

24/7

Available any hour, every day

FREE

No cost to call from phone,
cell phone, or pay phone

ANONYMOUS

You do not need to give your name,
phone number, or address

CONFIDENTIAL

Your information will not be
shared with anyone else

ADVICE

Information to connect you with the
support and services you need

RESOURCE 7-015 REVISED 07/2021

Youth-Friendly Sexual Health Information

**24/7 Free, Anonymous,
and Confidential Advice**

saskatchewan
preventioninstitute
our goal is **healthy** children

Saskatchewan HealthLine: 811
Kids Help Phone: 1-800-668-6868
The Access Line: 1-888-642-2725
or Text: 1-613-800-5767

(provides information on reproductive and sexual health and referrals on pregnancy options)



Youth Sexual Health Sites

www.sexandu.ca
www.skprevention.ca/kis-sk
www.kidshelpphone.ca
www.plannedparenthoodregina.com
www.saskatoonsexualhealth.ca
www.srhweek.ca

Sexual Assault Services

www.sassk.ca

Gender and Sexual Diversity Sites

www.outsaskatoon.ca
www.urpride.ca

Related American sites

www.goaskalice.com
www.scarleteen.com
www.sexetc.org
www.iwannaknow.org