

SUMMER 2026 EDITION

STBBI & REPRODUCTIVE HEALTH NEWSLETTER

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our goal is **healthy** children

Welcome to the Saskatchewan Prevention Institute's Sexually Transmitted and Blood Borne Infections (STBBI) and Reproductive Health Newsletter. The Prevention Institute is a provincial, non-profit organization with the mandate of helping all children thrive through primary prevention and the promotion of well-being. Our goal is healthy children.

Summer 2026

This edition of the newsletter highlights sexual and reproductive health resources for service providers and educators to support their work with clients, students, and families.

Featured in this issue is an upcoming training on integrating trauma-informed approaches into clinical practice. You'll also find a newly updated youth-focused booklet on contraception, resources for educators on addressing sexual health education misinformation and supporting parents and caregivers, Indigenous sexual health promotion posters, and a booklet for trans people on the importance of STBBI testing.



The Saskatchewan Prevention Institute provides services to all those living on Treaty Lands 2, 4, 5, 6, 8, and 10, and the homeland of the Métis. The Saskatchewan Prevention Institute is dedicated to moving forward on a shared path of reconciliation and partnership. We are all Treaty people.

Integrating Trauma-Informed Approaches into Clinical Practice: Practical Skills and Tools to Engage Clients in Complex and Sensitive Health-Related Conversations

In-Person Training

September 16, 2026 from 9:00 a.m. - 4:00 p.m.

Join Our Workshop

Integrating Trauma-Informed Approaches into Clinical Practice:

Practical Skills and Tools to Engage Clients in Complex and Sensitive Health-Related Conversations

SEPTEMBER 16, 2026
9:00 A.M. - 4:00 P.M.

In-Person Only
Advance registration is required.

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STBBI Program



PRESENTED BY

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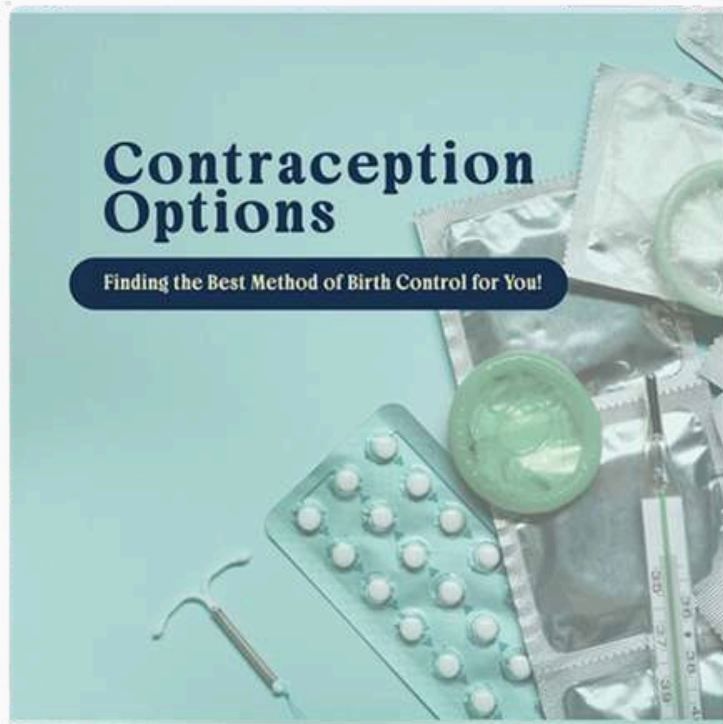
This interactive and practical training is designed to help participants build the skills and confidence needed to navigate sensitive health-related conversations with greater ease and effectiveness. Participants will learn practical trauma-informed approaches that foster trust, strengthen client engagement, and support the delivery of STBBI testing, treatment, and sexual health care.

Spaces are limited, and registration is filling up!

[Learn more and register here.](#)

Contraception Options: Finding the Best Method of Birth Control for You

Booklet, Updated 2026



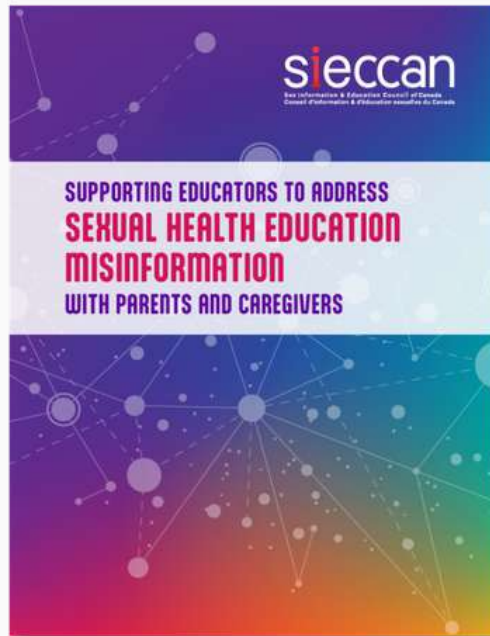
This booklet provides evidence-based information about contraception, including the different methods available, their effectiveness, and how to access them. It is designed to help youth make informed decisions and choose a birth control method that best suits their individual needs, preferences, and lifestyle.

Physical copies of the booklet are available for free, and can be ordered at www.skprevention.ca.

[Order and download the booklet here.](#)

Educator Guide: Supporting Educators to Address Sexual Health Education Misinformation with Parents and Caregivers

Guide, 2026



The Sex Information & Education Council of Canada (SIECCAN) has created a guide that provides practical recommendations for educators on addressing sexual health education misinformation with parents and caregivers.

As misinformation about school-based sexual health education becomes more common, educators may encounter questions or concerns from parents based on inaccurate information. This guide provides strategies for addressing sexual health education misinformation with parents. Strategies covered include engaging in non-judgmental dialogue, debunking, highlighting the importance of digital media literacy, and leveraging credible sources of information. The guide aims to help educators build trust with parents and caregivers while supporting youth access to comprehensive, age-appropriate sexual health education.

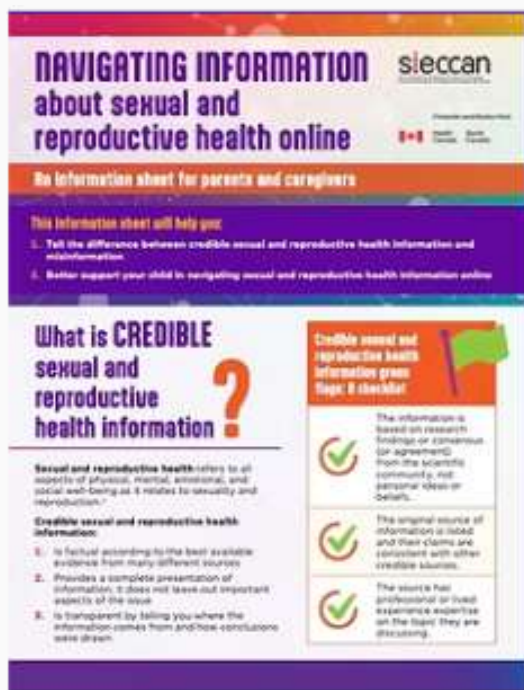
[Find the guide here.](#)

Information Sheets for Parents and Caregivers

Information Sheets, 2026

The Sex Information and Education Council of Canada (SIECCAN) has created two new information sheets for parents and caregivers: *Navigating Information About Sexual and Reproductive Health Online* and *Sexual Health Education Misinformation: What Is It and Why Is It Harmful*. They are designed to help parents, caregivers, and educators support children and youth in accessing accurate, evidence-based sexual and reproductive health information.

These resources explain the importance of comprehensive sexual health education, explore the impact of misinformation, and provide practical tips for identifying credible online information and helping children and youth navigate the digital world safely.

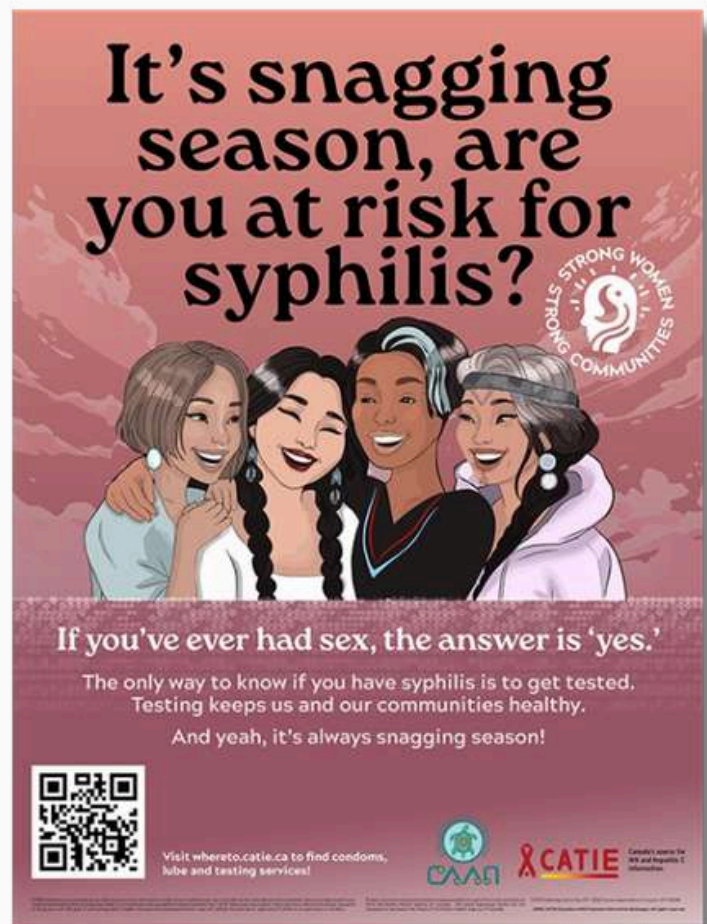


[Find the information sheets here.](#)

Strong Women, Strong Communities

Posters, 2025

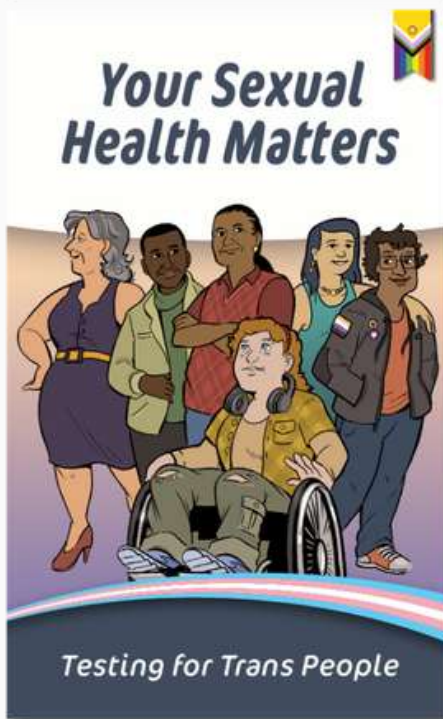
The Strong Women, Strong Communities poster series, created by CATIE and CAAN (Communities, Alliances & Networks), is designed to support syphilis awareness among Indigenous women. Each poster includes a QR code linking to local prevention, testing, and treatment services.



[Order and download the posters here.](#)

Your Sexual Health Matters: Testing for Trans People

Booklet, 2025



This illustrated booklet is designed to help trans people navigate the testing process for STBBIs with confidence and clarity. It offers step-by-step guidance, practical strategies, and affirming information to support trans people in getting the healthcare they deserve. Featuring beautiful illustrations by Kate Philips and content created in collaboration with The 519, the guide is engaging, accessible, and grounded in the lived experiences of trans communities.

[Order and download the booklet here.](#)



KIS-SK

Keep It Safe Saskatchewan
Contraceptives and STIs

Download the *Keep it Safe Saskatchewan* app to learn more about STBBIs and find a testing site and free contraceptives near you in Saskatchewan.

Please feel free to forward this newsletter to others. If you were sent this newsletter and would like to receive future editions, or if you would like to share something in a future newsletter, please email Abbey at agoertzen@skprevention.ca.

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