

My Curious Brain Resources

Fun ways for children (and the adults in their lives) to learn about the brain.

Interactive activities, videos, and more - all designed to increase understanding of what happens in our bodies and brains when we experience stress.



To access this resource, visit: mycuriousbrain.ca or scan the QR code.

saskatchewan
preventioninstitute
our goal is **healthy** children

© Copyright 2026 Saskatchewan Prevention Institute

RESOURCE 5-507 03/2026



The Saskatchewan Prevention Institute provides services to all those living on Treaty Lands 2, 4, 5, 6, 8, and 10, and the homeland of the Métis. The Saskatchewan Prevention Institute is dedicated to moving forward on a shared path of reconciliation and partnership. We are all Treaty people.