

SPRING 2026 EDITION

# STBBI & REPRODUCTIVE HEALTH NEWSLETTER

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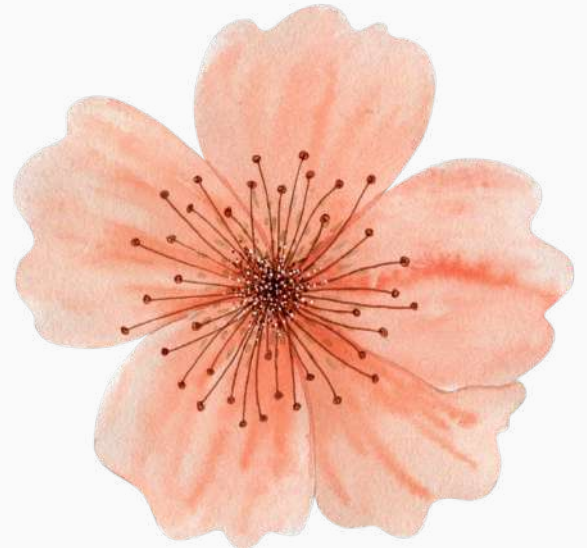
saskatchewan  
**preventioninstitute**  
our goal is **healthy** children

Welcome to the Saskatchewan Prevention Institute's Sexually Transmitted and Blood Borne Infections (STBBI) and Reproductive Health Newsletter. The Prevention Institute is a provincial, non-profit organization with the mandate of helping all children thrive through primary prevention and the promotion of well-being. Our goal is healthy children.

## Spring 2026

This edition of the newsletter spotlights new resources and learning opportunities to support sexual and reproductive health work across Saskatchewan, including an upcoming webinar hosted by the Prevention Institute on mobilizing HIV PrEP and PEP in community settings.

You'll also find a booklet on HIV prevention medications (PrEP, PEP, and PIP), guides to STI testing for newcomer youth in Canada, sexual orientation resources for educators, and information about the Moose Hide Campaign on May 14.



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The Saskatchewan Prevention Institute provides services to all those living on Treaty Lands 2, 4, 5, 6, 8, and 10, and the homeland of the Métis. The Saskatchewan Prevention Institute is dedicated to moving forward on a shared path of reconciliation and partnership. We are all Treaty people.

# HIV Prevention Medications: Mobilizing HIV PrEP and PEP in Community

Webinar

May 20, 2026 from 11:00 a.m. - 12:30 p.m.

Join Our Next Workshop

**HIV Prevention:**  
Mobilizing HIV PrEP and PEP in Community

Join us for an interactive discussion on effective ways to address gaps in PrEP and PEP access in Saskatchewan.

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May 20, 2026  
11:00 A.M. - 12:30 P.M. CST  
*Advance Registration Required.*

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**CATIE**

**SPEAKERS**  
**Shriya Hari**  
CATIE Health Educator  
**Sarah Eferé**  
CATIE Health Educator

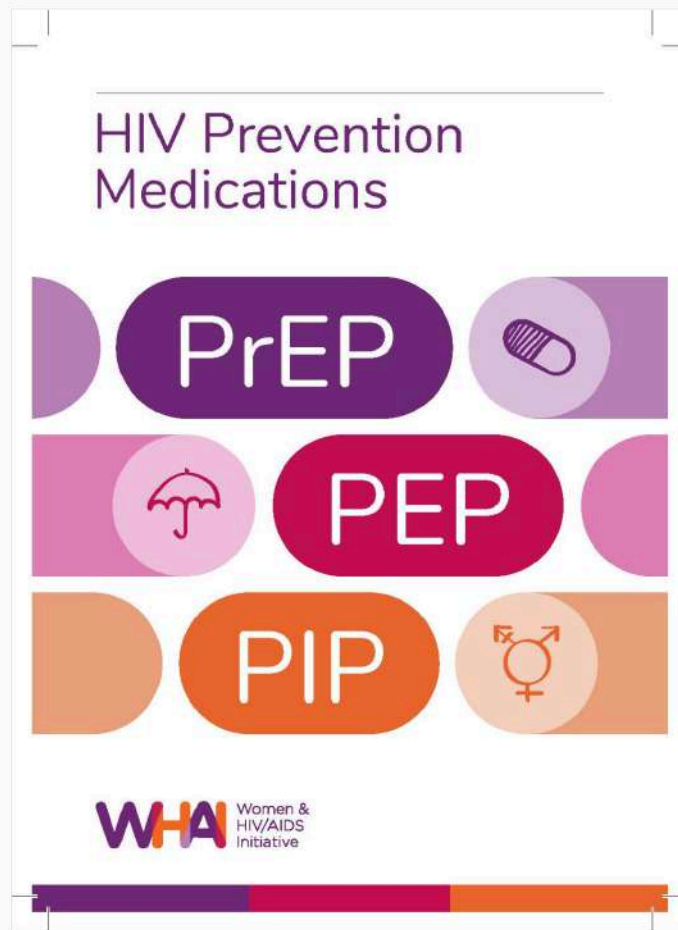
**GUEST SPEAKERS**  
**Amanda Galambos**  
STEPS Program Coordinator  
**Courtney Dalton**  
SK STBBI Consultant Pharmacist

This session is designed for service providers working with people at risk of HIV. Service providers play a critical role in helping people at risk of HIV understand, access, and use PrEP and PEP effectively. Participants will learn what PrEP and PEP are, the types available, who they are for, their efficacy and safety, and why they matter for people at greater risk for HIV.

The session will also include an interactive discussion on effective ways to address gaps in PrEP and PEP access in Saskatchewan. This session will be led by health educators Shriya Hari and Sarah Eferé from CATIE, featuring guest speakers Amanda Galambos (STEPS Program Coordinator) and Courtney Dalton (SK STBBI Consultant Pharmacist). Their local expertise will help ground the content in the Saskatchewan context.

**[Register for the webinar here.](#)**

## HIV Prevention Medications: PrEP, PEP, & PIP Booklet, 2025



Women's HIV risk is often unrecognized and overlooked, resulting in less awareness about HIV prevention options, especially surrounding HIV prevention medications. Awareness can be impacted by stigma, systemic barriers, and personal circumstances.

This resource is intended for cis and trans women to increase their awareness of the HIV prevention medications that are available to foster sexual health autonomy.

**[Find the booklet here.](#)**

# Guides to STI Testing for Newcomer Youth in Canada

Fact Sheets, 2026

The Sex information & Education Council of Canada (SIECCAN) has created fact sheets to help professionals (e.g., educators, healthcare professionals) better understand newcomer youth’s sexual health information needs, barriers to accessing information, and the supports needed to access sexual health resources in Canada.

Based on consultations with newcomer youth, SIECCAN found:

- Youth want evidence-based, confidential sexual health information that helps them navigate the health care system
- Youth face barriers to accessing sexual health services and information

The created fact sheets are available for download in English, French, Chinese, Spanish, and Punjabi.



[Find the fact sheets here.](#)

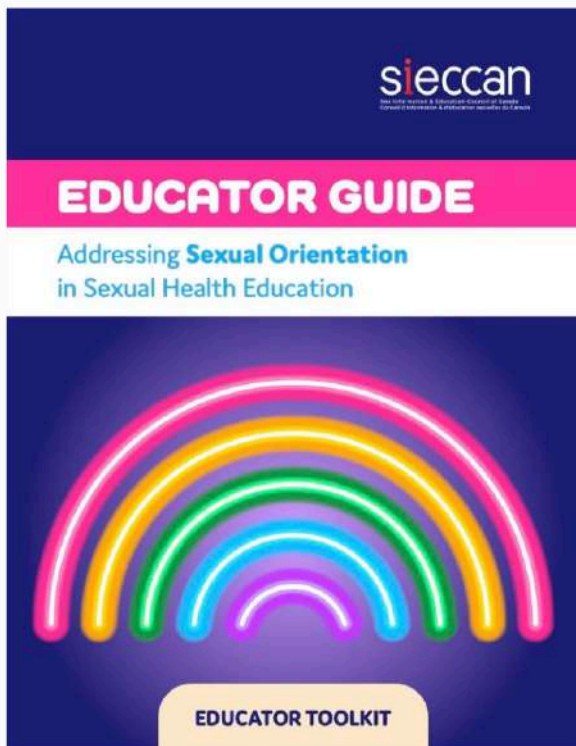
## Sexual Orientation Resources for Educators

Toolkit, 2026

The Sex Information & Education Council of Canada (SIECCAN) has created a toolkit to provide educators with information to effectively address sexual orientation within sexual health education. Using evidence-based answers, this toolkit focuses on providing information for educators to better understand:

- What sexual orientation is
- Why it is important to address sexual orientation in school-based sexual health education and how to effectively include it
- The key sexual health education needs of LGBTQ+ youth

The toolkit is available for download in English and French.



[Find the toolkit here.](#)

## UPCOMING AWARENESS DAYS

### Moose Hide Campaign

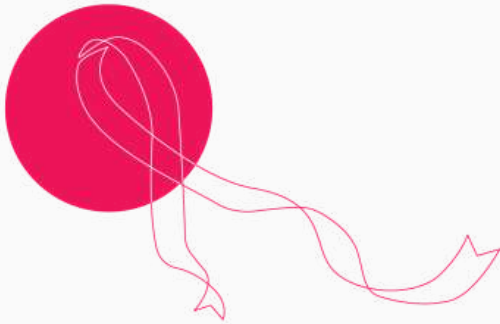
Thursday, May 14, 2026

The Moose Hide Campaign is a grassroots movement of Indigenous and non-Indigenous Canadians standing together to end violence against women and children.



MOOSE HIDE  
CAMPAIGN  
CAMPAGNE  
MOOSE HIDE

[Visit here to learn more.](#)



### HIV Testing Day

Saturday, June 27, 2026

HIV Testing Day encourages people to get tested for HIV and know their status. Knowing your status is essential for the prevention and treatment of HIV.

[Visit here to learn more.](#)



**KIS-SK**  
*Keep It Safe Saskatchewan*  
Contraceptives and STIs

Download the *Keep it Safe Saskatchewan* app to learn more about STBBIs and find a testing site and free contraceptives near you in Saskatchewan.

Please feel free to forward this newsletter to others. If you were sent this newsletter and would like to receive future editions, or if you would like to share something in a future newsletter, please email Abbey at [agoertzen@skprevention.ca](mailto:agoertzen@skprevention.ca).

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