive Health Week

February 8-14, 2026



Action Canada is inviting organizations and educators to take part in Sexual Health Week by exploring the intersection of sexual health and artificial intelligence. This year's theme encourages us to zoom in on how AI is shaping access to information, care, and education.

Together, we can challenge barriers to information and create space so everyone can ask more, learn more, and know more about how AI will impact our health, our rights, and our futures.

[Visit Action Canada to learn more.](#)



**KIS-SK**  
*Keep It Safe Saskatchewan*  
Contraceptives and STIs

Download the *Keep it Safe Saskatchewan* app to learn more about STBBIs and find a testing site and free contraceptives near you in Saskatchewan.

Please feel free to forward this newsletter to others. If you were sent this newsletter and would like to receive future editions, or you would like to share something in a future newsletter, please email Abbey at [agoertzen@skprevention.ca](mailto:agoertzen@skprevention.ca).

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